



MIELOMA MULTIPLO NEL PAZIENTE NON CANDIDABILE A TRAPIANTO:

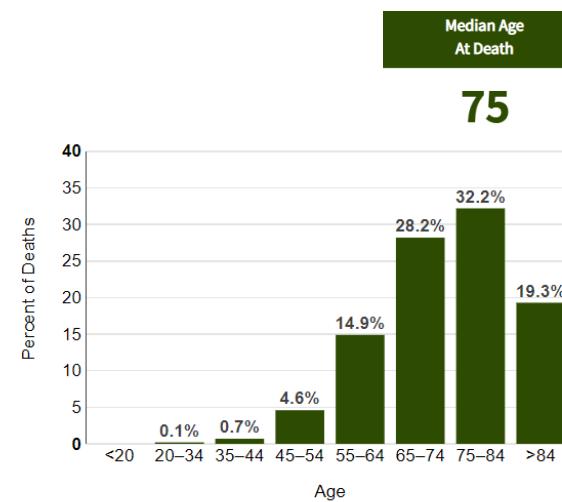
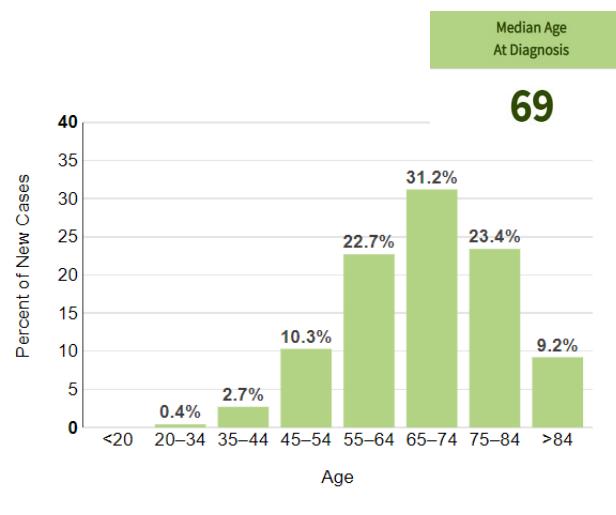
**ruolo degli anticorpi monoclonali in prima linea e nel
paziente ricaduto/refrattario**

MICHELE CEA, MD

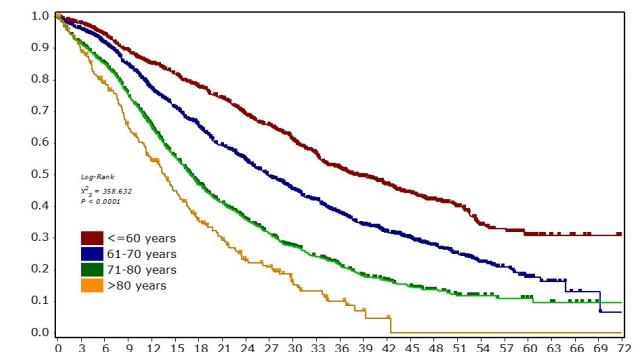
Policlinico San Martino -Università di Genova
Clinica Ematologica
Dipartimento di Medicina Interna e Specialità mediche (DIMI)

Savona 10 novembre 2023

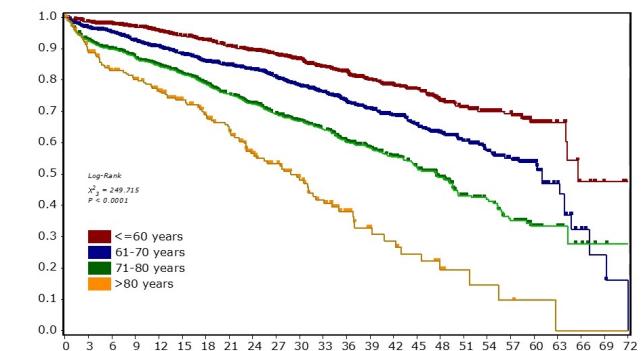
MULTIPLE MYELOMA: A DISEASE OF THE ELDERLY (age at diagnosis predicts outcome)



Progression-free survival



Overall survival



SEER Cancer Stat Facts: Myeloma. National Cancer Institute. Bethesda, MD

Changing Landscape in MM (prognosis is improving over time in Older patients)

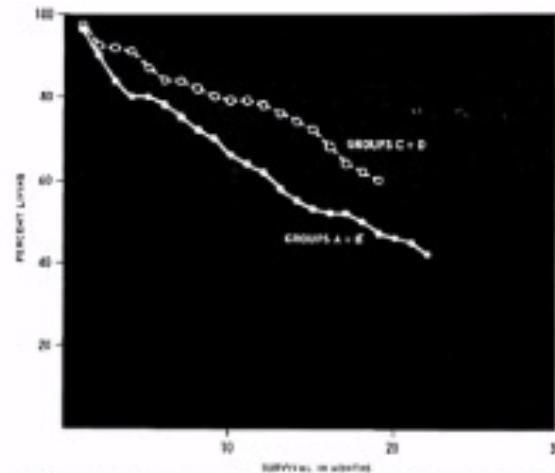


Table 4.—Median Survival in Months From Institution of Melphalan Therapy
(No. Dead/Total in Parentheses)

	All Patients ^a	Unresponsive (Includes Early Deaths)	Responsive
Daily melphalan (Schedule A)	18 (22/35) ^b	12 (20/37) ^c	>32 (13/6)
Intermittent melphalan (Schedule B)	18 (38/69) ^b	13 (31/44) ^c	>26 (5/22)
Melphalan + prednisone (Schedules C and D)	24 (33/79) ^b	6 (17/26)	>29 (14/50)
Intermittent melphalan (1959-1965)	17 (38/169) ^b	10 (86/92)	45 (37/54)

1969

Melphalan-based regimes

OS 17-24 months

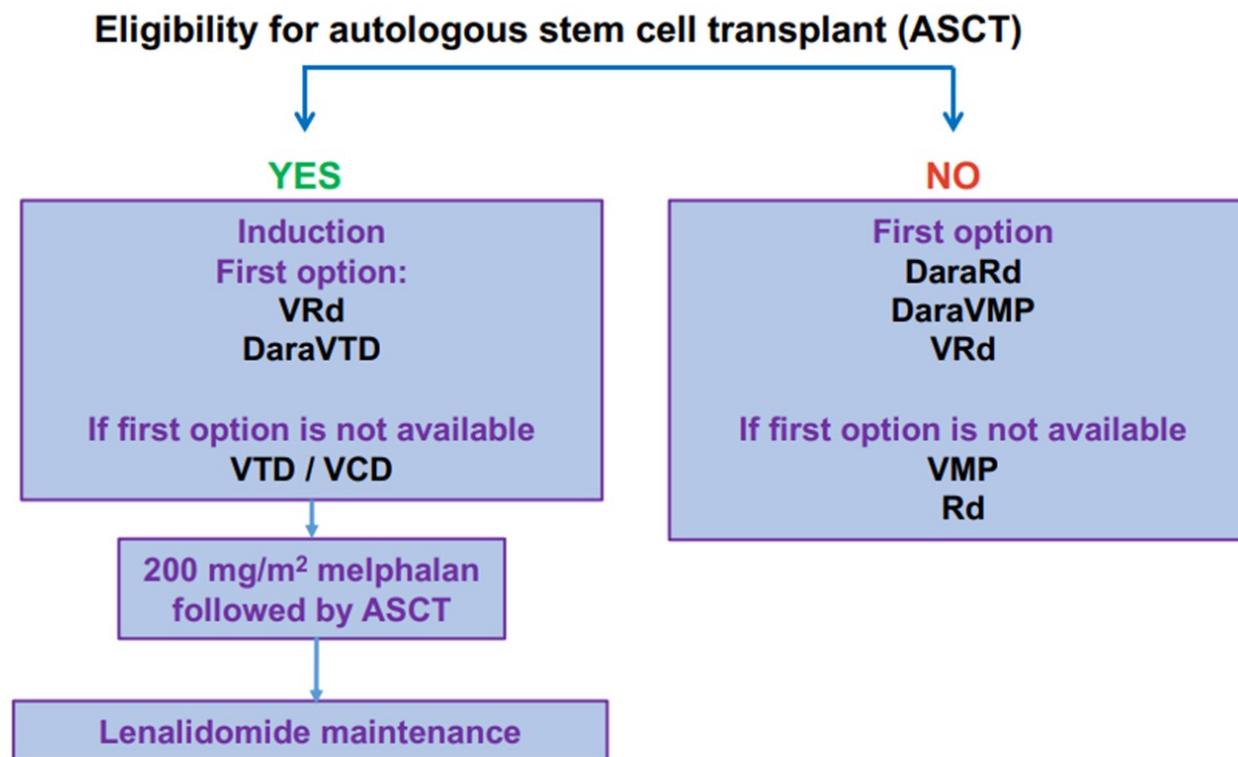
2021

mAb-based regimes
35->50 months

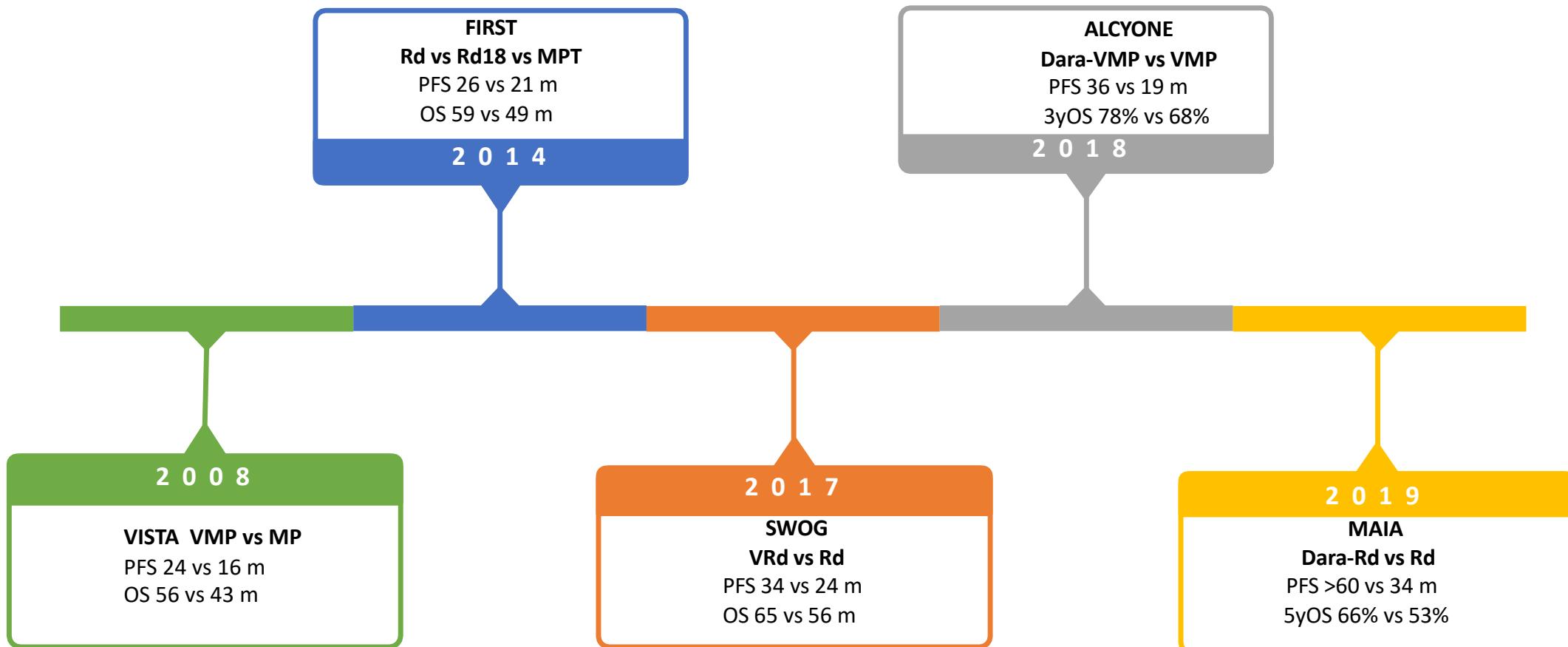
BUT PFS INSTEAD OF OS!

