

# **I tumori femminili: dal gene profiling alla terapia personalizzata**

Casale M.to, 22-23 Novembre 2023

## **Trattamento delle CIN 3**

*M. Barbero, A. Villasco*

S.C. Ginecologia e Ostetricia – ASL AT

# NUOVI CASI STIMATI DI NEOPLASIE IN ITALIA NEL 2020

- 377.000 NUOVE NEOPLASIE

- CORPO DELL'UTERO: 8335

- OVAIO: 5179

- **CERVICE: 2365**



# American Journal of Obstetrics and Gynecology

VOL. 42

AUGUST, 1941

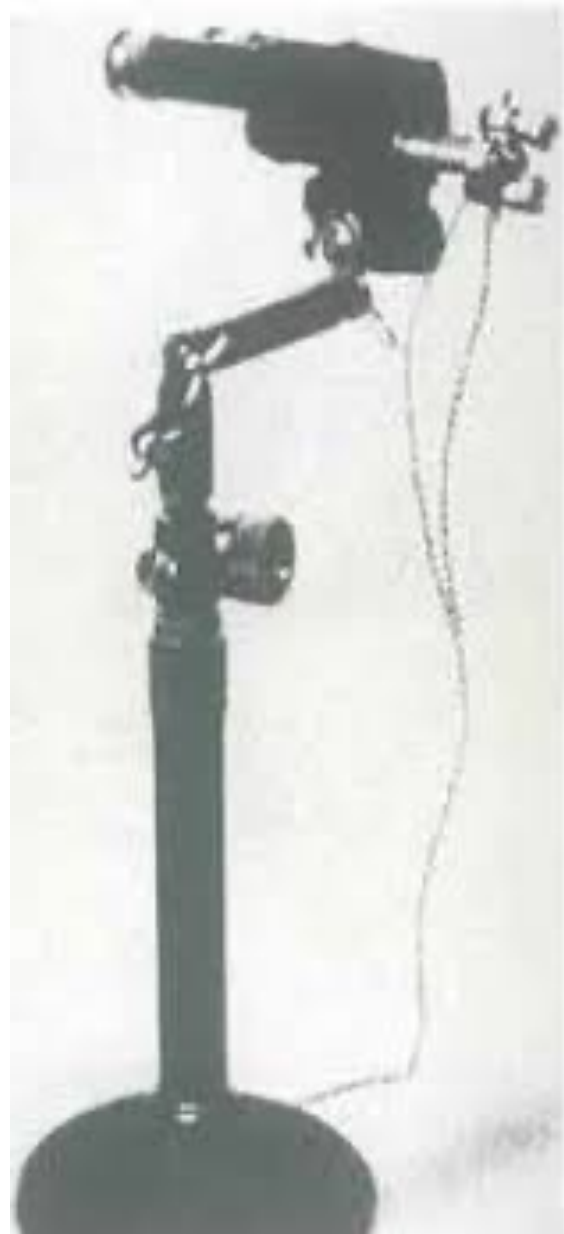
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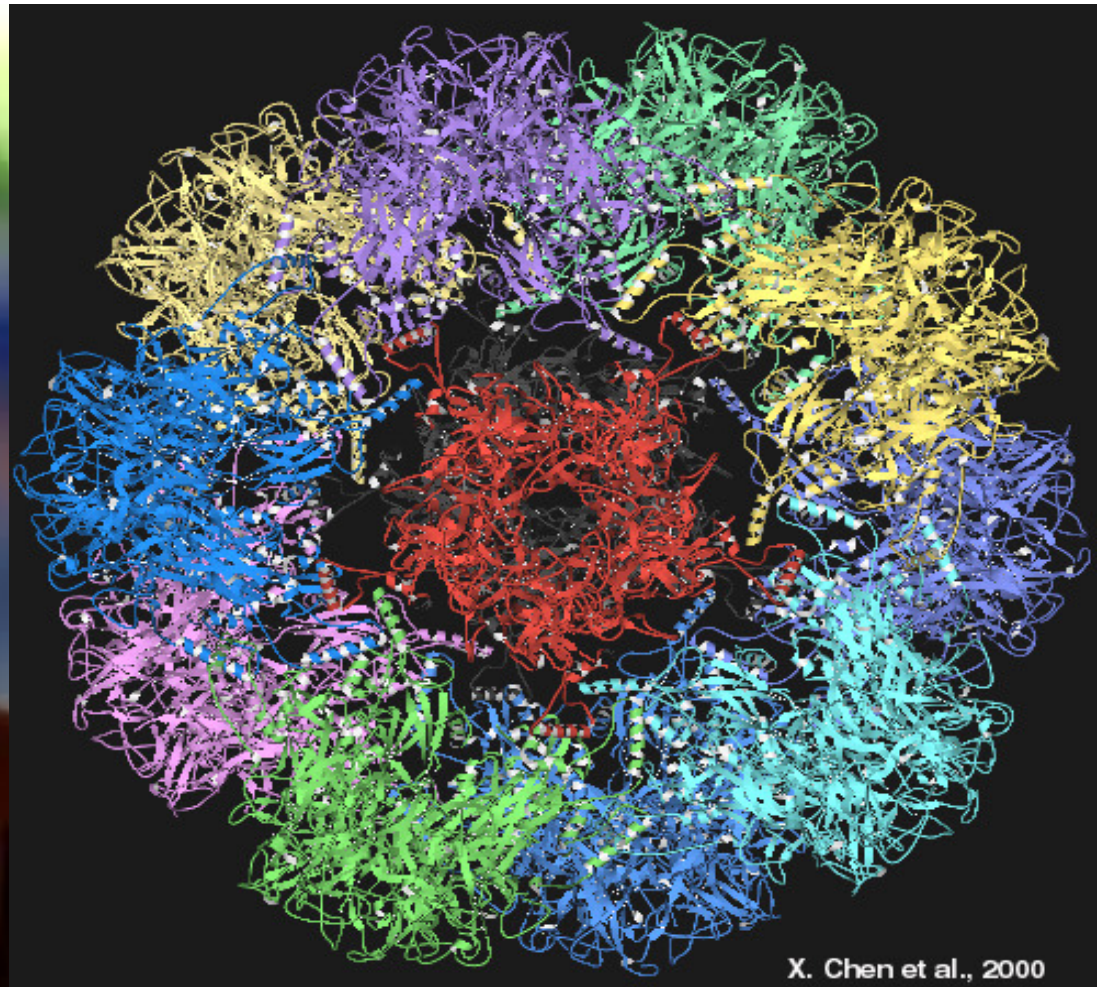
## Original Communications

THE DIAGNOSTIC VALUE OF VAGINAL SMEARS IN  
CARCINOMA OF THE UTERUS\*

GEORGE N. PAPANICOLAOU, M.D., PH.D., AND HERBERT F. TRAUT, M.D.,  
NEW YORK, N. Y.

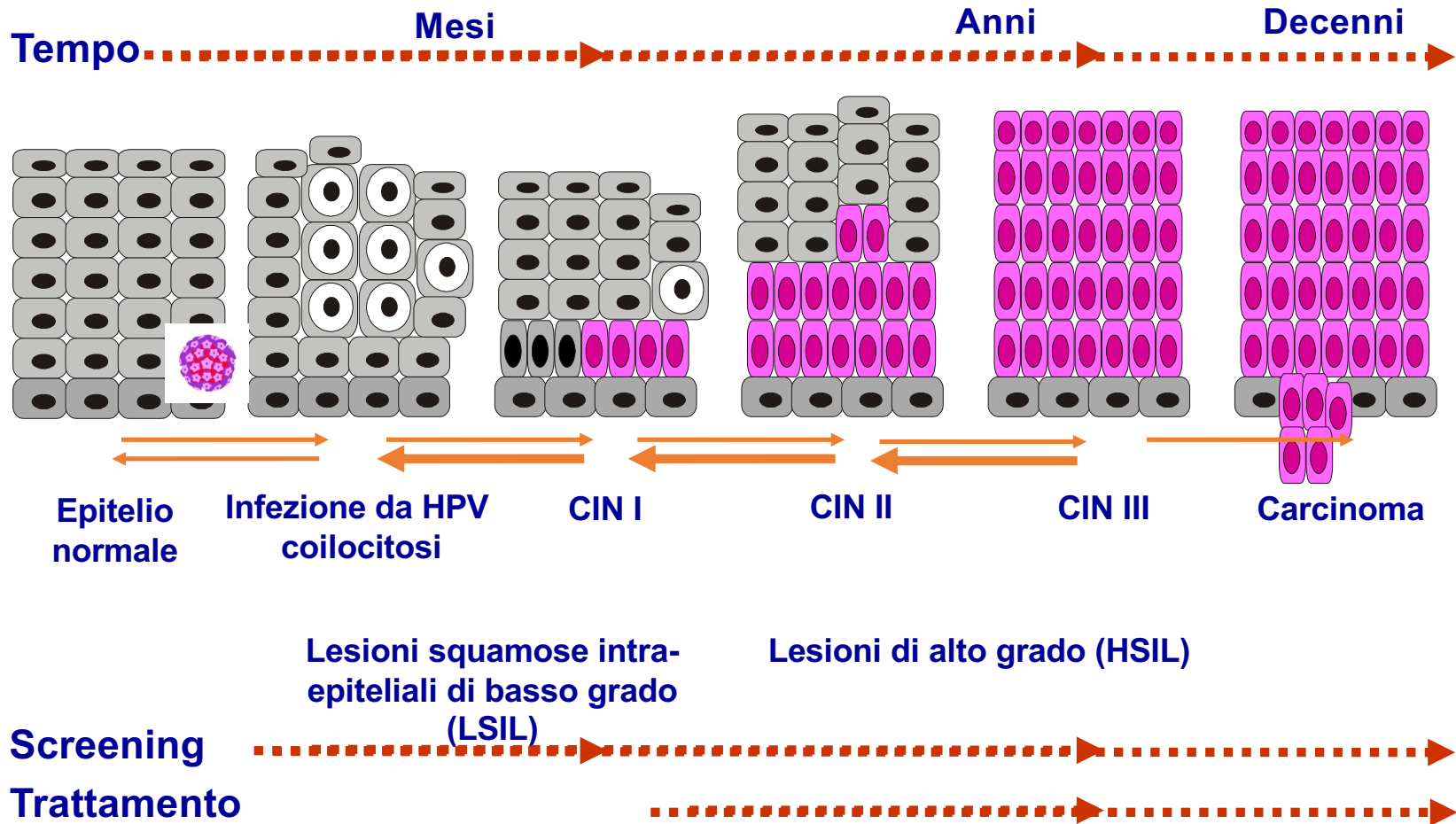
*(From the Departments of Anatomy and of Gynecology and Obstetrics of the  
Cornell University Medical College and the New York Hospital)*