Alexanian R. et al JAMA 1969
Kumar S. et al. ASH 2020: abstract 2276
Mateos M. et al. ASH 2029: abstract 859

Multiple myeloma: EHA-ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up

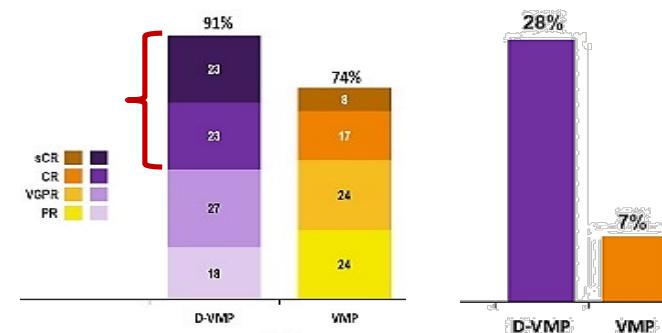
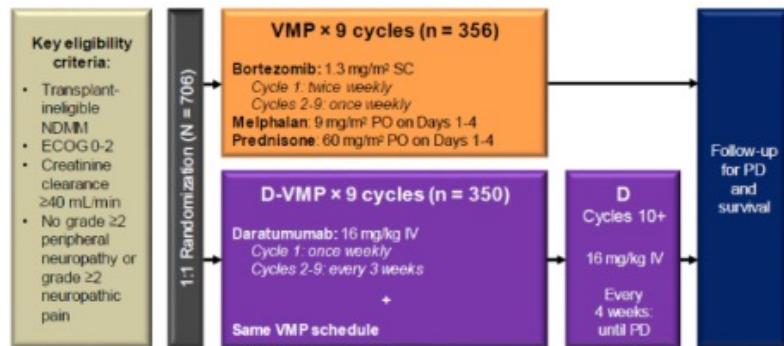


TIMELINE OF REGULATORY TRIALS IN NTE NDMM

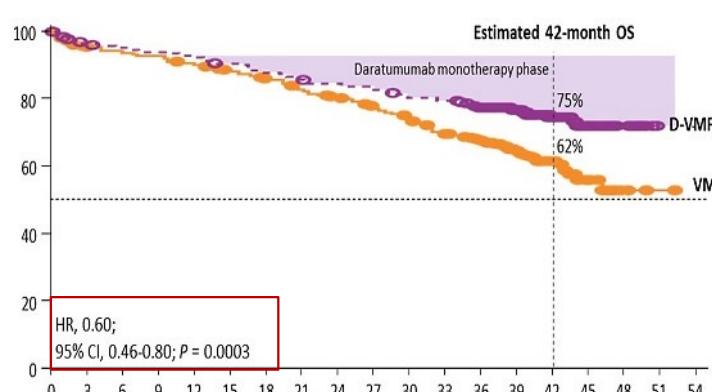
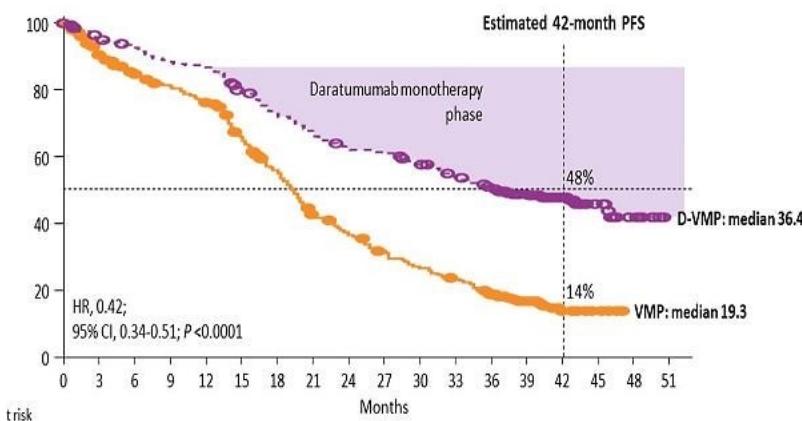


Daratumumab-VMP: ALCYONE phase 3 trial

Sum up



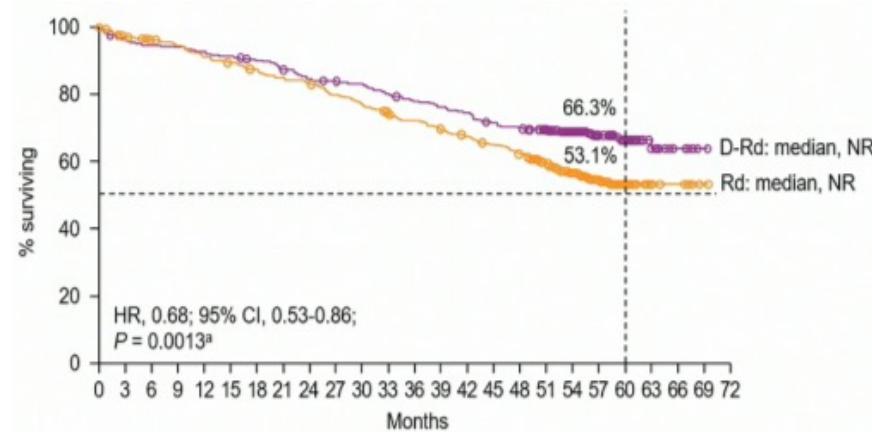
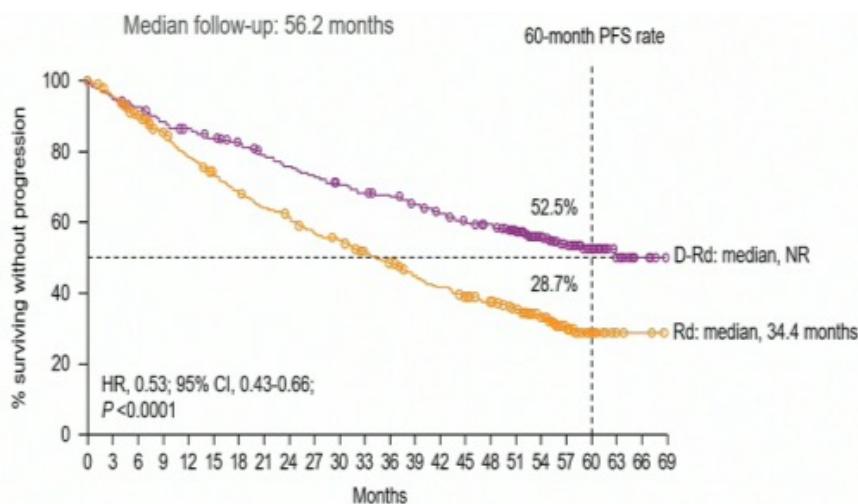
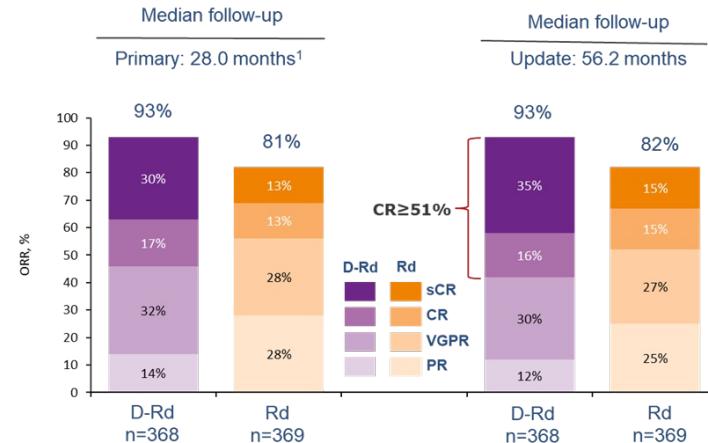
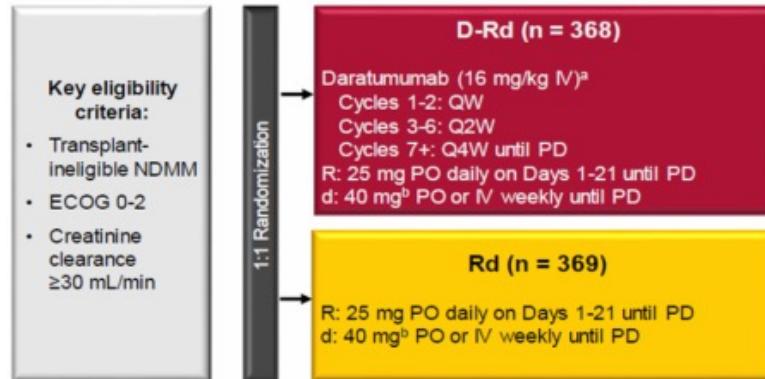
- Significantly higher ORR, ≥VGPR rate, and ≥CR rate with D-VMP
- >2-fold increase in sCR rate with D-VMP
- 4-fold higher MRD negativity achieved with D-VMP



DaraVMP has been approved by FDA and EMA for the treatment of transplant ineligible NDMM patients

Daratumumab-Rd: MAIA phase 3 trial

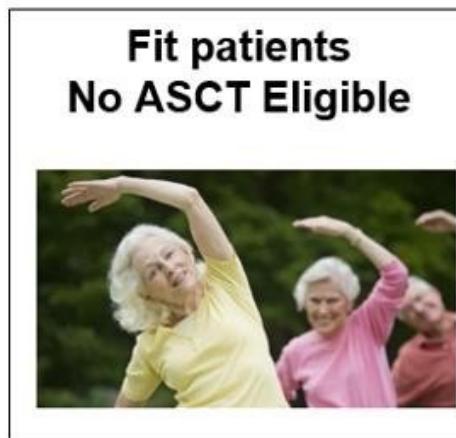
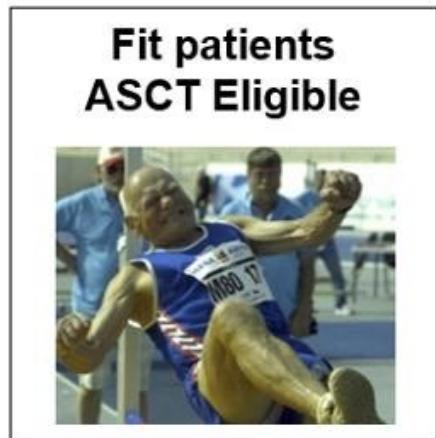
Sum up



DaraRd has been approved by FDA and EMA for the treatment of transplant ineligible NDMM patients

Facon T et al. NEJM 2019
Facon T et al. Lancet Oncol 2021

HETEROGENEITY OF THE AGING POPULATION



Based on
Age
Performance status (PS)
Comorbidities
(R-MCI score, HCT-CI) and
organ function

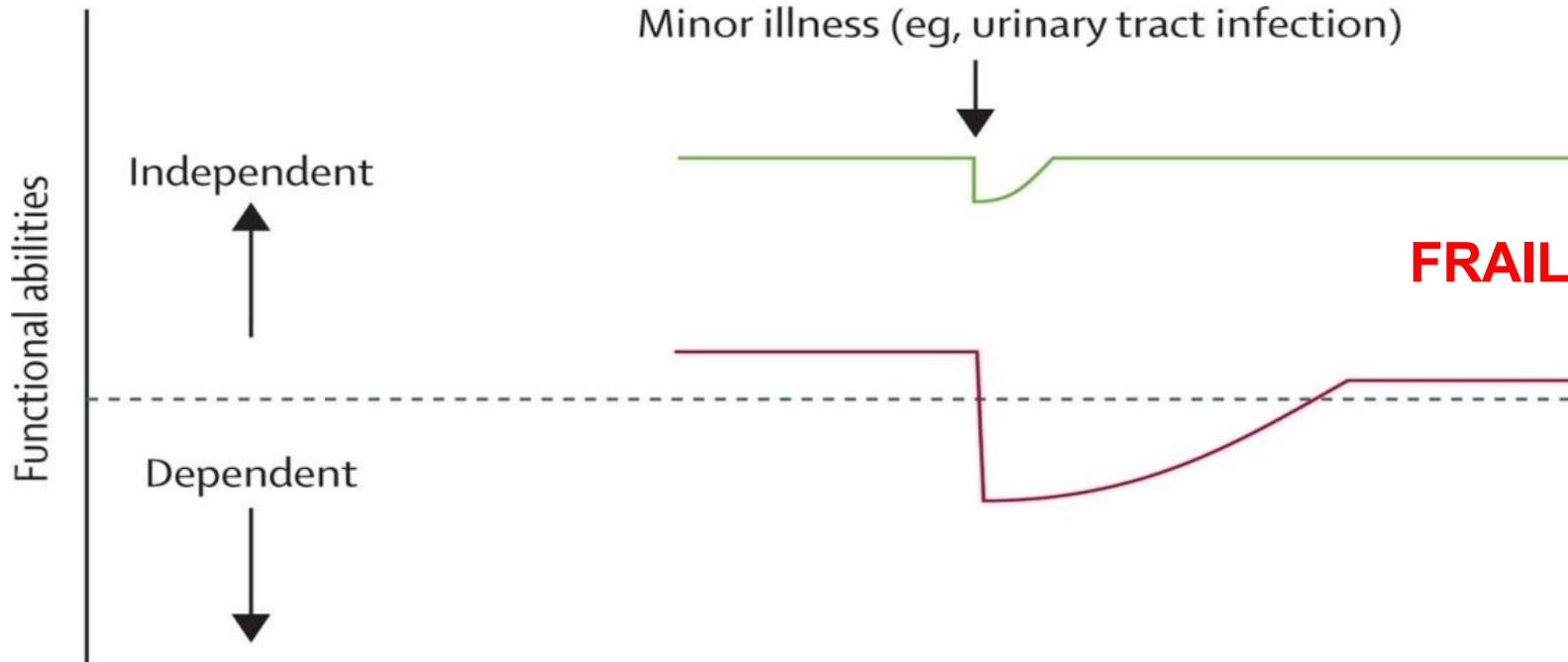
*Active, independent, who
exercise regularly*

*Can perform limited
activities but they don't
need any help*

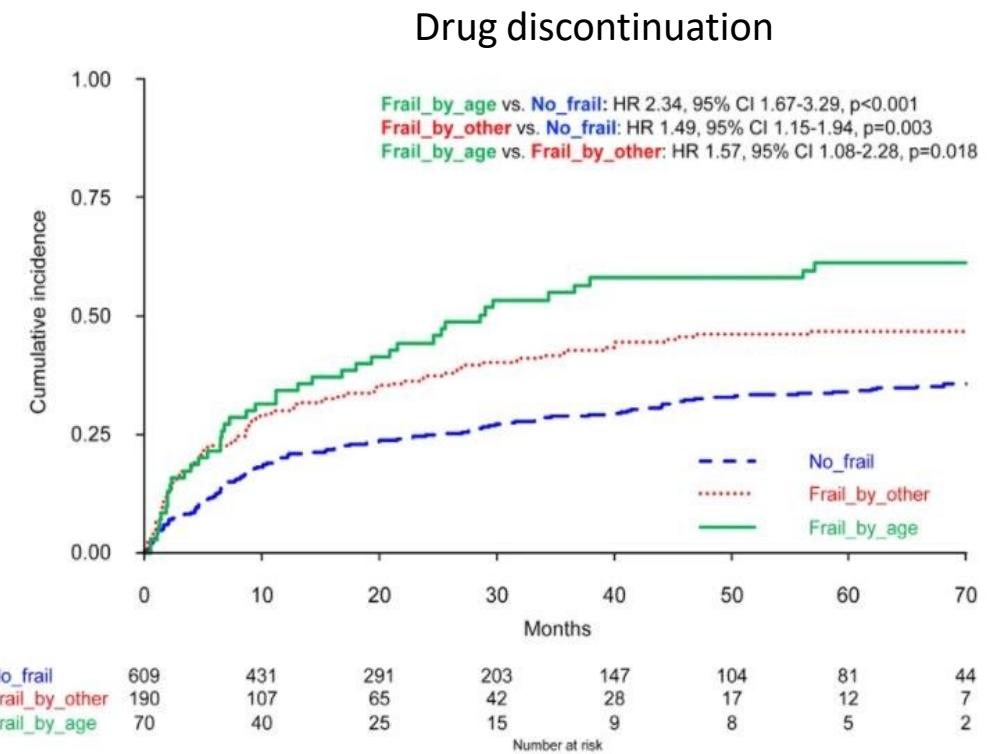
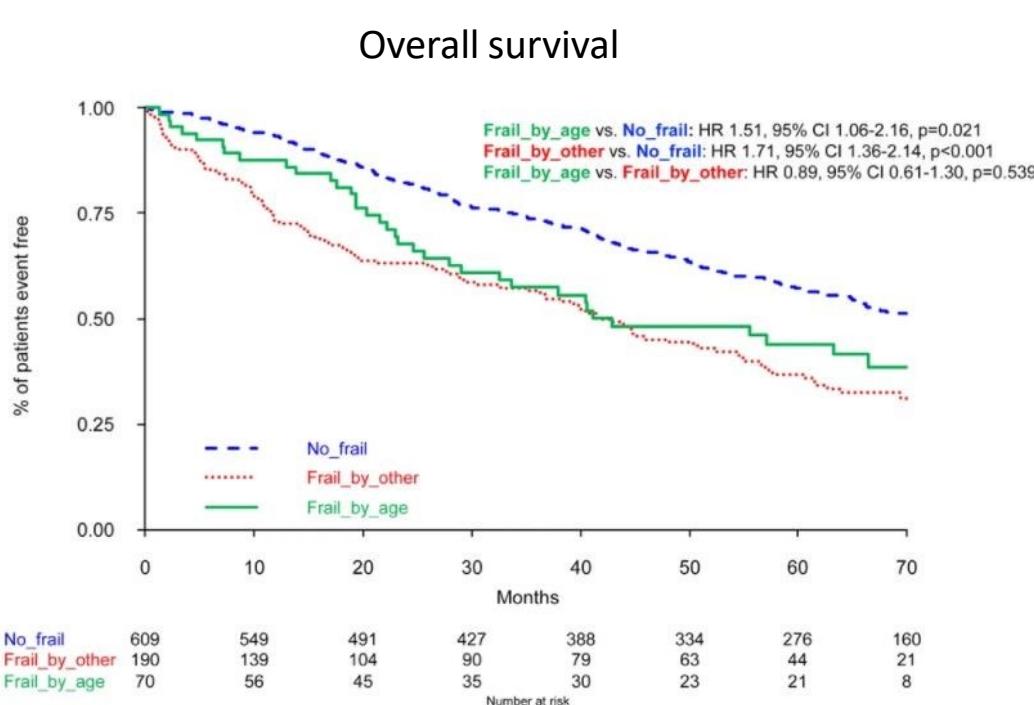
*Help for household tasks
Dependent on other people
Partial help for their
personal care*