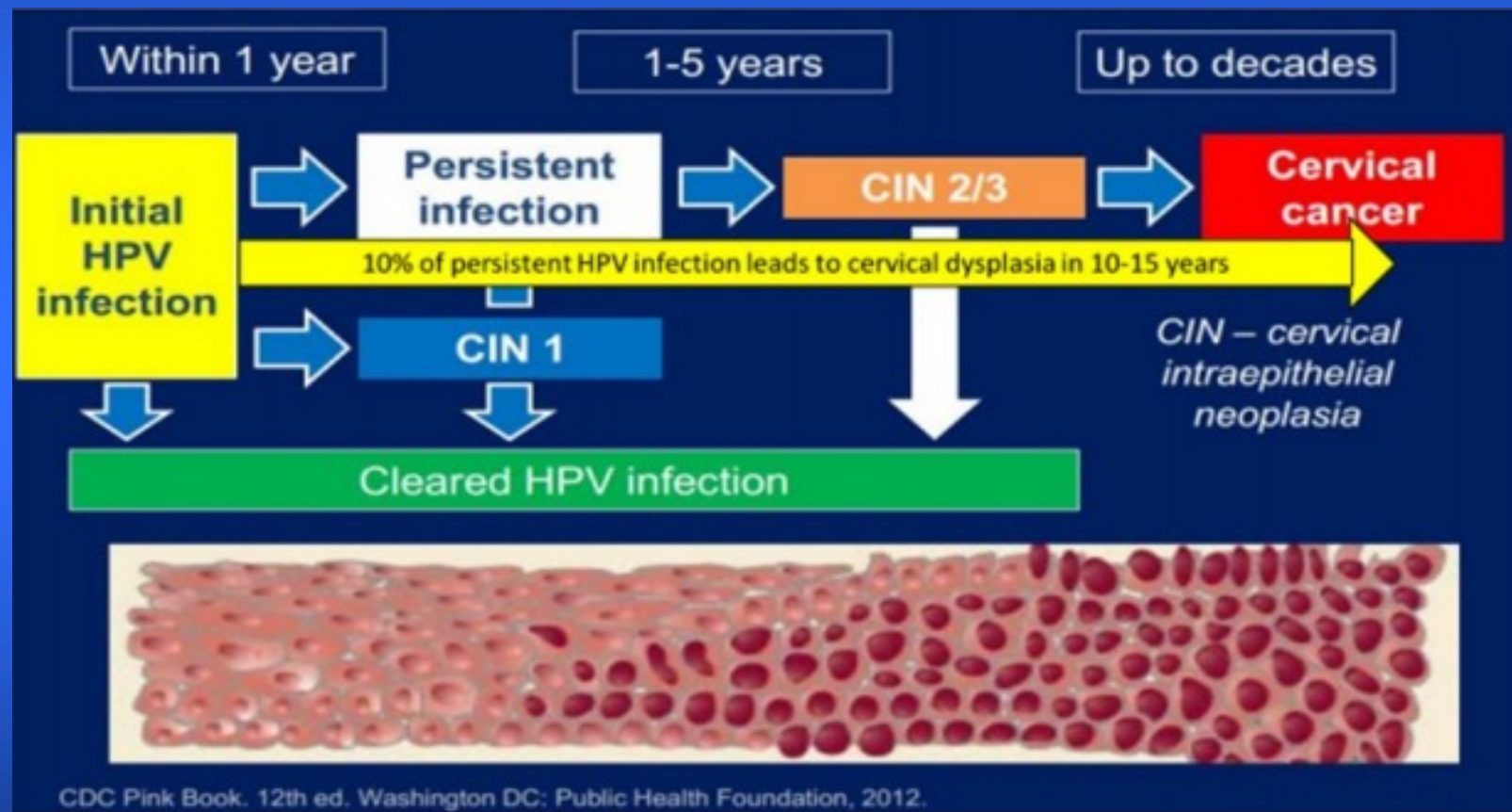


**Harald zur Hausen**

# Progressione della malattia



# NATURAL HISTORY OF HPV INFECTION



# RACCOMANDAZIONI SICPCV 2019

Gestione colposcopica delle lesioni del  
basso tratto genitale

CAPITOLO 2  
Gestione delle lesioni istologiche





## 2. GESTIONE DELLA DONNA CON DIAGNOSI ISTOLOGICA DI HSIL (CIN2-3)

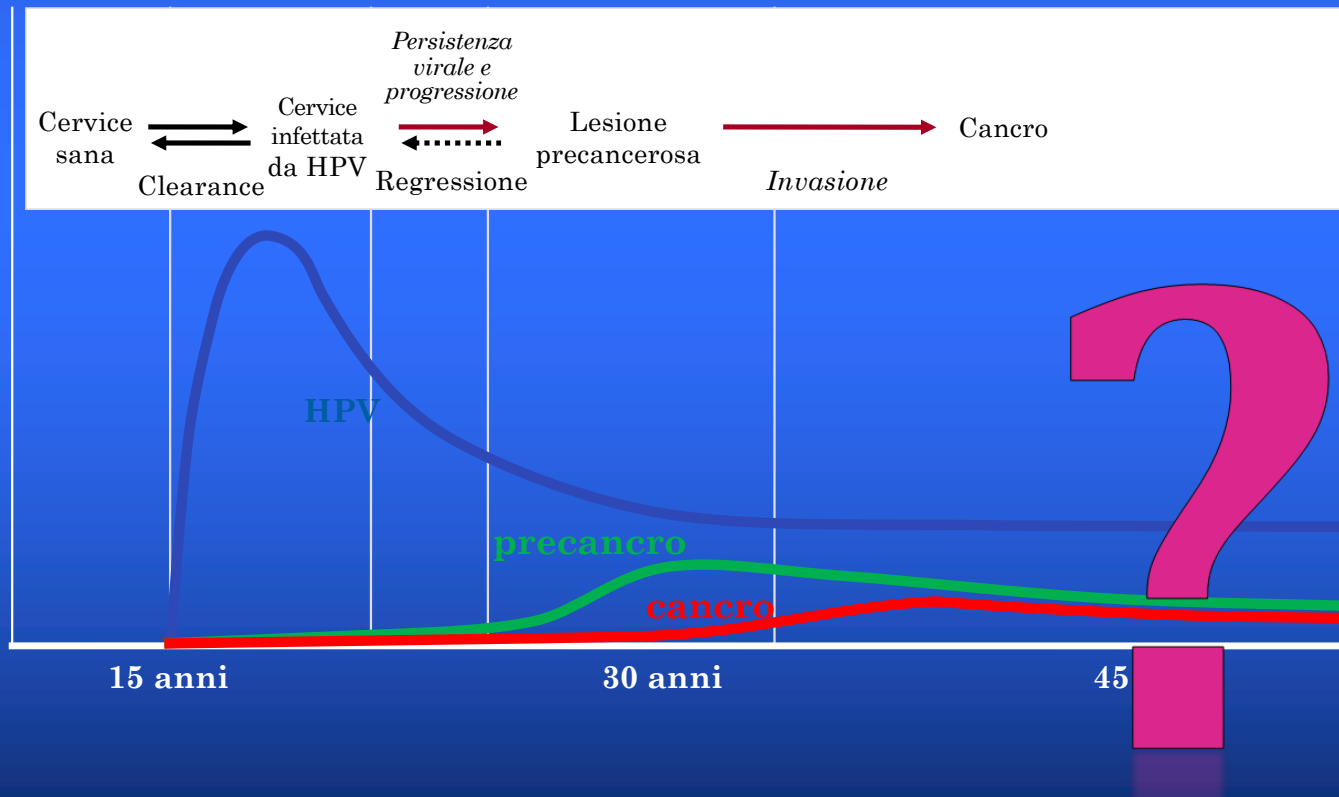
L'obiettivo primario della gestione della paziente con lesione istologica HSIL (CIN2-3) è l'eliminazione di lesioni potenzialmente evolutive e l'identificazione di lesioni invasive occulte presenti in circa il 6-12% dei casi, o francamente invasive (fino al 2% dei casi) (1-4), riducendone la mortalità.

Le pazienti con diagnosi istologica di HSIL (CIN2-3) all'esame biotico devono essere sottoposte a trattamento. La sola osservazione della paziente non è considerata una opzione accettabile (5-6), se non in particolari casi (gravidanza in assenza di sospetto colposcopico di invasione, donne giovani < 25 anni - vedi capitoli dedicati).

RACCOMANDAZIONE	LIVELLO DI EVIDENZA	GRADO DELLA RACCOMANDAZIONE
Il trattamento della HSIL (CIN 2-3) è escissionale e rigorosamente sotto controllo colposcopico per riconoscere la presenza di un eventuale carcinoma invasivo occulto o microinvasivo	<b>2+</b>	<b>C</b>

# STORIA NATURALE DEL CERVICOCARCINOMA

- Prevalenza di infezioni transitorie da HPV
- Prevalenza di lesioni precancerose
- Prevalenza di carcinoma invasivo

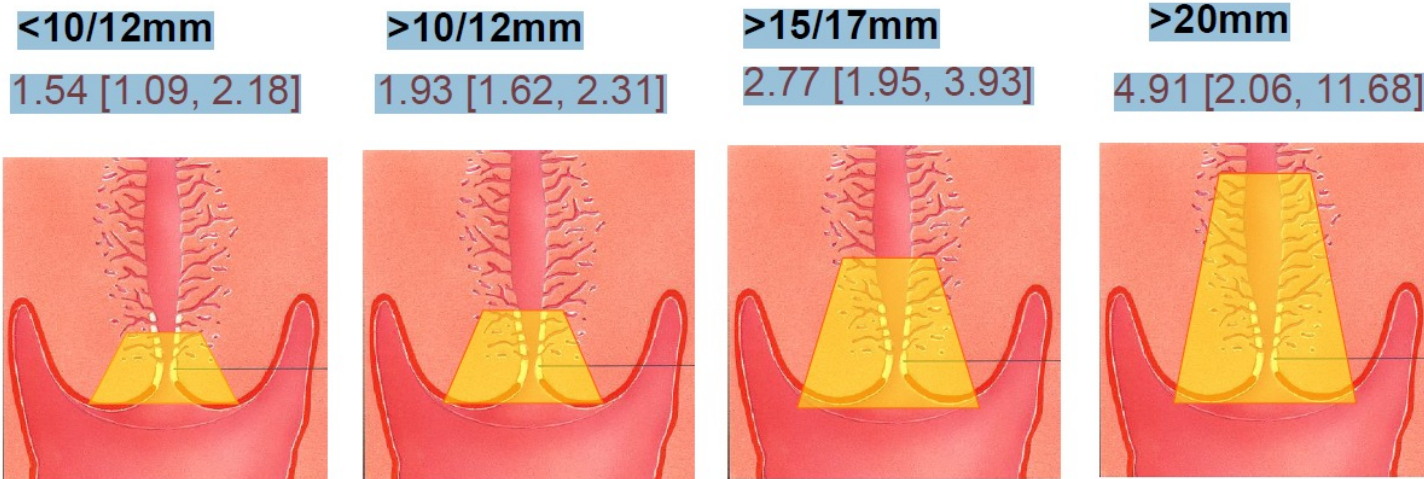


# Adverse obstetric outcomes after local treatment for cervical preinvasive and early invasive disease according to cone depth: systematic review and meta-analysis

BMJ

Maria Kyrgiou,<sup>1,2</sup> Antonios Athanasiou,<sup>3</sup> Maria Paraskevasidi,<sup>1</sup> Anita Mitra,<sup>1,2</sup> Ilkka Kalliala,<sup>1</sup> Pierre Martin-Hirsch,<sup>4,5</sup> Marc Arbyn,<sup>6</sup> Phillip Bennett,<sup>1,2</sup> Evangelos Paraskevasidis<sup>3</sup>

2016



*The treatment effect increased with increasing Tx cone length/volume...*

*Treatment significantly increased the risk of PTB irrespective of the comparison group used ... But the magnitude of effect was different..*

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## Clinical course of untreated cervical intraepithelial neoplasia grade 2 under active surveillance: systematic review and meta-analysis

2018

Karoliina Tainio,<sup>1</sup> Antonios Athanasiou,<sup>2</sup> Kari A O Tikkinen,<sup>3</sup> Riikka Aaltonen,<sup>4</sup>  
Jovita Cárdenas Hernández,<sup>5</sup> Sivan Glazer-Livson,<sup>1</sup> Maija Jakobsson,<sup>1</sup> Kirsi Joronen,<sup>4</sup>  
Mari Kiviharju,<sup>1</sup> Karolina Louvanto,<sup>1,6</sup> Sanna Oksjoki,<sup>4</sup> Riikka Tähtinen,<sup>7</sup> Seppo Virtanen,<sup>1</sup>  
Pekka Nieminen,<sup>1</sup> Maria Kyrgiou,<sup>8,9</sup> Ilkka Kalliala<sup>1,8</sup>

- **RATIONAL:**
- Conservative management of CIN 1/LSIL and treatment of CIN 3 are widely accepted
- CIN 2 remains a somewhat equivocal diagnosis as some treatment guidelines advocate active surveillance for young women instead of immediate treatment<sup>1</sup>
  - Many studies have shown high rates of regression for CIN 2

<sup>1</sup>Massad, 2012 ASCCP guidelines; <sup>2</sup>Moscicki 2010; <sup>3</sup>Fuchs 2012

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# Clinical course of untreated cervical intraepithelial neoplasia grade 2 under active surveillance: systematic review and meta-analysis

Karoliina Tainio,<sup>1</sup> Antonios Athanasiou,<sup>2</sup> Kari A O Tikkinen,<sup>3</sup> Riikka Aaltonen,<sup>4</sup>  
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Pekka Nieminen,<sup>1</sup> Maria Kyrgiou,<sup>8,9</sup> Ilkka Kalliala<sup>1,8</sup>

## Aim

- To estimate the rates of:
  - regression
  - persistence
  - progression
  - compliance with follow-up
- in women with CIN 2 managed with active surveillance.