FRAILTY

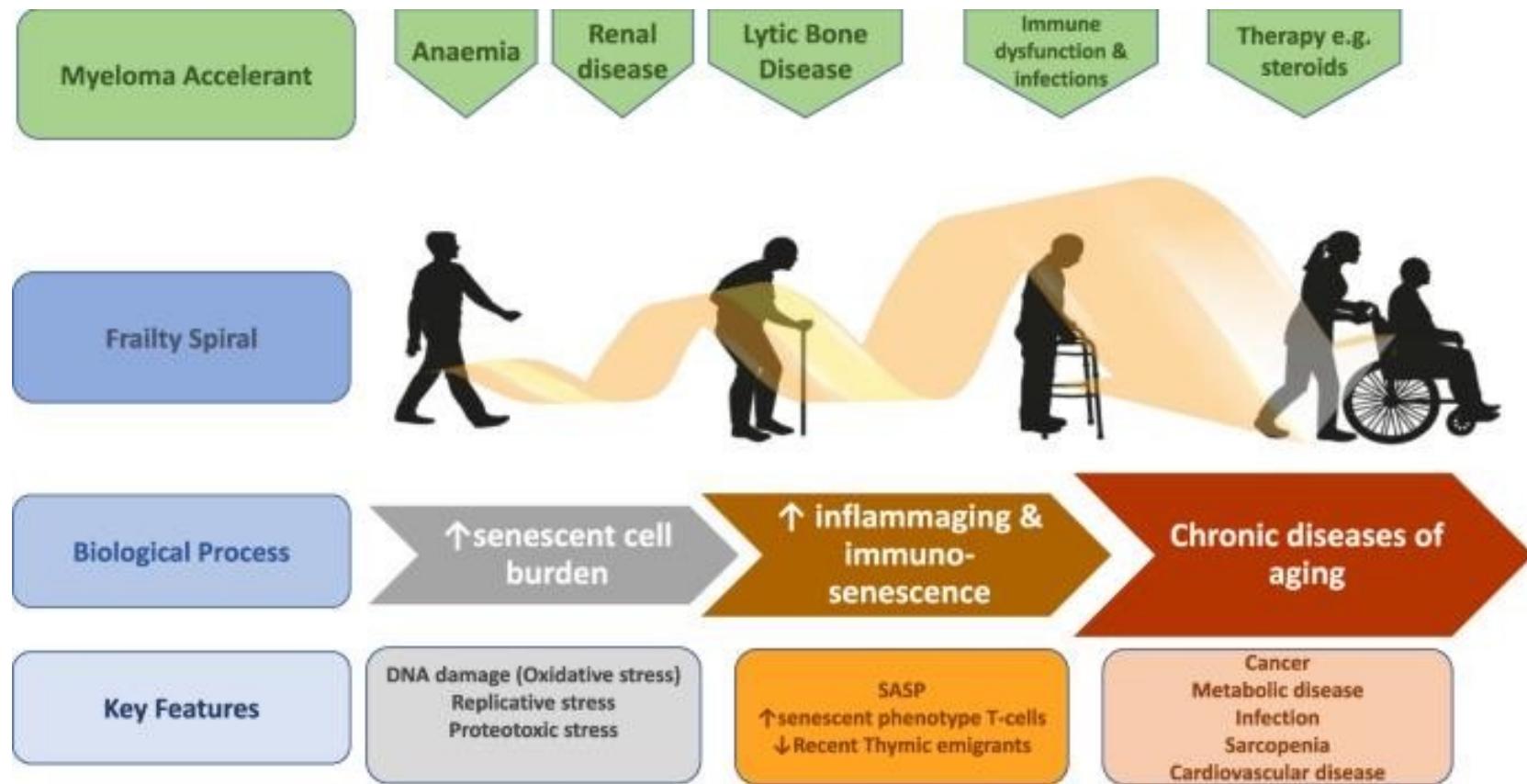
Frailty –state of vulnerability after a stressor event that triggers disproportionate changes in health status



ROLE OF CHRONOLOGICAL AGE IN FRAILTY ASSESSMENT

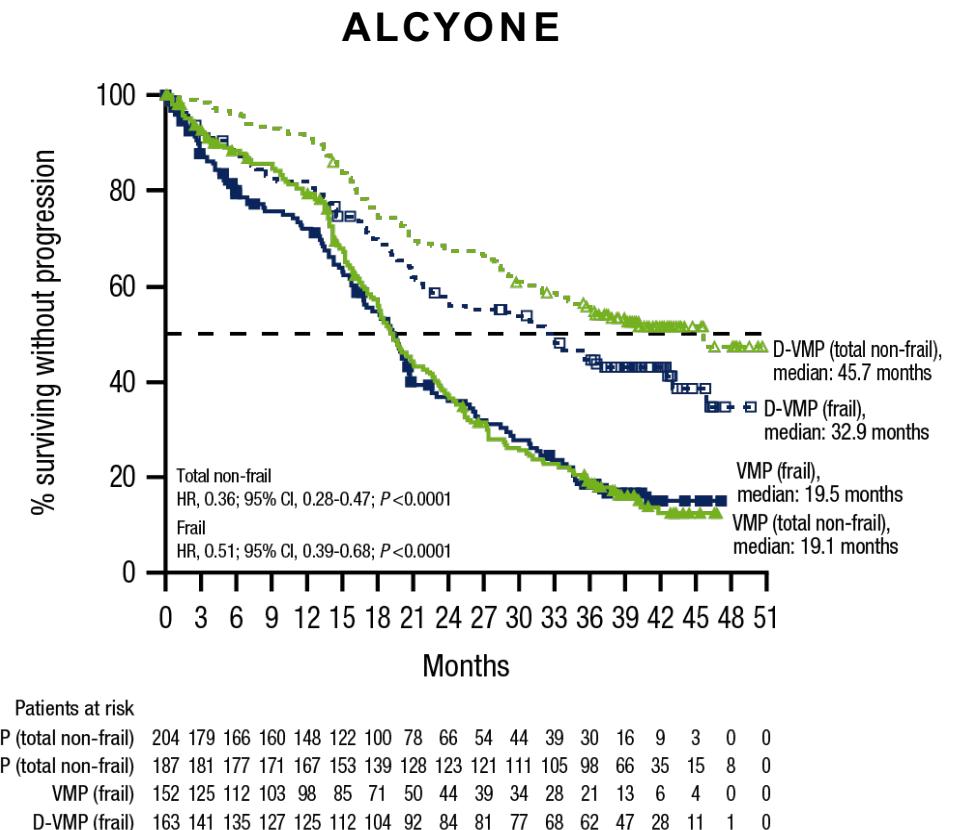
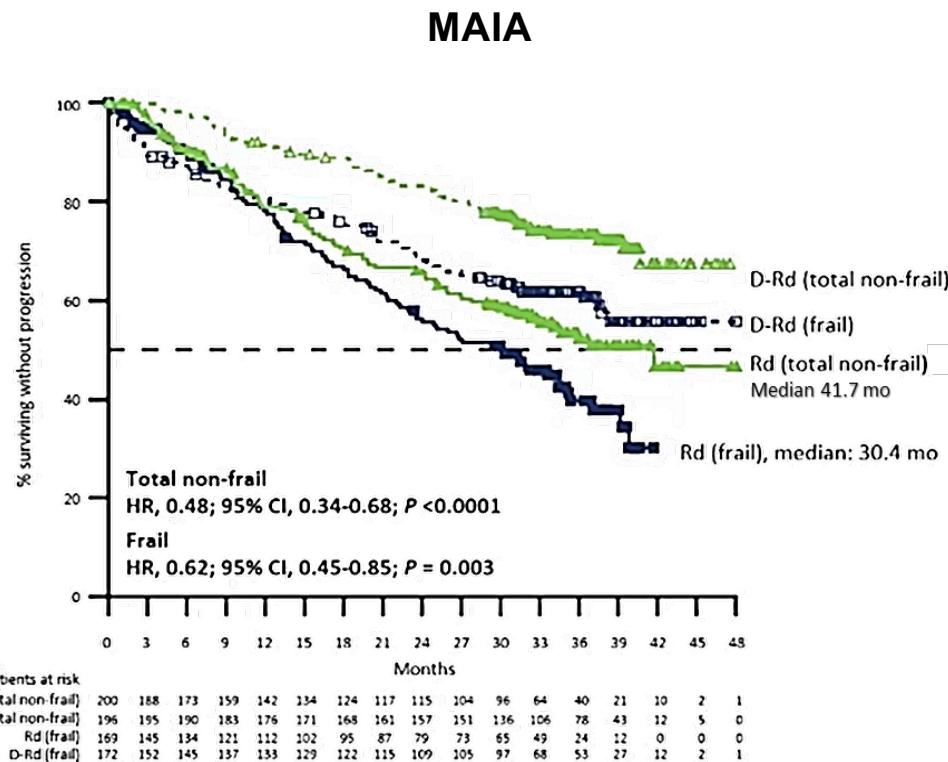


THE DETECTION OF FRAILTY IN ELDERLY PATIENTS



from Cook G et al. Leukemia. 2020;

PFS by Frailty Subgroup



Conclusions

Fitness tailored treatment

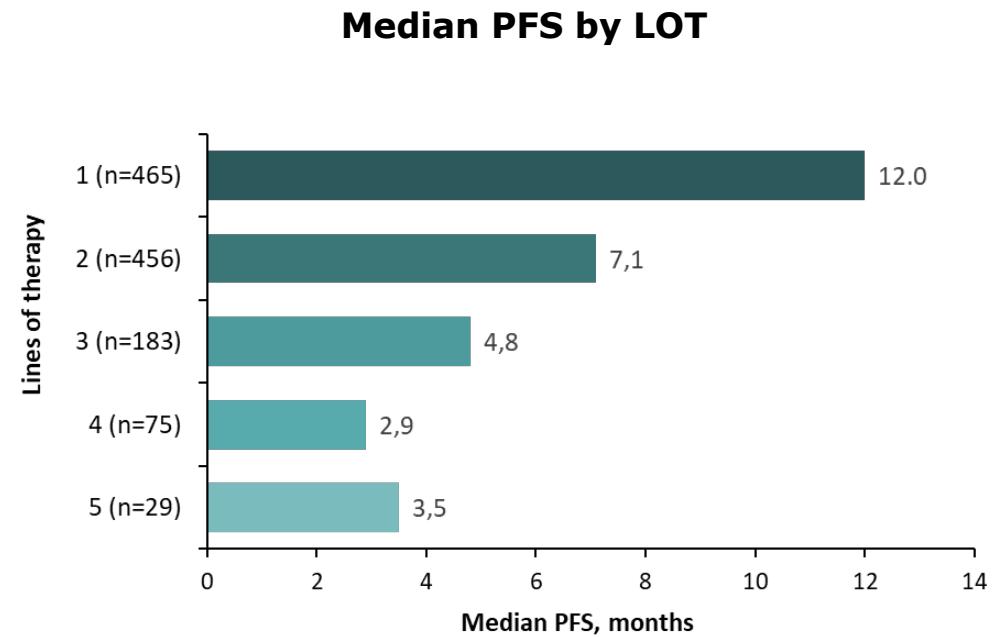
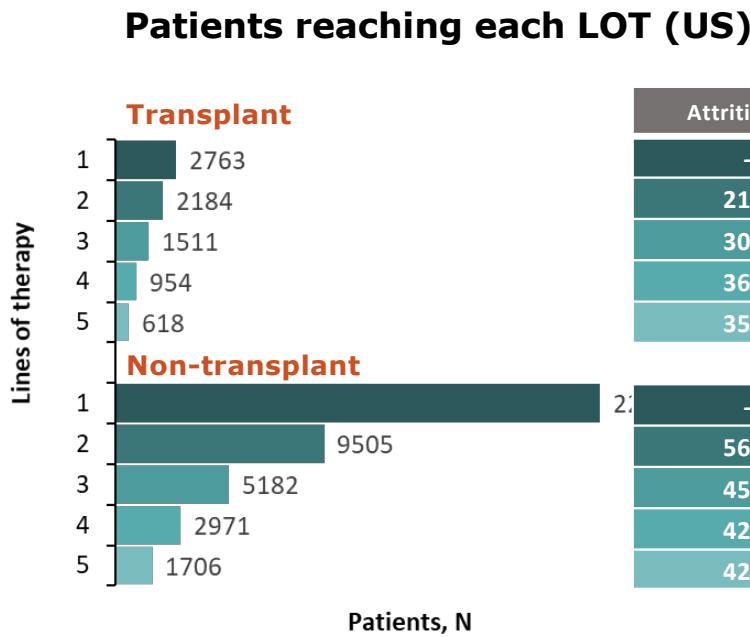
FRAILTY ASSESSMENT IMWG Frailty Score		
FIT PATIENTS (score 0)	INTERMEDIATE-FIT PATIENTS (score 1)	FRAIL PATIENTS (score ≥2)
		
<p>age ≤75 + ADL >4 + IADL >5 +CCI≤1</p> <p>age 76-80 or ADL ≤4 or IADL ≤5 +CCI >1</p> <p>age >80; age 76-80 + ADL ≤4 or IADL ≤5 or CCI >1; age ≤75 + at least 2 ADL ≤4 or IADL ≤5 or CCI ≥1</p>		
APPROVED REGIMENS with possible dose-adjustments according to frailty		
<ul style="list-style-type: none"> • Daratumumab-VMP • Daratumumab-Rd <ul style="list-style-type: none"> • VRd • ASCT: Standard of care in ≤70 years old Consider in 71-75 years old* (*possibly with reduced conditioning) 	<ul style="list-style-type: none"> • (Daratumumab)-VMP, consider weekly V • (Daratumumab)-Rd, consider dex discontinuation <ul style="list-style-type: none"> • Vd • VRd-lite 	<ul style="list-style-type: none"> • Dose-adjusted Rd ± daratumumab • Dose-adjusted Vd • Palliative care
EXPERIMENTAL REGIMENS		
Daratumumab-VRd (NCT03652064) Isatuximab-VRd (NCT03319667) Belantamab-VRd (NCT04091126) KRD (NCT04096066) Ixazomib-RD (NCT018550524)	Daratumumab-Ixa-dex (NTR6297) Daratumumab-VRd lite (NCT04052880) KRD (NCT04096066) Ixazomib-RD (NCT018550524)	Daratumumab-Ixa-dex (NTR6297) Daratumumab-R (NCT03993912) Ixazomib-RD (NCT018550524)

NTE-NDMM: Practical considerations

- DaraRd, DaraVMP, and VRd are the current standard of care in NTE-NDMM
- DaraRd is associated with longest median PFS
- Frailty-tailored treatment
- Future directions: New combo; Immunotherapy; **Frailty-tailored treatment in clinical practice**; MRD driven treatment: fixed vs continuous treatment; Improving supportive care: antimicrobial prophylaxis in selected patients

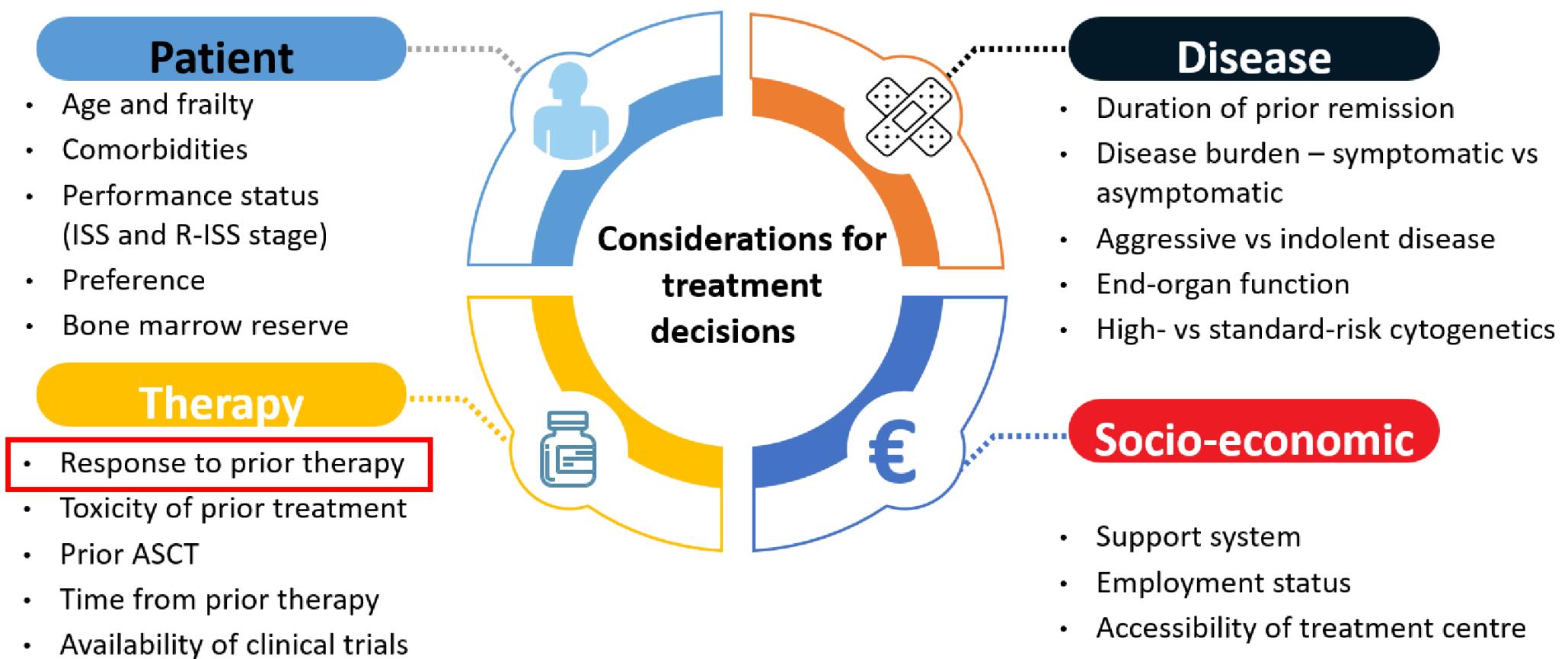
Relapsed Refractory MM patients

Time to progression decreases with each LOT and many patients do not go on to receive a second LOT



Therefore, the newly diagnosed setting is the most important opportunity to use the most efficacious treatment available

Treatment choice, in the Real-World setting



Dimopoulos MA et al. Nat rev Clin Oncol 2015

Baz R et al.

Support care cancer 2015

Agarwal A et al. Clin Lymphoma Myeloma Leuk 2017

I pazienti che progrediscono dalla 1L di oggi non rappresentano l'attuale 2L

I pazienti attualmente trattati con le nuove opzioni terapeutiche di 1L avranno una ricaduta da questi regimi recentemente approvati non prima del giugno 2024, e la maggior parte di essi dopo il 2025

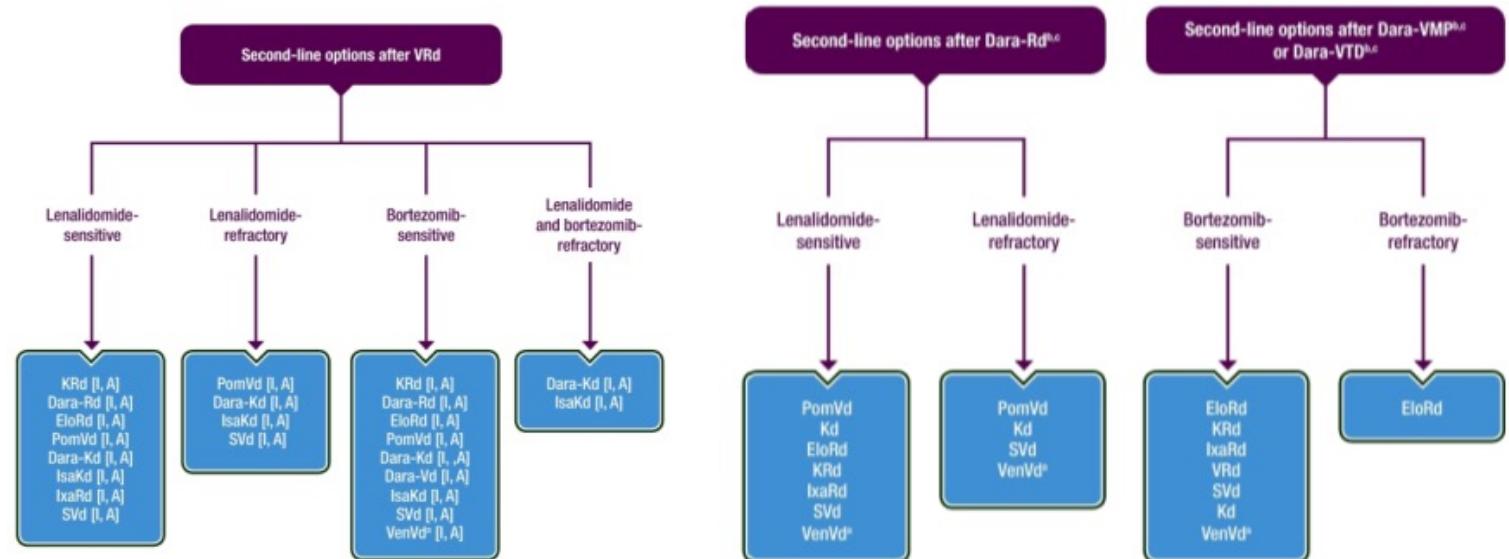
1L	Gazzetta ufficiale + 3 mesi	mPFS (mesi) Popolazione ITT	Timing mediano recidive
DaraVTd	Dicembre 2021 ▶ Marzo 2022	NR vs 51,5	> 2026
VRd	Febbraio ▶ Maggio 2021	43,0	> 2024
DaraVMP	Gennaio ▶ Aprile 2021	36,4	> 2024
DaraRd	Gennaio ▶ Aprile 2021	NR	> 2024
Mantenimento con lenalidomide	Maggio ▶ Agosto 2018	46,3 (IFM)	Giugno 2022

CASSIOPEA-Moreau P et al. EHA 2021 Abstract S180; SWOG-Durie BGM et al. Lancet 2017; 389: 519–527; ALCYONE-Mateos MV et al. Lancet 2020; 395: 132–141; MAIA-Facon T et al. EHA 2021 Abstract LB1901; Attal M et al. N Engl J Med 2012; 366: 1782–1791