# Results

- **36 studies** with a total of **3160 women**
  - 7 RCTs with suitable data in the non-experimental arm
  - 16 prospective cohorts
  - 13 retrospective cohorts
- Mean follow-up 16 months (range 3-72 months)
- Largest study 924 women, smallest 12
  - 81% of studies with less than 100 patients
- 7/36 studies included only women under the age of 25
- 18/36 studies (50%) low risk of bias

# Results

## Main analysis

	6 months			12 months			24 months		
	Regression	Persistence	Progression	Regression	Persistence	Progression	Regression	Persistence	Progression
N of studies n/N <sup>1</sup>	7 139/328	5 96/278	5 42/278	13 300/628	9 110/414	13 131/834	11 819/1470	8 334/1257	9 282/1445
Summary % (95%CI; I <sup>2</sup> ) <sup>2</sup>	52 (36 to 68; 85)	34 (29 to 40; 0)	13 (8 to 20; 42)	46 (36 to 56; 81)	29 (17 to 43; 85)	14 (9 to 20; 75)	50 (43 to 57; 77)	32 (23 to 42; 82)	18 (11 to 27; 90)

# Results

## ≤30-year-olds

	6 months			12 months			24 months		
	Regression	Persistence	Progression	Regression	Persistence	Progression	Regression	Persistence	Progression
N of studies n/N	3 63/205	3 74/205	3 37/205	6 182/349	5 63/254	6 47/349	4 638/1069	2 226/938	3 163/1033
Summary % (95%CI; I <sup>2</sup> )	38 (21-57; 76)	36 (29-43; 0)	18 (12-23; 0)	51 (40-63; 71)	31 (15-49; 82)	9 (2-20; 84)	60 (57-63; 0)	23 (20-26; 97)	11 (5-19; 67)

- >30-year-olds at 24 months
  - Regression 44% (95% CI 36-52; I<sup>2</sup> 61%); 7 studies, 181/401
  - Persistence 35% (95% CI 23-49; I<sup>2</sup> 83%); 6 studies, 108/319
  - Progression 23% (95% CI 12-37; I<sup>2</sup> 89%); 6 studies, 119/412



# Conclusions

- Active surveillance of CIN 2 is justified in selected women, particularly if they are young, planning pregnancies, and the likelihood of compliance with surveillance is high
  - Multidisciplinary assessment advised when considering an active surveillance strategy
- In cases of persistent disease beyond 2 years, treatment is likely to be warranted

# Conclusions

- There appears to be a marked difference in CIN 2 and CIN 3 natural histories
  - Classification as histological HSIL can lead to overtreatment
- Biomarkers with predictive potential?

## The Natural History of Cervical Intraepithelial Neoplasia Grades 1, 2, and 3: A Systematic Review and Meta-analysis

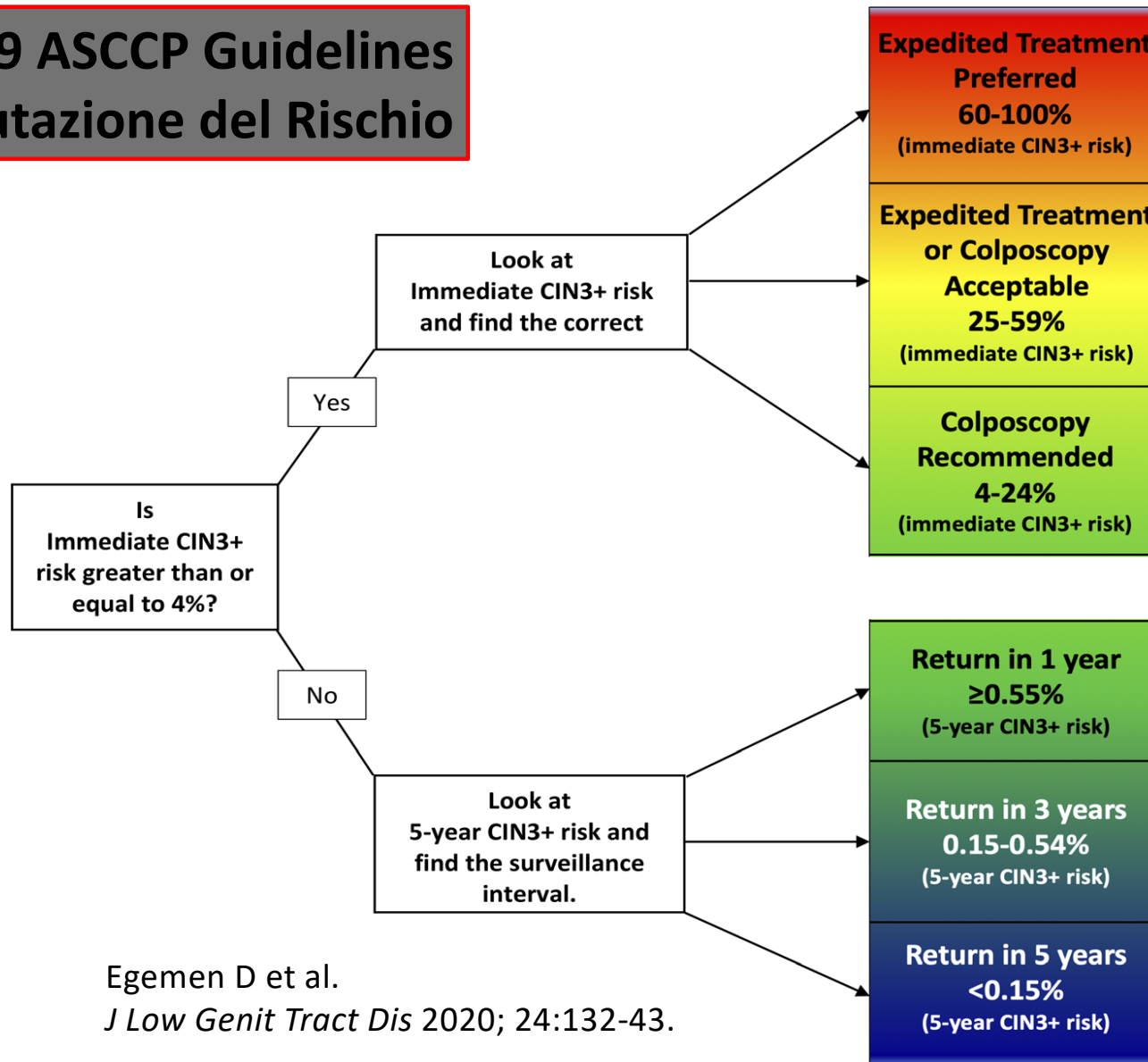
*Diede L. Loopik, MD, PhD,<sup>1</sup> Heidi A. Bentley, MD,<sup>2</sup> Maria N. Eijgenraam, MsC,<sup>1</sup> Joanna IntHout, PhD,<sup>3</sup> Ruud L. M. Bekkers, MD, PhD,<sup>4,5</sup> and James R. Bentley, MB, ChB, FRCSC<sup>6</sup>*

### Aim

To obtain an updated overview of regression, persistence, and progression rates of conservatively managed cervical intraepithelial neoplasia grade 1 (CIN 1) /CIN 2/CIN 3 measures.

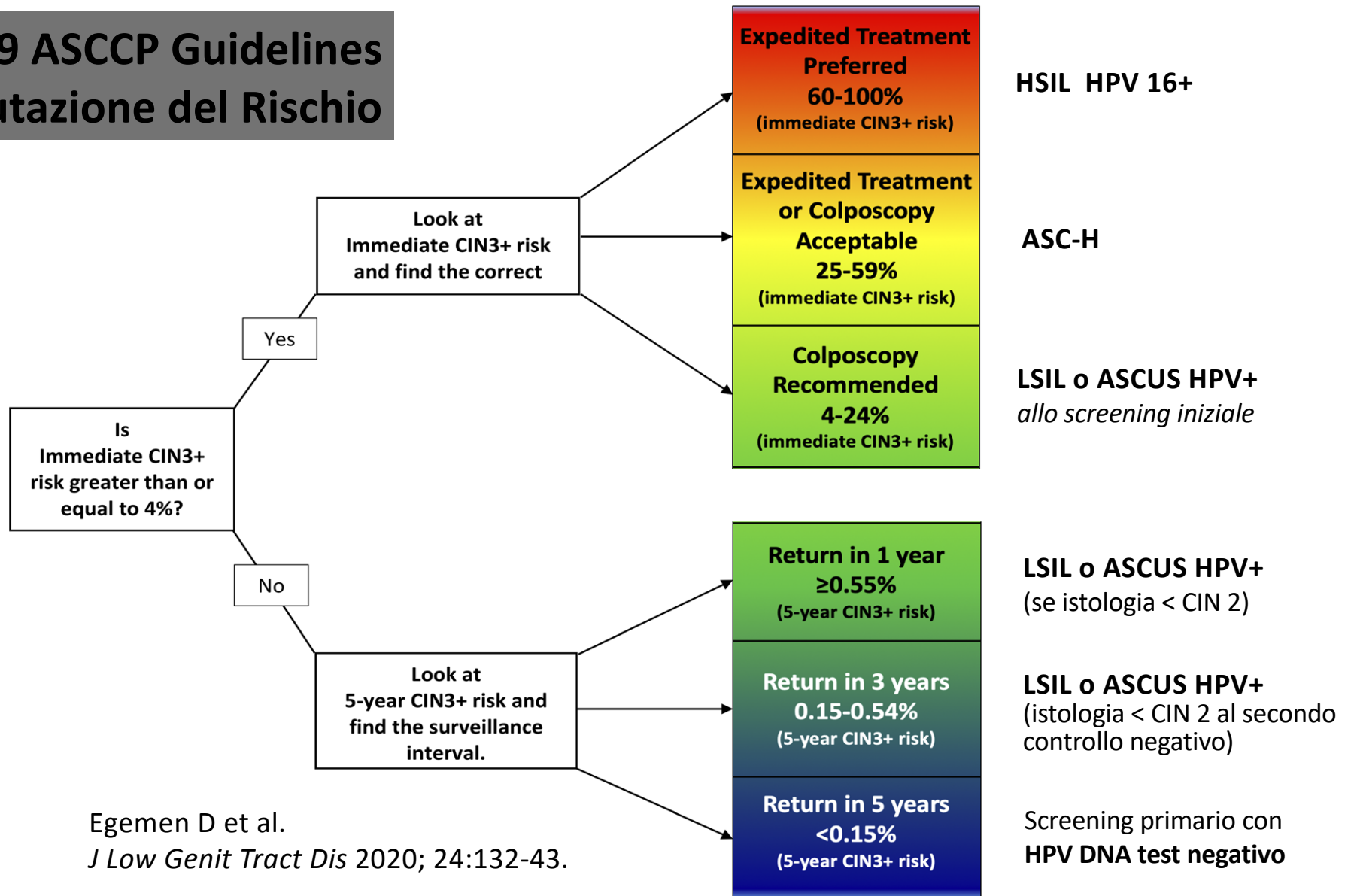
- **89 studies** were included:
  - 63 studies on CIN 1 (n = 6,080–8,767)
  - 42 on CIN 2 (n = 2,909–3,830)
  - 7 on CIN 3 (n = 245–351)

# 2019 ASCCP Guidelines Valutazione del Rischio



Egemen D et al.  
*J Low Genit Tract Dis* 2020; 24:132-43.

# 2019 ASCCP Guidelines Valutazione del Rischio



Egemen D et al.  
*J Low Genit Tract Dis* 2020; 24:132-43.

## Con la genotipizzazione estesa si identificano tre gruppi di rischio per lesioni $\geq$ CIN 3



***Stesso rischio = Stesso trattamento***

Egemen D et al. Risk Estimates Supporting the 2019 ASCCP Risk-Based Management Consensus Guidelines. *J Low Genit Tract Dis* 2020; 24(2):132-143.

# TRATTAMENTI

- ABLAZIONE
- ESCISSIONE
- OSSERVAZIONE

Treatment

Overtreatment



*TRATTAMENTO DELLA CIN*



*TRATTAMENTO DELLA DONNA AFFETTA DA CIN*

# TERAPIA DELLA CIN

- < 25 anni
- > 50 anni
- in gravidanza
- nella donna immunodepressa

# Types of intervention

- 1) Laser Ablation
- 2) Laser Conisation
- 3) LLETZ
- 4) Knife Conisation
- 5) Cryotherapy

# Conclusions

## Implications for practice

The evidence from the 28 RCTs identified suggests that there is no overwhelming superior surgical technique for eradicating cervical intraepithelial neoplasia.