Guidelines 2021 for RRMM: first relapse

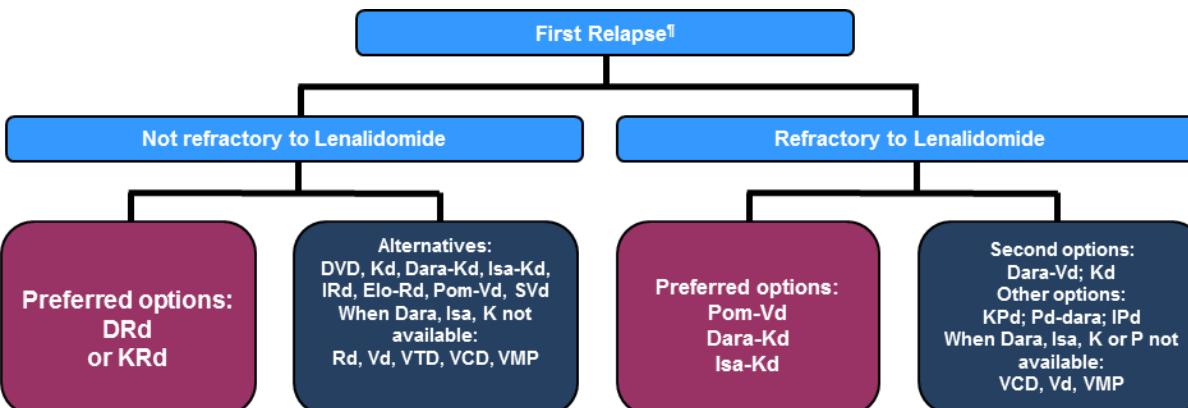
ESMO
guidelines 2021

Dimopoulos MA et al. Ann Oncol 2021



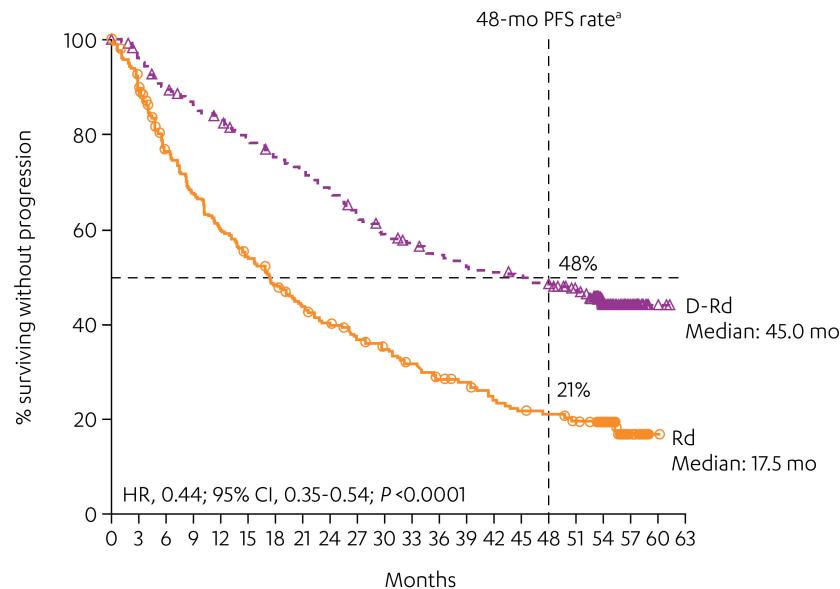
IMWG
guidelines 2021

Moreau P et al, Lancet Oncol 2021



IMiDs based combinations

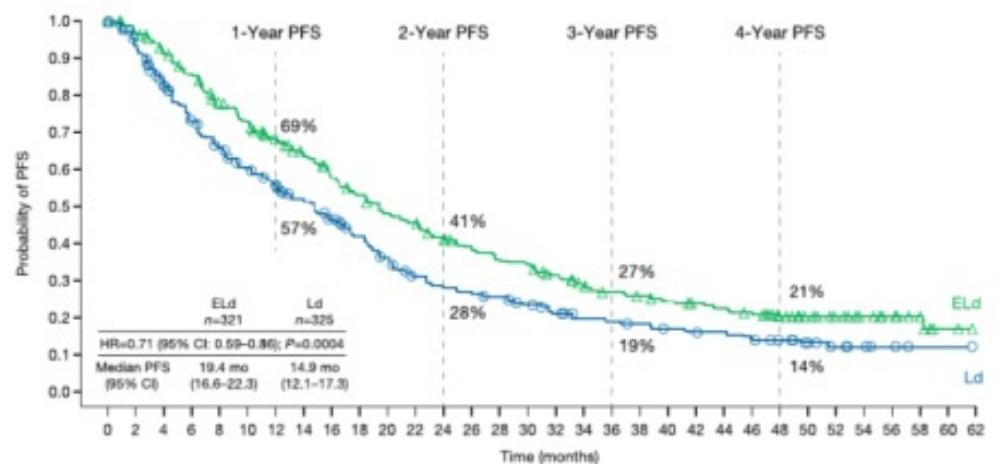
POLLUX: DRd > Rd
Median follow-up: 54.8 months (≥ 1 prior line)



No. at risk	Rd	D-Rd
	283 249 206 181 160 144 127 112 102 91 83 75 66 63 53 48 45 40 28 5 1 0	286 266 249 238 229 215 204 195 184 168 156 151 143 136 134 131 125 115 76 16 3 0

DaraRd
PFS: 44.5 m, HR: 0.44
CR 56%

ELOQUENT-2: Elo-Rd > Rd
Median follow-up: 46 months (1-3 prior lines)



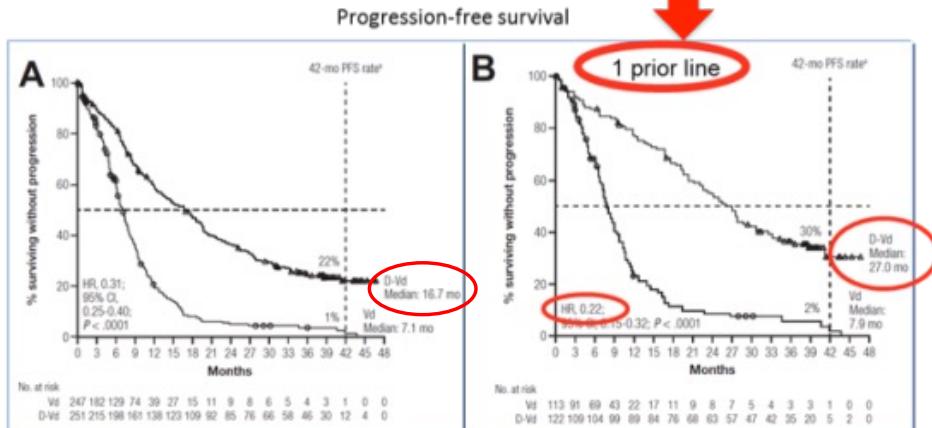
EloRd
PFS: 19.4 m, HR: 0.71
CR 5%

Dimopoulos NEJM 2016
Lonial NEJM 2015

PIs based combinations

CASTOR: DaraVd > Vd

Median follow-up: 40 months (≥ 1 prior line)



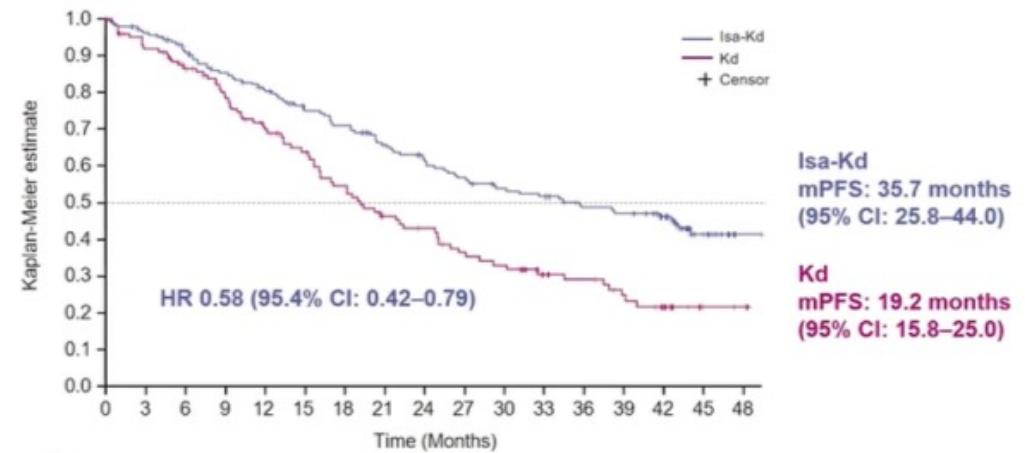
DaraVd

PFS: 16.7 m, HR: 0.32

CR 30%

Ikema: IsaKd > Kd

Median follow-up: 44 months (≥ 1 prior line)



IsaKD

PFS: 35.7 m, HR: 0.32

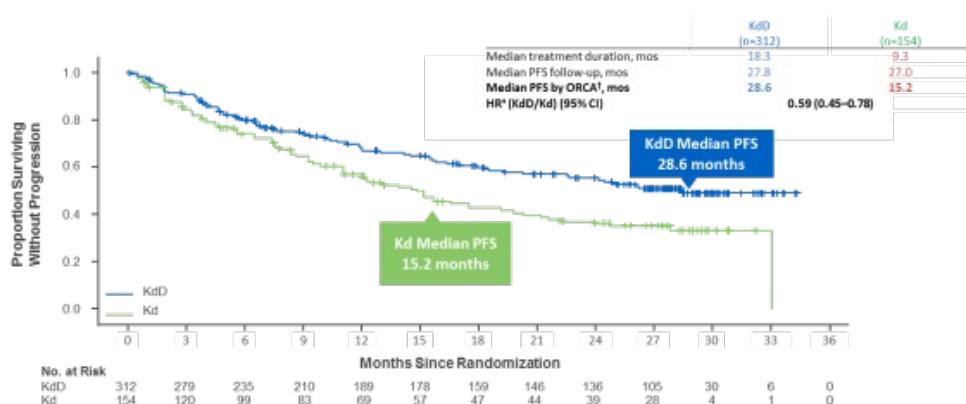
CR 44.1%

Dimopoulos MA et al, Lancet Oncology 2016

Moreau P et al. Lancet 2021

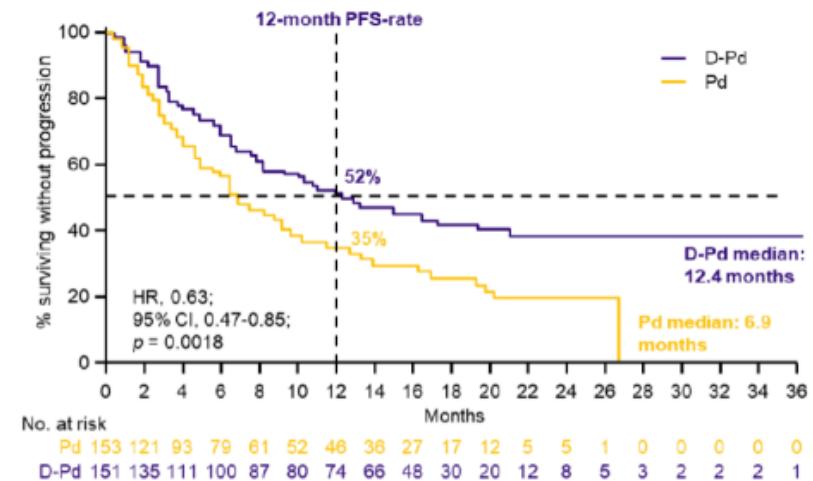
MoAbs based combinations

Candor: daraKd > Kd
Median follow-up: 39 months (≥ 1 prior line)



DaraKd
PFS: 28.4 m, HR: 0.44
VGPR 69%

Apollo: daraPd > Pd
Median follow-up: 16.9 months (≥ 1 prior line)



DaraPd
PFS: 12.4 m, HR: 0.71
VGPR 51%

DaraKd vs IsaKd vs DaraPd

	CANDOR Dara-Kd arm	IKEMA Isa-Kd arm	APOLLO Dara-Pd arm
Number of patients	315	179	304
Median age	64y	65y	67y
ISS III	20%	14%	33%
High-risk FISH	15% (51% missing)	23% (13% missing)	39% (32% missing)
Median prior lines of tp	2	2	2
1 prior line of tp	46%	44%	11%
Lenalidomide refractory	32%	32%	79%
Bortezomib refractory	28%	31%	47%
Median duration of follow-up	27,8 months	20,7 months	16,9 months
Median PFS	28.4 months	35.7 months	12.4 months
HR for PFS	0.59	0.58	0.63
Median PFS in len-refractory pts after 1 prior line of therapy/any line	25.0 months/28.1 months	NR/NR	23.7 months in MM-014 study after 1 prior LOT/9.9 months
ORR	84%	87%	69%
CR	29%	44%	25%
MRD negative (10^{-5} sensitivity)	18% (at 12 mo)	33.5% (ITT population)	9%

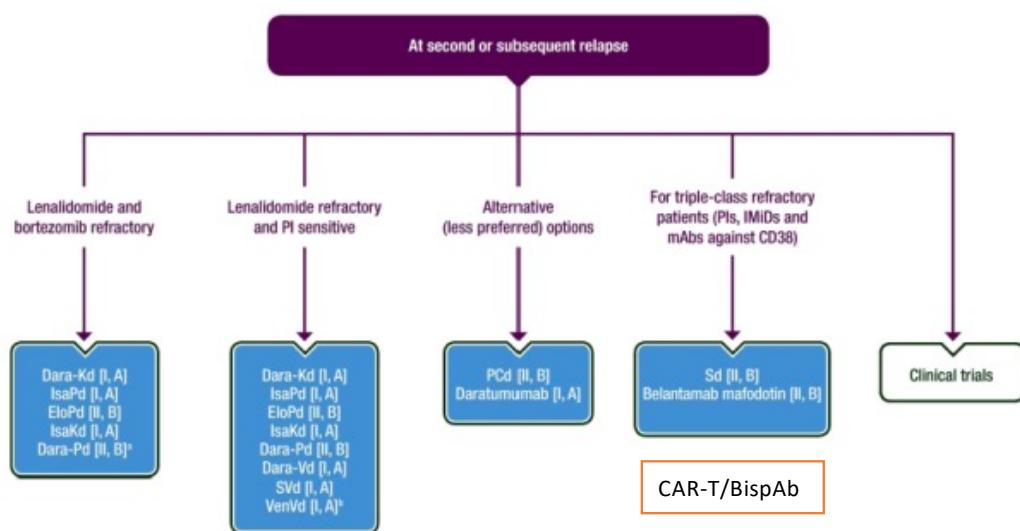
Dimopoulos et al. Lancet 2021

Dimopoulos M al. Lancet. 2020

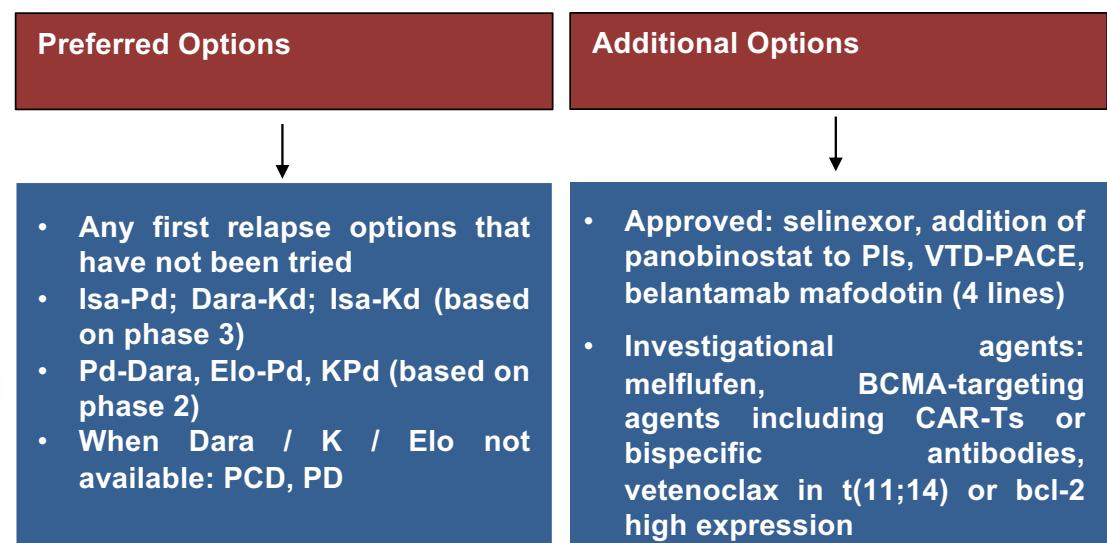
Moreau P. et al. Lancet 2021

Guidelines 2021 for RRMM: second or subsequent relapse

ESMO guidelines 2021



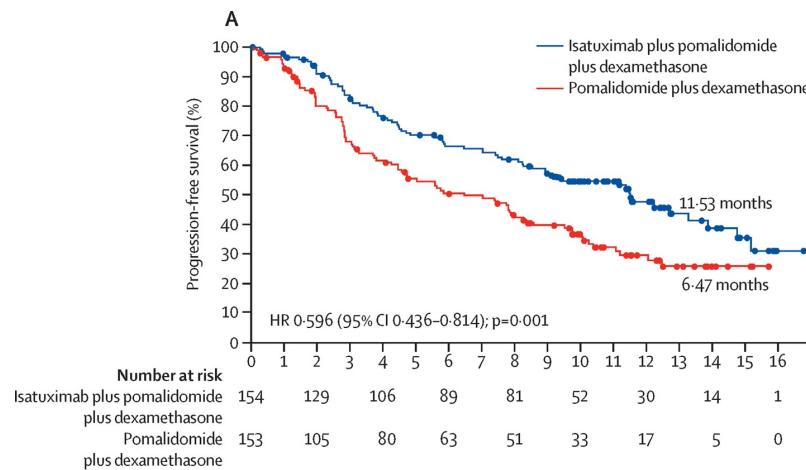
IMWG guidelines 2021



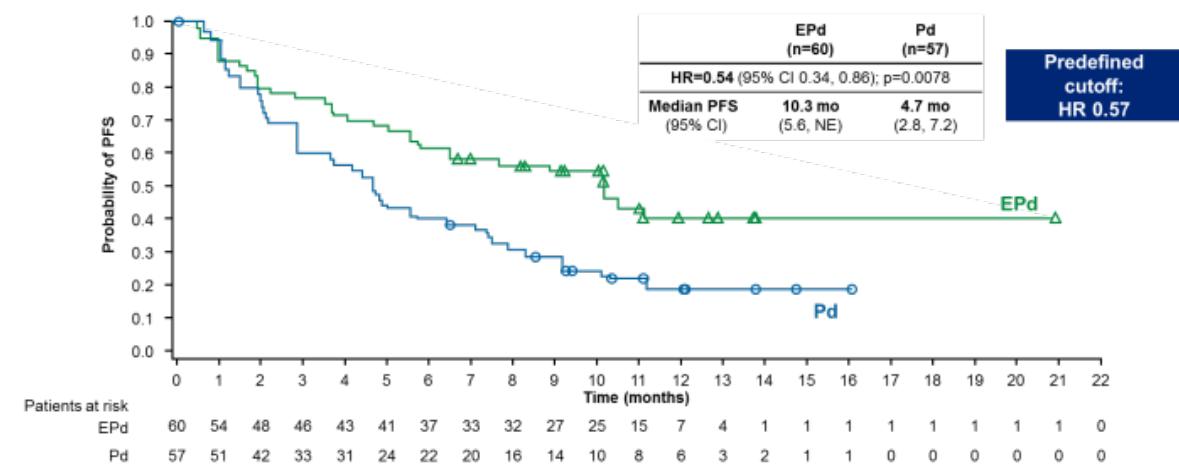
Dimopoulos MA et al. Ann Oncol 2021

Moreau P et al, Lancet Oncol 2021

**Phase 3 ICARIA trial
Isa-PD vs PD
(response, PFS, trend OS)**



**Phase 2 ELOQUENT-3 trial
Elo-PD vs PD
(response, PFS, trend OS)**



Attal M et al, Lancet 2019
Richardson P et al, EHA 2021

Dimopoulos MA et al, NEJM 2018
Dimopoulos MA et al, IMW 2021

EloPd versus IsaPd vs DaraPd

	Eloquent-3 Elo-Pd arm	ICARIA Isa-Pd arm	APOLLO Dara-Pd arm
Median prior lines of tp	3	3	2
Prior Lenalidomide	98%	100%	100%
Lenalidomide refractory	90%	94%	79%
PI refractory	78%	77%	47%
Double refractory (leno + PI)	68%	72%	42%
Median PFS	10.3 months	11.5 months	12.4 months
HR for PFS	0.54 (p = 0.0078)	0.60 (p = 0.001)	0.63 (p = 0.0018)
Median PFS in len-refractory pts	10.3 months	11.4 months (HR 0.59)	9.9 months (HR 0.66)
Median PFS in double-refractory pts	10.2 months (HR 0.56)	11.2 months (HR 0.58)	9.9 months (HR 0.74)
HR for PFS in High-risk FISH	0.52	0.66	0.85
ORR	53%	63%	69%
CR rate	5%	9% (MRD neg 5%)	25% (MRD neg 9%)
Hematologic toxicity (gr 3-4)			
-Neutropenia	13%	85%	68%
-Thrombocytopenia	8%	31%	17%
Non hematologic (gr 3-4)			
-IRR (all grades)	3%	38% (3% gr≥3)	5%
-Infections	13%		28%
-Pneumonia	5%	16%	13%
Treatment discontinuation due to AEs	18% vs 24%	7% vs 13%	2% vs 3%

Dimopoulos MA et al, NEJM 2018; Dimopoulos MA et al, IMW 2021; Attal M et al, Lancet 2019; Richardson P et al, EHA 2021; Dimopoulos MA et al, ASH 2020, Lancet Oncology 2021

RRMM, first and second relapse: Practical considerations

- Use triplets if possible
- Change mechanism of action, preferably introduce a new target/mechanism
- **DaraRd** → Len sensitive
- **IsaKd** or DaraKd → Len refractory
- **Poma-based triplets** → from 2nd relapse
- Treatment approach should be continuous

 Personalized therapy based on clinical conditions



GRAZIE PER L'ATTENZIONE!