**CRYOTHERAPY** appears to be an effective treatment of **LOW GRADE** disease but not of high grade disease

# Characteristics and Morbidity

- 1) Duration of treatment
- 2) Peri-operative severe pain
- 3) Peri-operative severe bleeding, primary and secondary haemorrhage
- 4) Depth and presence of thermal artifact
- 5) Adequate colposcopy at follow-up
- 6) Cervical stenosis at follow-up

# Laser Ablation

Laser Ablation appears to cause more peri-operative severe pain and perhaps more primary and secondary haemorrhage compared to Loop Excision

# Laser Conisation

Laser Conisation takes longer to perform, requires  
grater operative training, more expensive  
investment in equipment, produces more peri-  
operative pain, greater depth and severe thermal  
artefact than Loop Excision

***TERAPIA ESCISSORIALE NEL  
TRATTAMENTO DELLA CIN***



**ESAME ISTOLOGICO SU TUTTA LA LESIONE**



**DIAGNOSI**

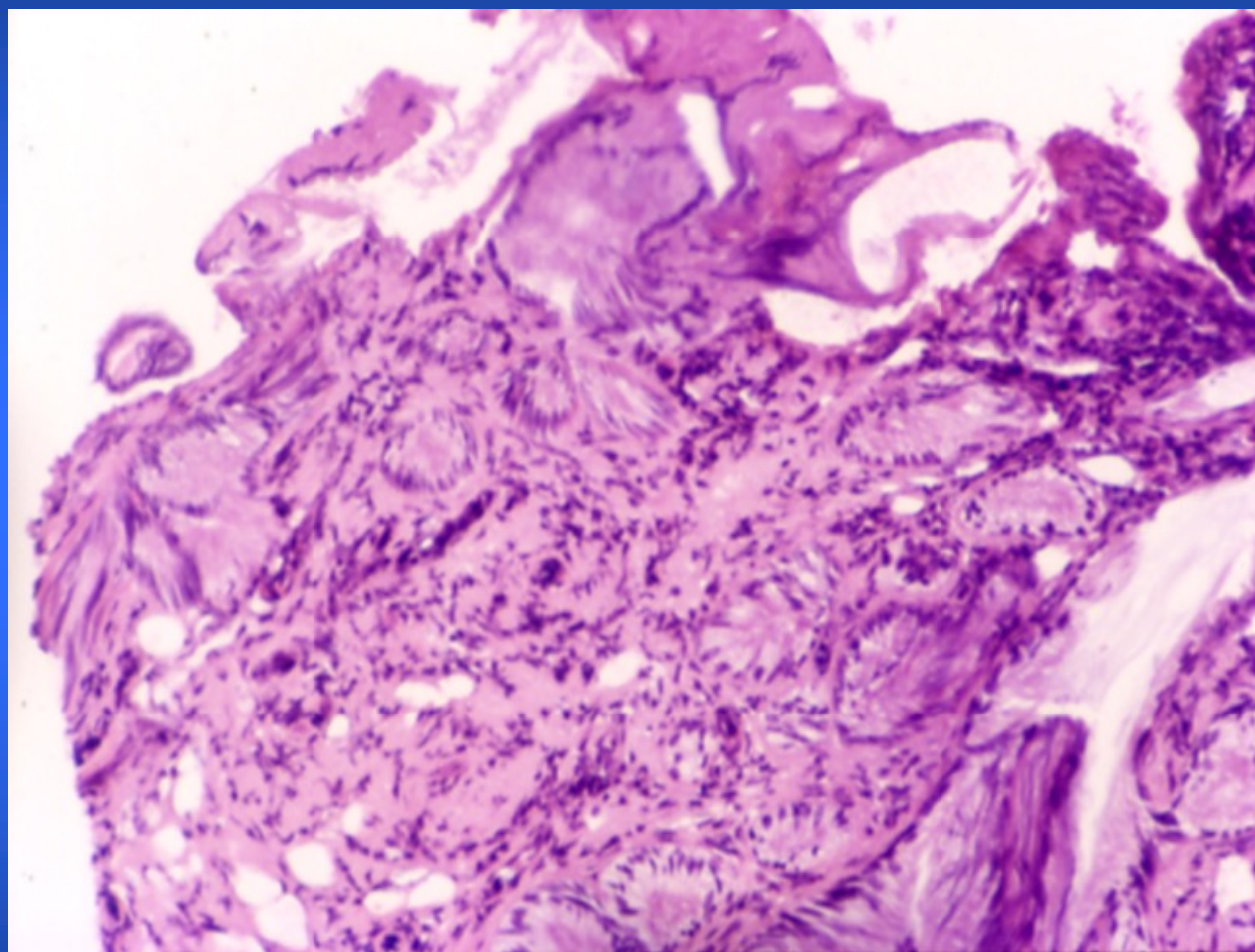


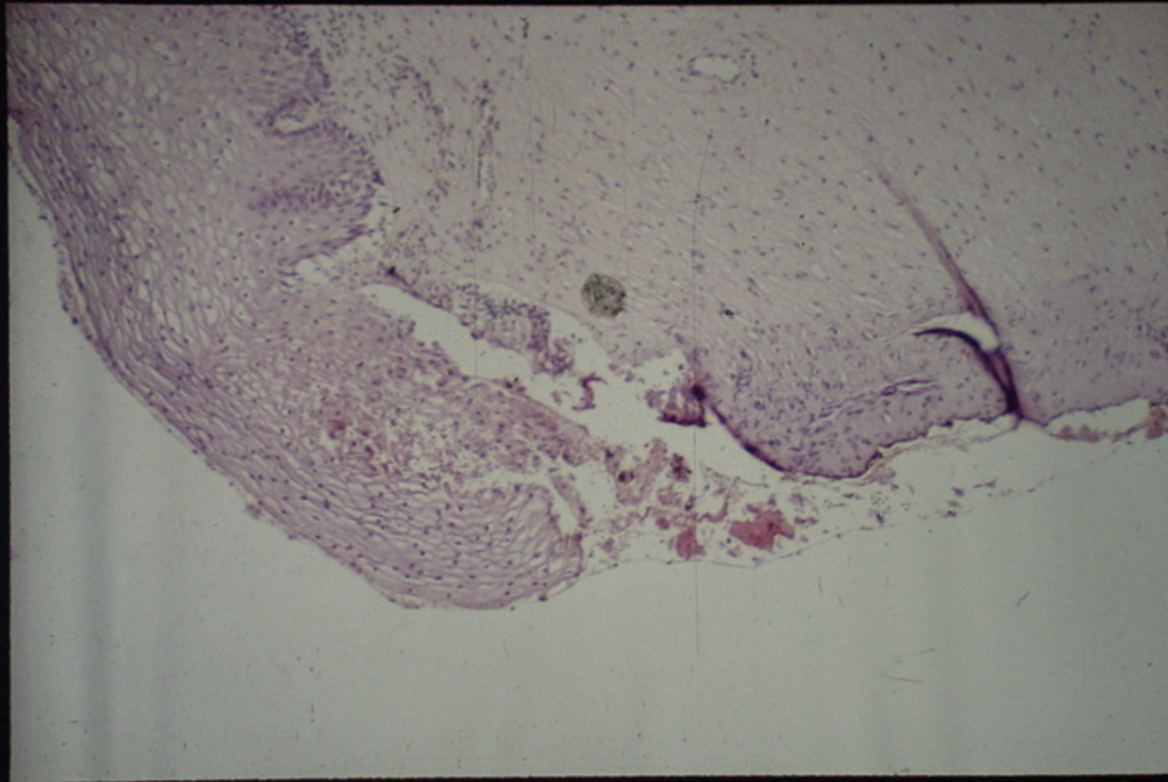
## ***METODICHE ESCISSIONALI***

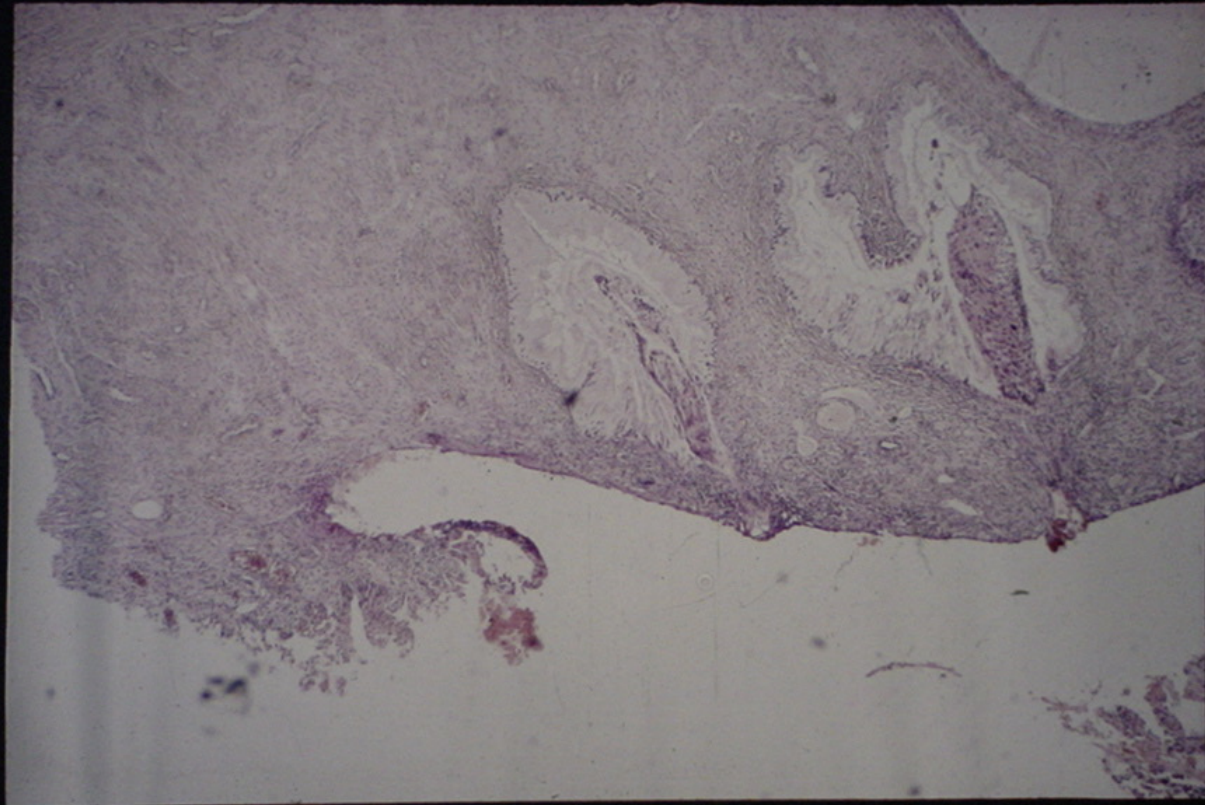
- **CONIZZAZIONE A “LAMA FREDDA”**
- **CONIZZAZIONE LASER**
- **CONIZZAZIONE A RADIOFREQUENZA**
- **ESCISSIONE A RADIOFREQUENZA**

## ***TECNICA ESCISSORIALE***

- **Tecnica ambulatoriale**
- **Intervento mirato**
- **Tempi di guarigione rapidi**
- **Buoni esiti anatomo - funzionali**
- **Ottima compliance**







**.... Vi sono molti motivi per preferire metodi  
escissionali anziché distruttivi nel trattamento  
della CIN e per usare l'Ansa diatermica anziché  
il Laser....**

*M. Anderson, 1993*

*(TRATTAMENTI ESCISSIONALI NEL BASSO TRATTO GENITALE,*

*W. Prendiville)*

# RISULTATI DEL TRATTAMENTO

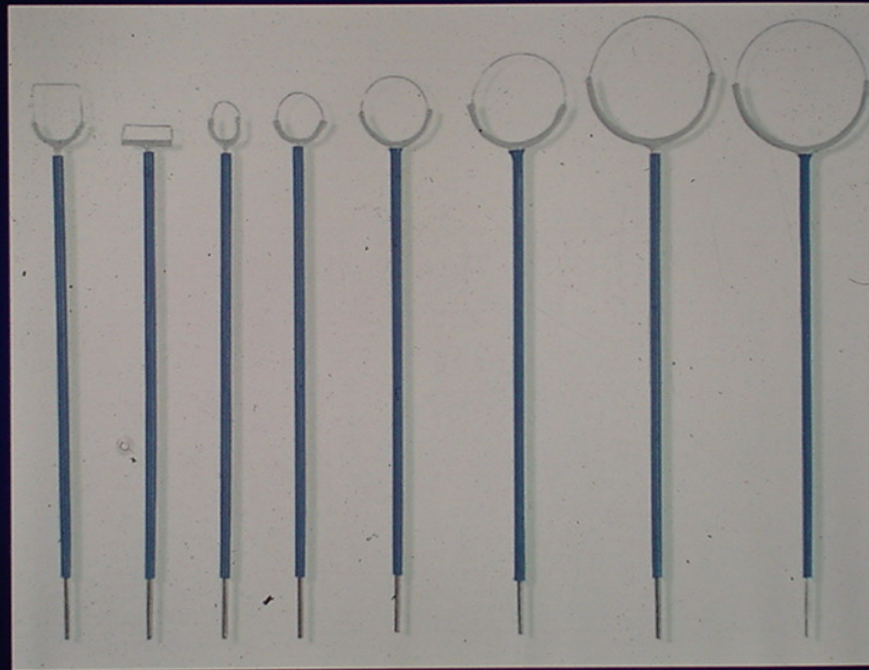
Grado CIN	N° casi	Guarigione	Persistenza	Neoplasia
I	702	660 (94%)	42 (6%)	1 Adenoca i.m.
II	778	735 (94,5%)	44 (5,5%)	1 Adenoca i.m
III	520	488 (94%)	31 (6%)	30 Microinv. 4 Adenoca i.m. 4 Adenoca inv.
<b>TOTALE</b>	<b>2000</b>	<b>1883 (94,3%)</b>	<b>117 (5,7%)</b>	<b>40</b>

# **CARATTERISTICHE ISTOLOGICHE DEI CAMPIONI ESAMINATI**

<b>Lunghezza media</b>	<b>16 mm</b>
<b>Percentuale di casi con endocervice interessata</b>	<b>80%</b>
<b>Interessamento endocervicale medio</b>	<b>5,5 mm</b>
<b>Distanza media della displasia dal margine di resezione</b>	<b>2 mm</b>



# Anse





# *RADIOFREQUENZA*

**ESCISSIONE**

**COAGULAZIONE**

**VAPORIZZAZIONE**

# Microinvasive cervical carcinoma: FIGO Stage IA

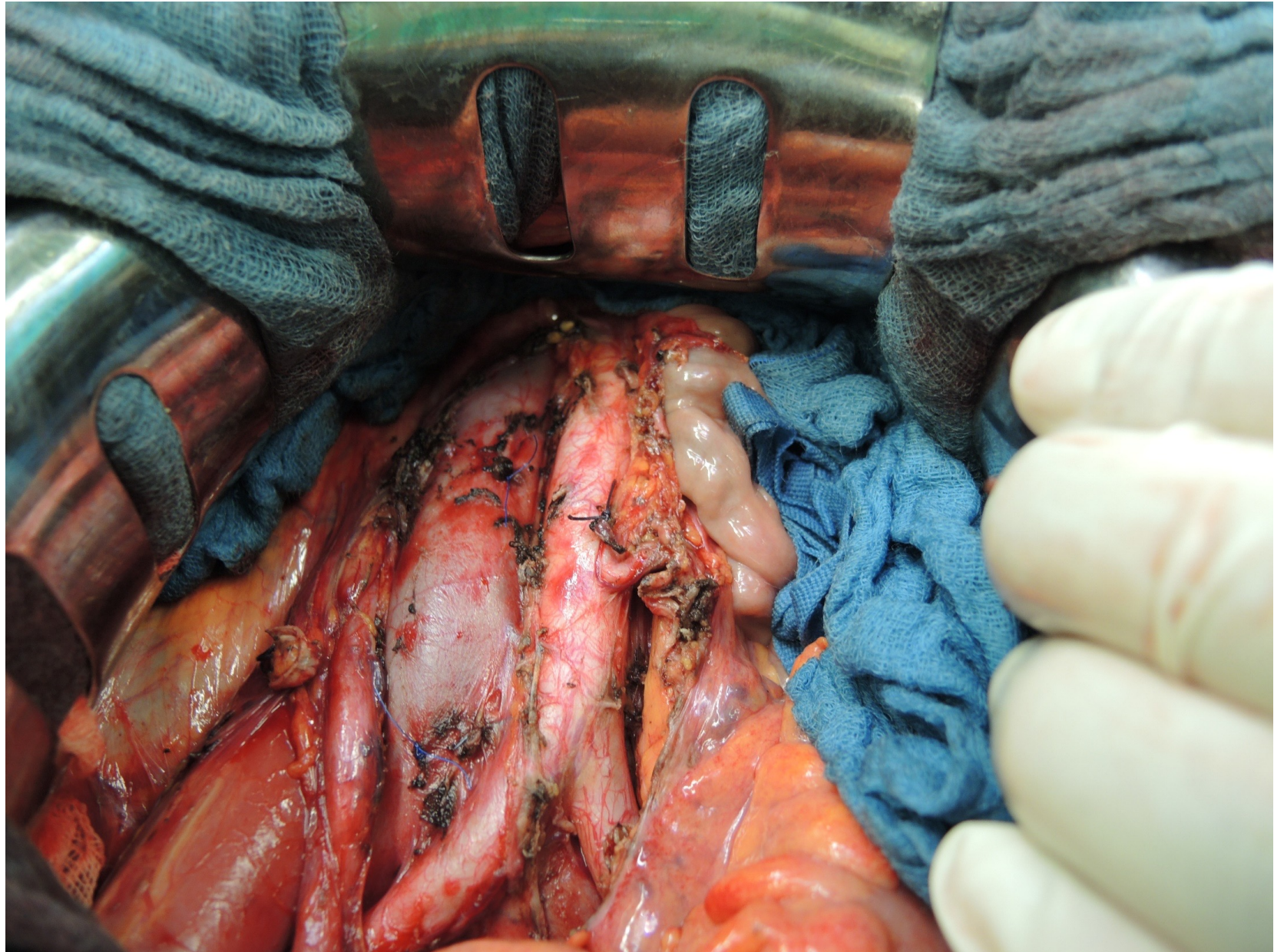
## • Stage IA1

- Conization can be considered a definitive treatment as hysterectomy does not improve the outcome
- Lymph node staging is not indicated in LVSI-negative patients, but can be considered in T1a1 LVSI-positive patients.

## Stage IA2

- Conization alone or simple hysterectomy.
- Lymph node staging should be performed in LVSI-positive patients.

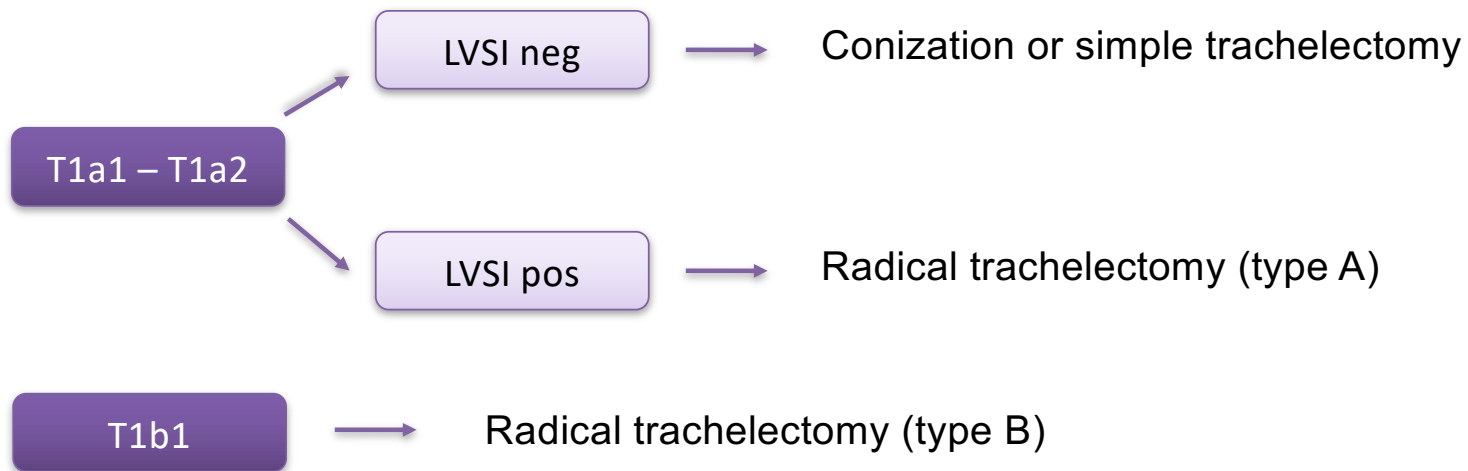
Sentinel lymph node biopsy alone (without additional pelvic lymph node dissection) appears to be an acceptable method of LN staging.





# Fertility sparing treatment

- Squamous cell carcinoma or usual-type (HPV-related) adenocarcinoma
- Tumor size  $\leq 2$  cm
- Negative pelvic lymph node status (lymph node staging should always be the first step)



Routine hysterectomy after finishing fertility plans is not necessary.

## Rischio di Carcinoma cervicale e Carcinomi HPV correlati in 20 anni di follow-up post trattamento di CIN 1-2-3

Rischio a lungo termine !

Sede del Carcinoma successivo	Rischio Assoluto	Rischio Relativo Rispetto alla Popolazione
Cervice	39 su 100.000	3 volte
Vagina		10.8 volte
Vulva		3.34 volte
Ano		5.11 volte



# Ipotesi per i carcinomi a lungo termine , nel post trattamento HSIL

2021

## Casi

9 Carcinomi stadio da 1A1-IIIb

Insorti tra il 1997 e il 2020

Dopo 7-17 anni di Follow-up

Esclusi se comparsi nei primi < 2 anni , terapie ablativo, no follow-up

Margini **negativi**

Follow-up citologico e colposcopico **negativi**

## Raccomandazione:

Limitare la cauterizzazione al minimo indispensabile e solo per eliminare le cripte residue

Follow-up accurato soprattutto per coni con cripte positive anche se margini negativi



Full length article

Invasive cervical cancer following treatment of pre-invasive lesions:  
A potential theory based on a small case series



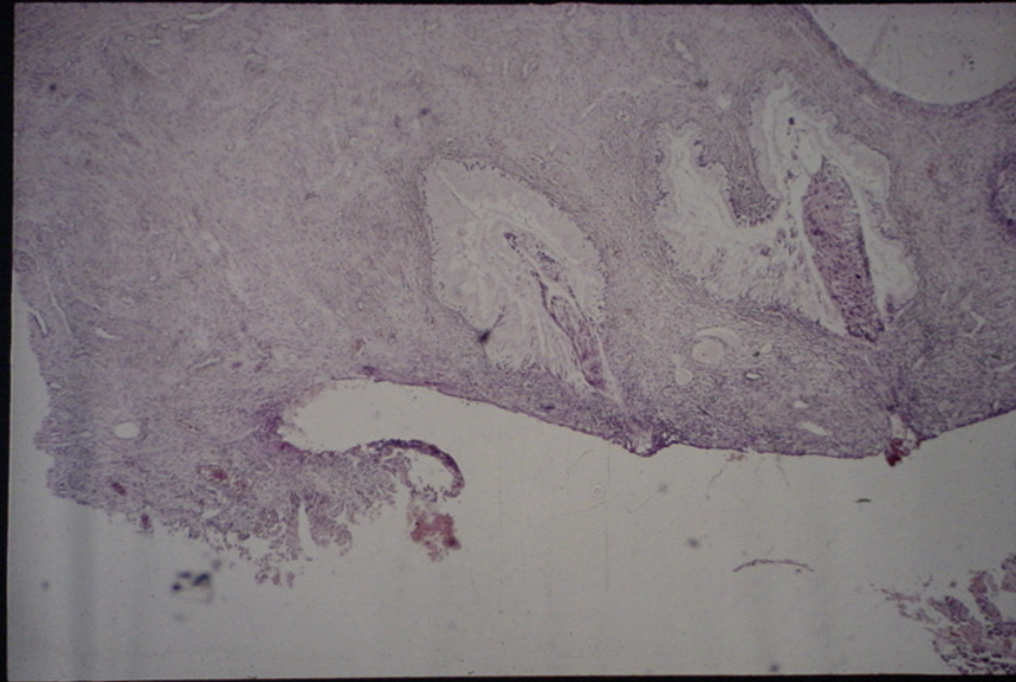
Evangelos Paraskevaidis <sup>a,\*</sup>, Antonios Athanasiou <sup>b</sup>, Ilkka Kalliala <sup>b,c</sup>, Anna Batistatou <sup>d</sup>,  
Maria Paraskevaidi <sup>b,e</sup>, Eviropidis Bilirakis <sup>f</sup>, Maria Nasioutziki <sup>g</sup>, Minas Paschopoulos <sup>a</sup>, Deirdre Lyons <sup>h</sup>,  
Marc Arbyn <sup>i</sup>, Margaret Cruickshank <sup>j</sup>, Pierre Martin-Hirsch <sup>k</sup>, Maria Kyrgiou <sup>b</sup>

## «Teoria della cripta»

E' probabile che il cancro derivi dal processo di carcinogenesi di precursori non rimossi e rimasti *intrappolati nelle cripte*, nascosti dalla placca termica e poi dalla metaplasia.

La citologia e la colposcopia non possono rilevarli.