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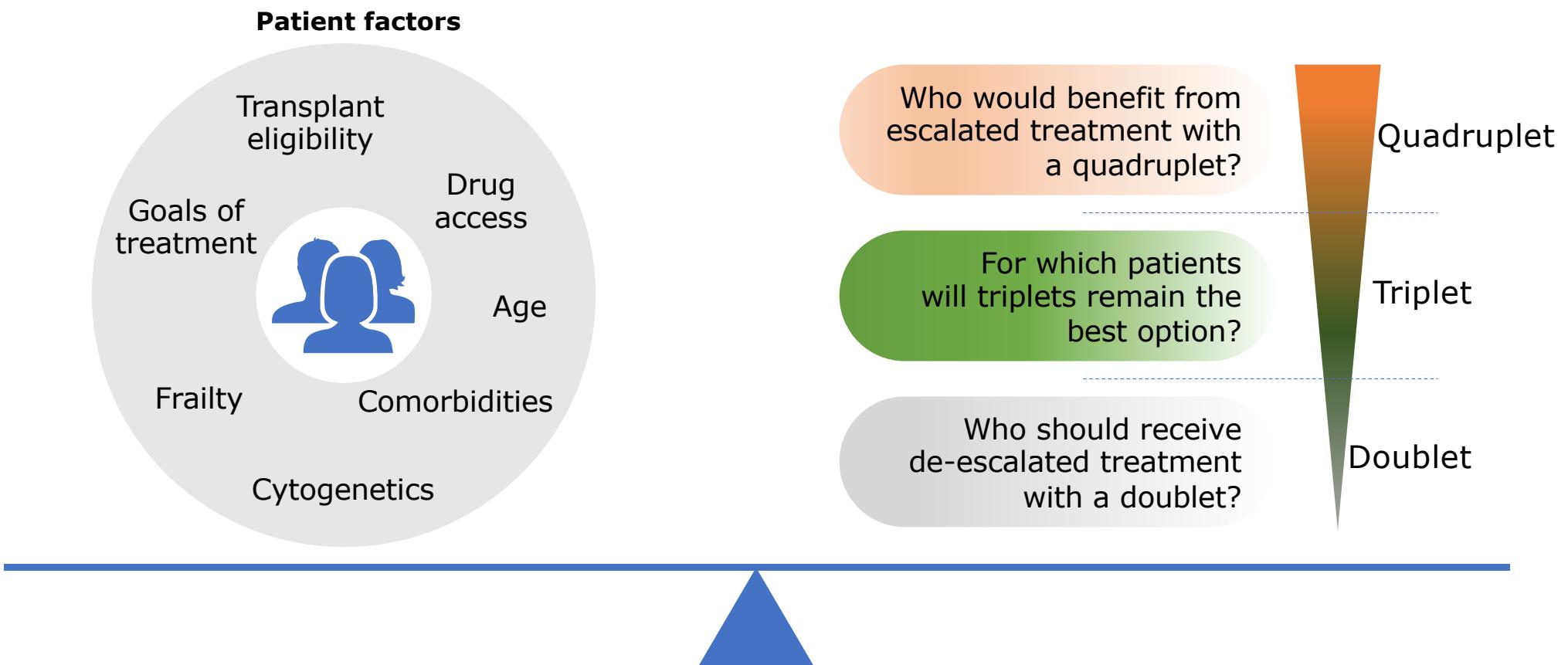
Giulia Giorgetti

Isabella Traverso



A large promotional banner for a conference. The top half features a photograph of a coastal city with a harbor, likely Genoa, Italy. Overlaid on the top portion is the text "2023 Multiple Myeloma updates: from bench to bedside" in white. The bottom portion is a solid blue bar containing the text "NH Marina Hotel, Genoa, Italy" and "20-21 November 2023" in white.

The heterogeneity of NDMM requires upfront treatment to deliver a careful balance of maximal efficacy with tolerability



NDMM, newly diagnosed multiple myeloma

Terpos E, et al. Blood Cancer J 2021;11:40;
Dimopoulos MA, et al. Ann Oncol 2021;32:309–22;
Grant SJ, et al. Hematol Am Soc Hematol Educ Program 2021;1:46-54

NTE-NDMM treatment paradigm



1. Can study results be translated to older patients in real life?
2. If not, what are the reasons?
3. How to define patients in whom therapy is of added value?
4. How to adapt therapy?
5. Patient preference for independence and QoL versus length of life

How to improve treatments for NTE patients?

Ongoing trials with anti-CD38 based quadruplets

TRIAL	REGIMENT	POPULATION	PRIMARY ENDPOINT	STATUS
IMROZ (phase III)	Isatuximab-VRD vs VRD	TNE NDMM ECOG 0-2	PFS	Enrollment completed
CEPHEUS (phase III)	Daratumumab-VRD vs VRD	TNE or TE NDMM Frailty index < 2 ECOG 0-2	MRD	Enrollment completed
IFM2020-05 (phase III)	Isa-Rd vs Isa-VRD	TNE NDMM 65-79 years ECOG 0-2	MRD	Recutiting
NCT04052880 (phase II)	Dara-VRD lite	TNE NDMM ≥ 70 years	≥ VGPR	Enrolling

ROLE OF ASCT IN FIT ELDERLY PATIENTS

MODULATING TREATMENT ACCORDING TO FITNESS

TREATING HIGH-RISK ELDERLY PATIENTS

Challenges in the management of elderly NDMM patients

CHOOSING BETWEEN AVAILABLE REGIMENS

MANAGING FRAIL PATIENTS

IMPROVING SUPPORTIVE CARE

Experimental study versus real-life population

Are patients enrolled in registrational clinical trials comparable to real-world patients?

	ALCYONE	MAIA	SWOG S0777	REAL (Rd vs VMP)
Median age (years)				
≥ 75 years	71 30%	73 44%	63 (>65 ys) 43%	76 54%
>80 years	Not reported	Not reported	Not reported	19%
ECOG PS				
0-1	75%	83%	86%	81%
2	25%	17%	14% 2-3	13%
>2	Excluded	Excluded	Excluded >3	6%
Creatinine clearance	30-60			
ml/min				
< 30 ml/min	41% excluded (< 40)	41% excluded	5% creatinine > 2mg/dL excluded	40% 8%
Exclusion criteria				
Malignancy < 3 years	AST/ALT > 2.5 ULN Malignancy < 5 years Myocardial infarction < 1 year	AST/ALT > 2.5 ULN NYHA III/IV Myocardial infarction < 1 year	Previous malignancy Recent myocardial infarction	None

Durie B et al, Blood 2018; 132:1992; Durie et al; Blood Cancer J; 10:53; Mateos MV et al, Lancet 2020; 395(10218):132-141; Facon T et al, N Eng J Med 2019 380, 2105-15.

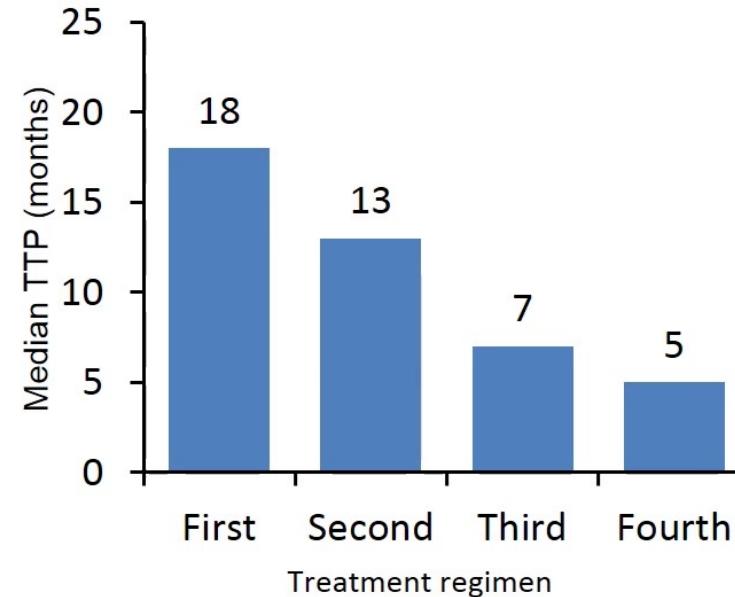
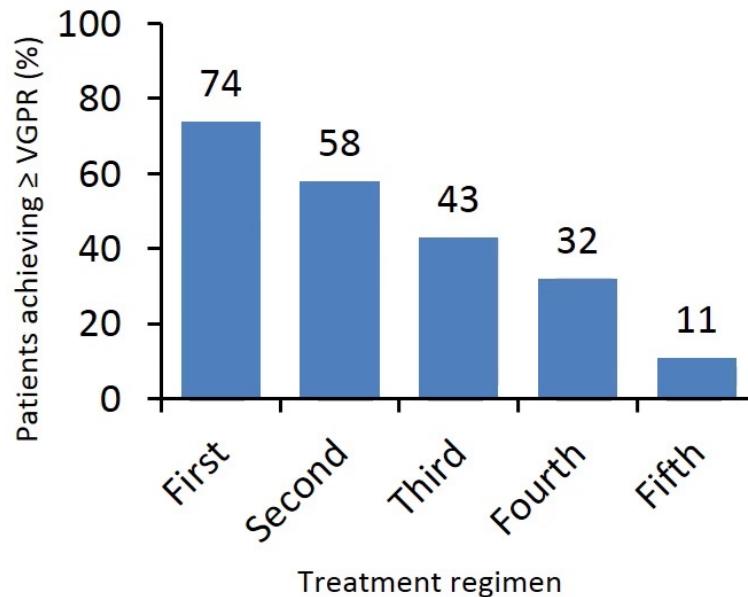
Newly diagnosed MM patients

IMWG Frailty Score

FIT		INTERMEDIATE-FIT	FRAIL
Age ≤75 years, ADL >4, IADL >5, and CCI ≤1			
			
ASCT	No ASCT	Reduced-intensity regimens	Dose-adjusted regimens
MEL200 mg/m ² if: <ul style="list-style-type: none"> - age ≤70 years - no renal impairment - rMCI 1-3 - performance status ≥90% (not related to MM) 	MEL100-140 mg/m ² if: <ul style="list-style-type: none"> - age >70 years - and/or renal impairment - and/or rMCI 4-6 - and/or performance status <90% (not related to MM) 	Dara-VMP Dara-Rd VRd VCd VMP* Rd*	Weekly VMP Weekly VCd Vd Rd Rd-R vrd lite°
			rd° vd°
			Palliation and supportive care

normal; AST/ALT, aspartate aminotransferase/alanine aminotransferase; DLCO, diffusion capacity of carbon monoxide; FEV1, forced expiratory volume in one second; MEL100/140/200, melphalan at 100/140/200 mg/m²; Dara, daratumumab; V, v, bortezomib; M, melphalan; P, prednisone; R, r, lenalidomide; d, dexamethasone; Rd-R, lenalidomide-dexamethasone followed by lenalidomide maintenance; V, bortezomib; rMCI, Revised Myeloma Comorbidity Index.

Survival prognosis diminishes with each successive relapse



Depth and duration of response are important prognostic factors and decrease with each subsequent line of treatment