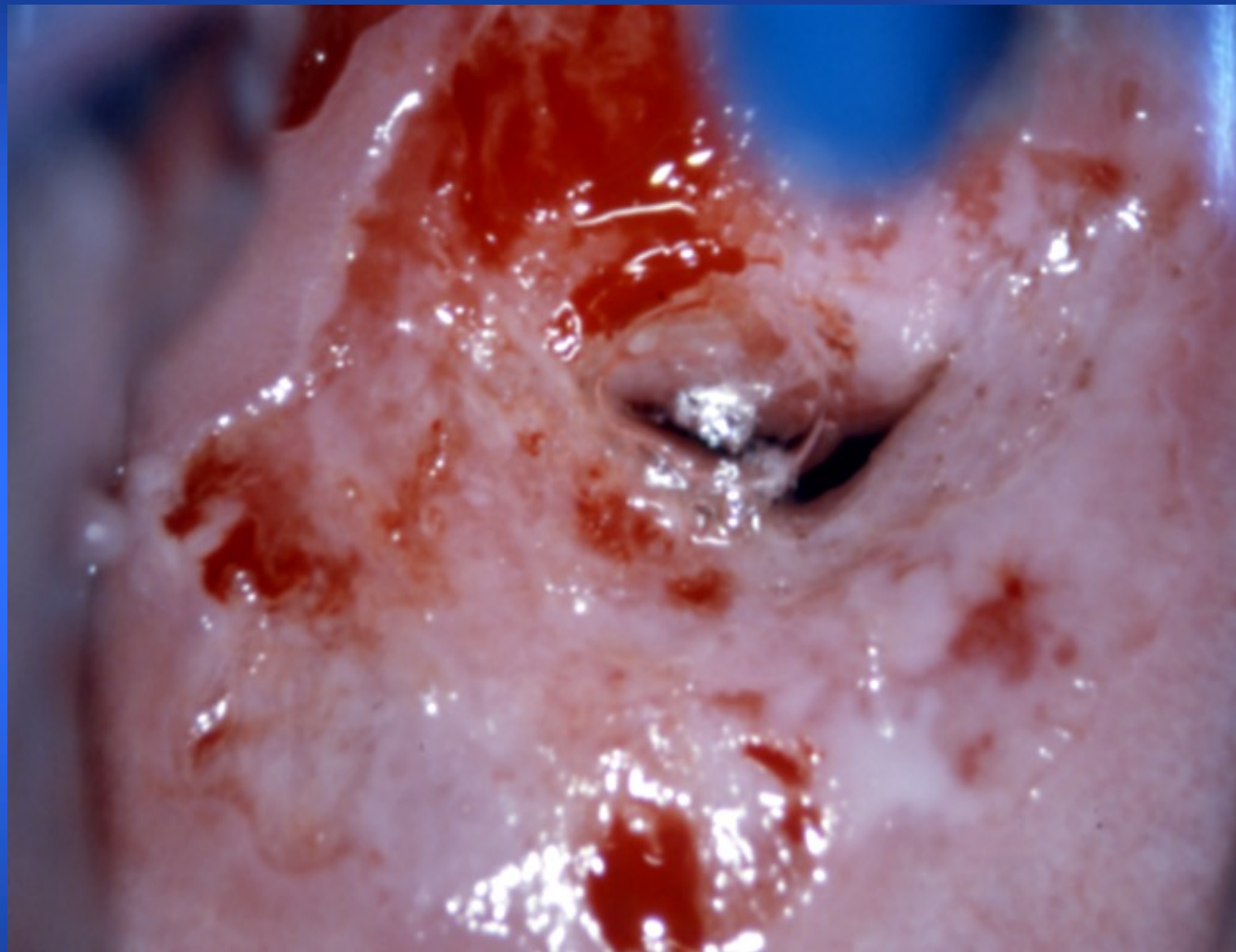
L'ipotesi di nuovi HPV è meno probabile perché si dovrebbe rilevare prima la CIN



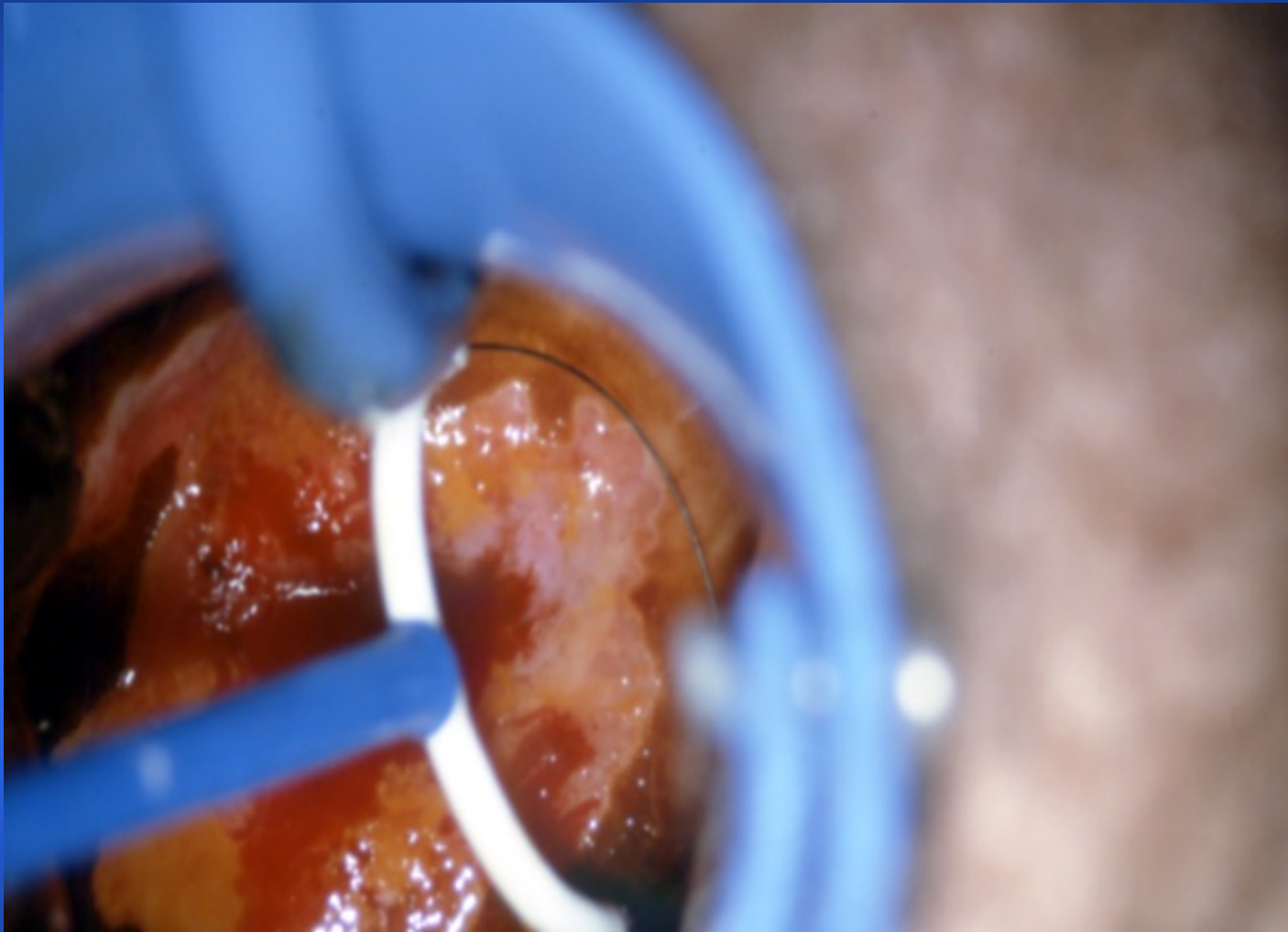
“

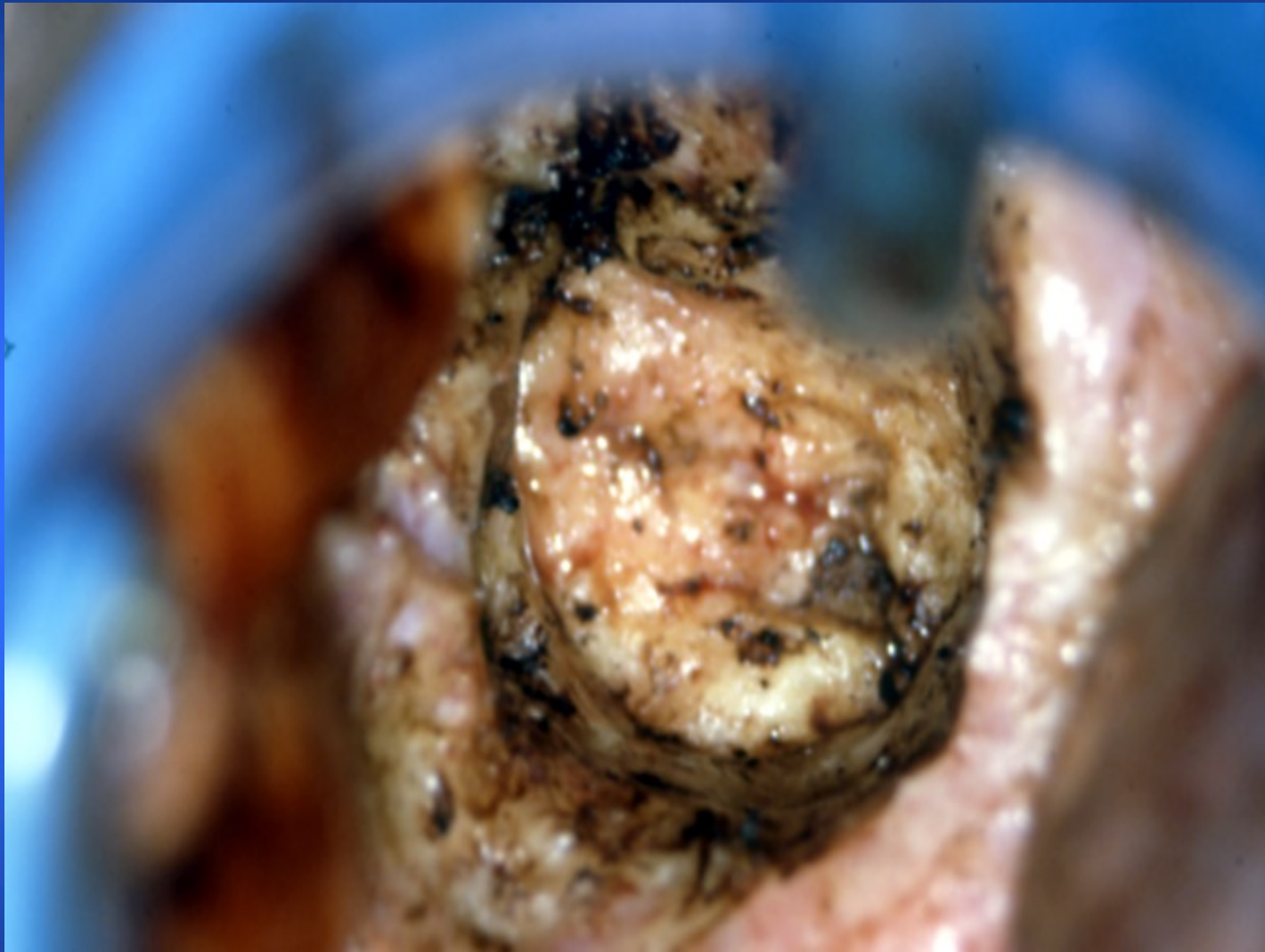
Le donne trattate per lesione di alto grado HSIL (CIN2-3) necessitano di **sorveglianza dopo il trattamento** perché sono a maggior rischio di ricorrenza e di carcinoma.

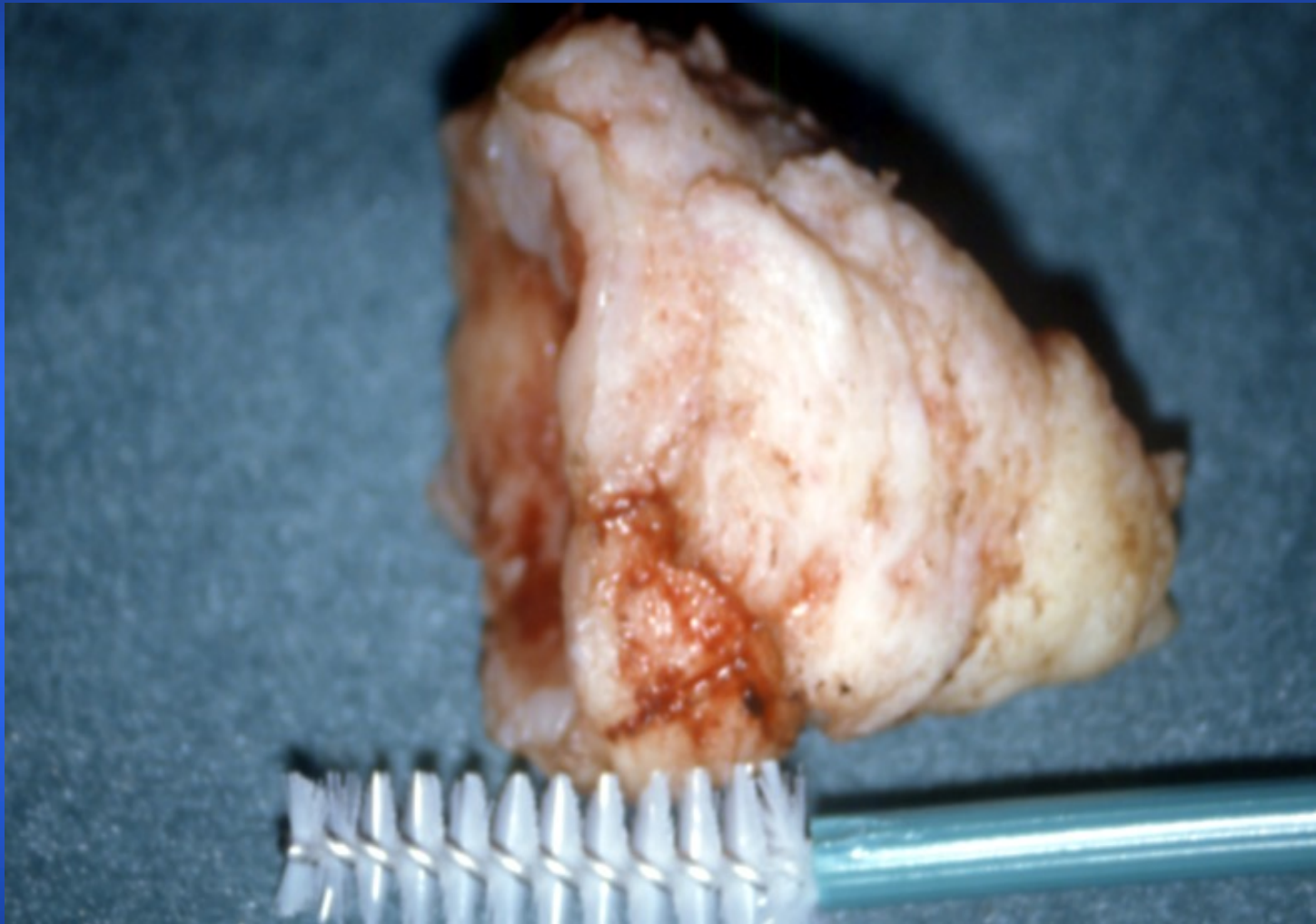
Il rischio rimane a breve e a lungo termine “





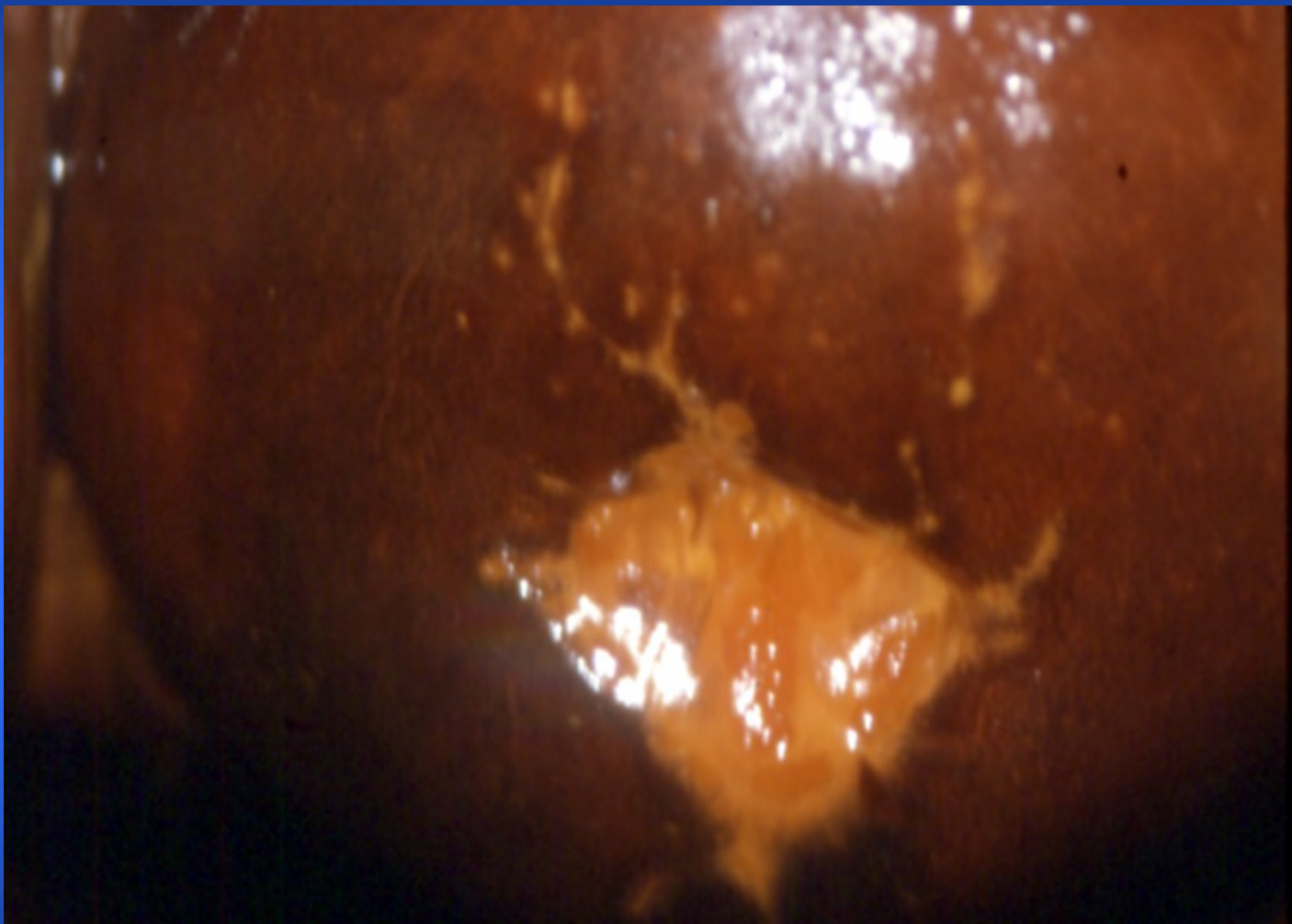






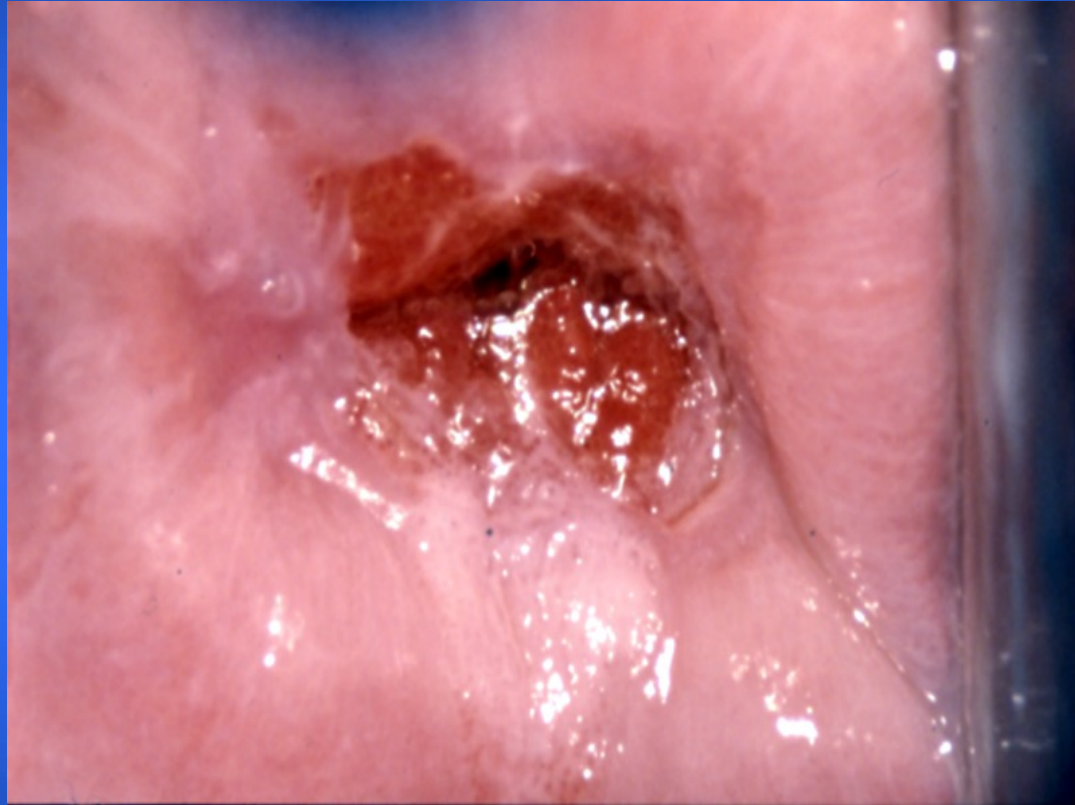


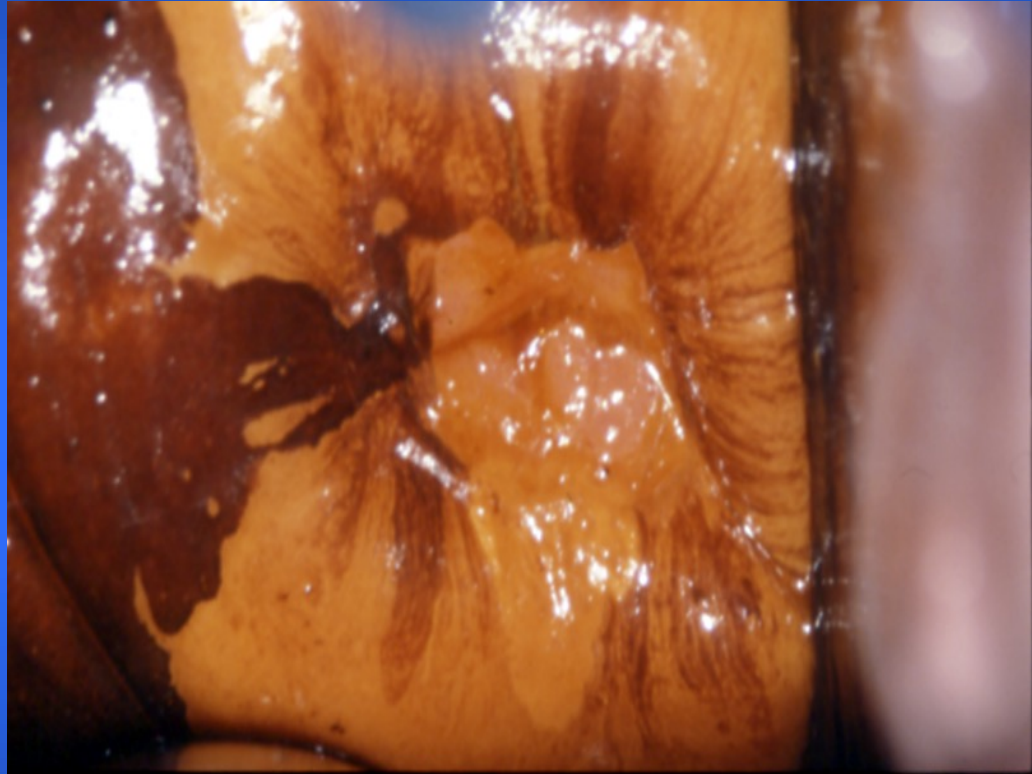


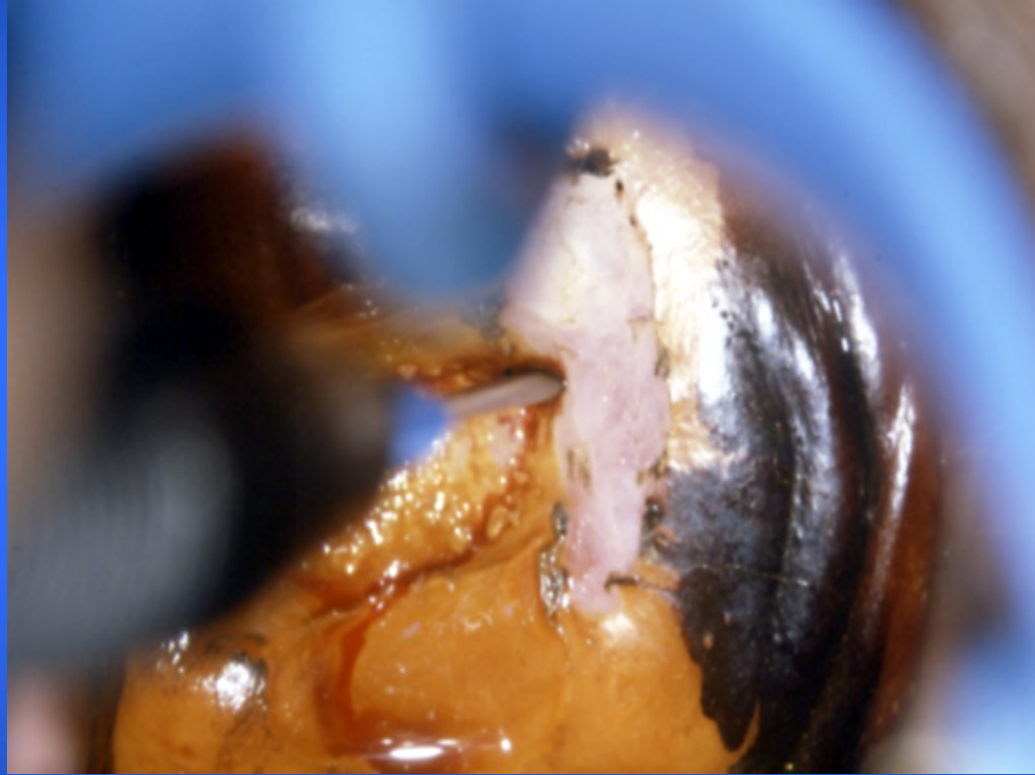


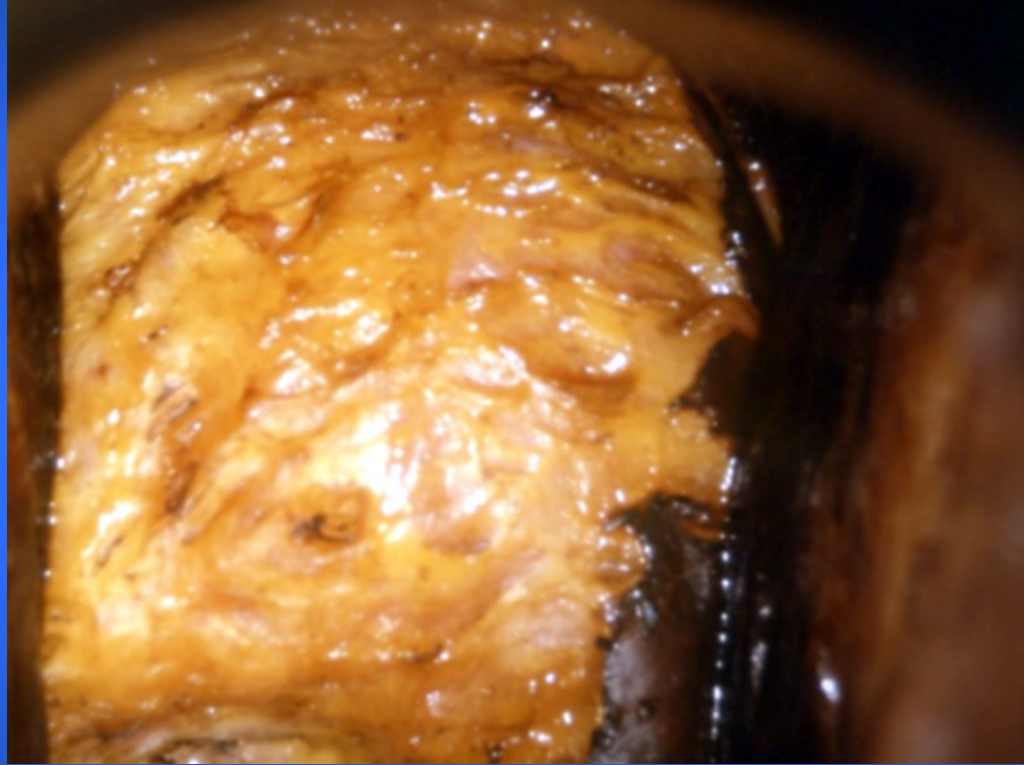










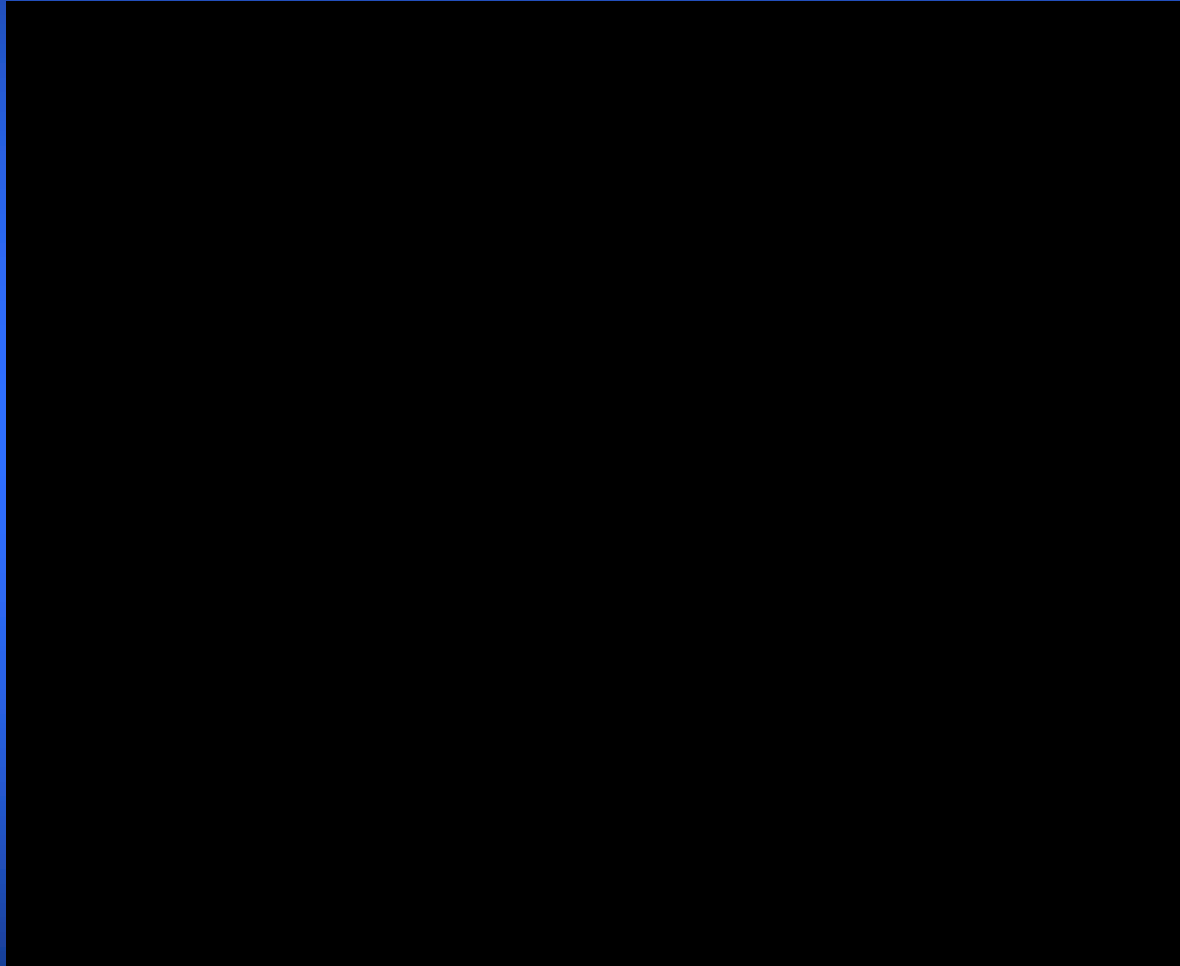




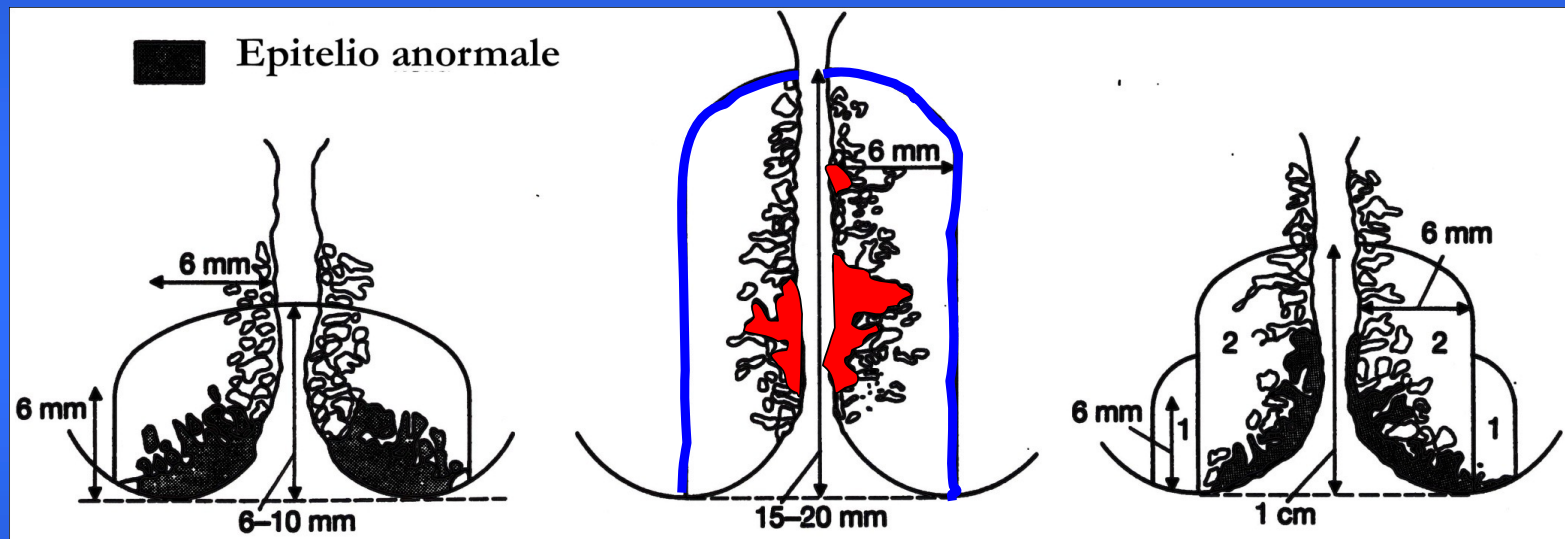




# ENDOCERVICOSCOPIA



# VARIABILITA'

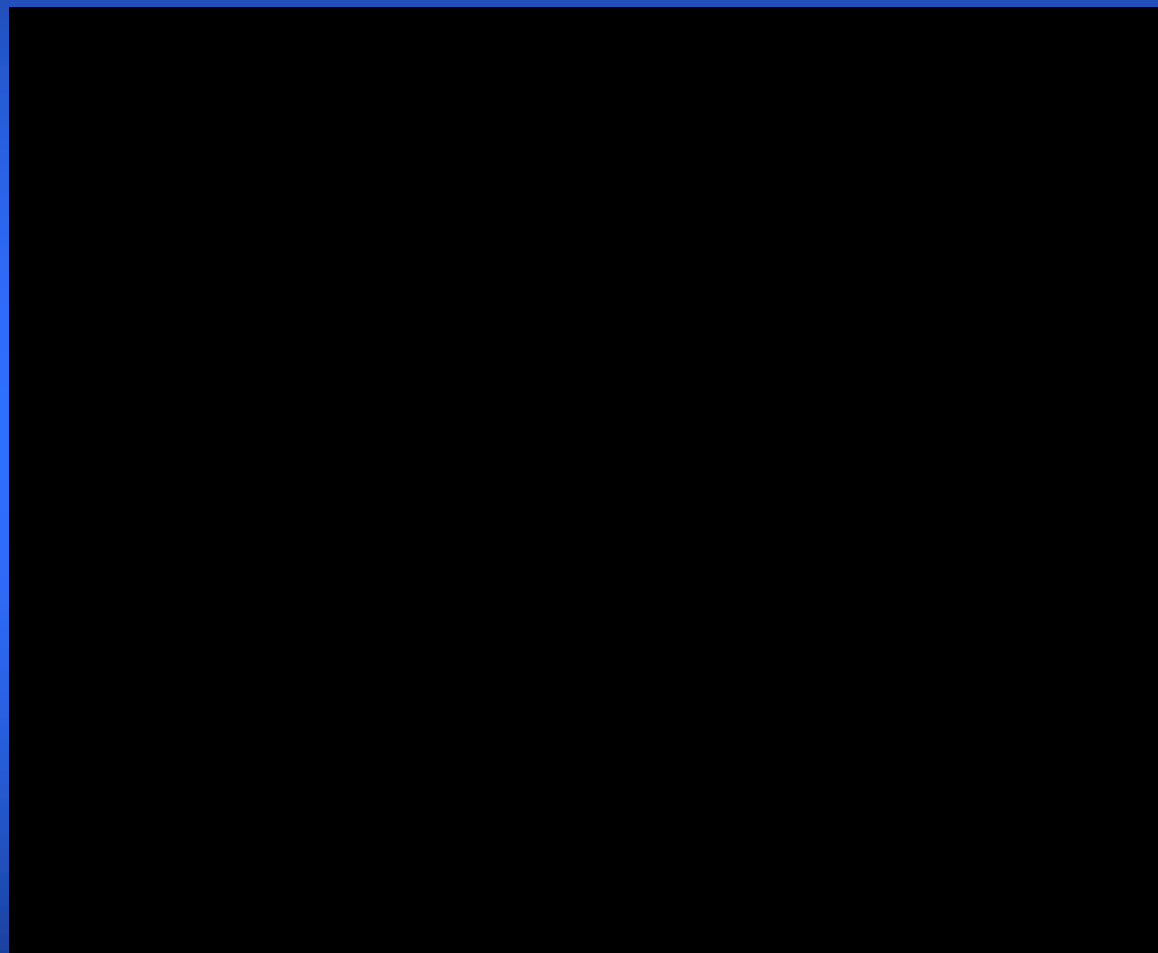


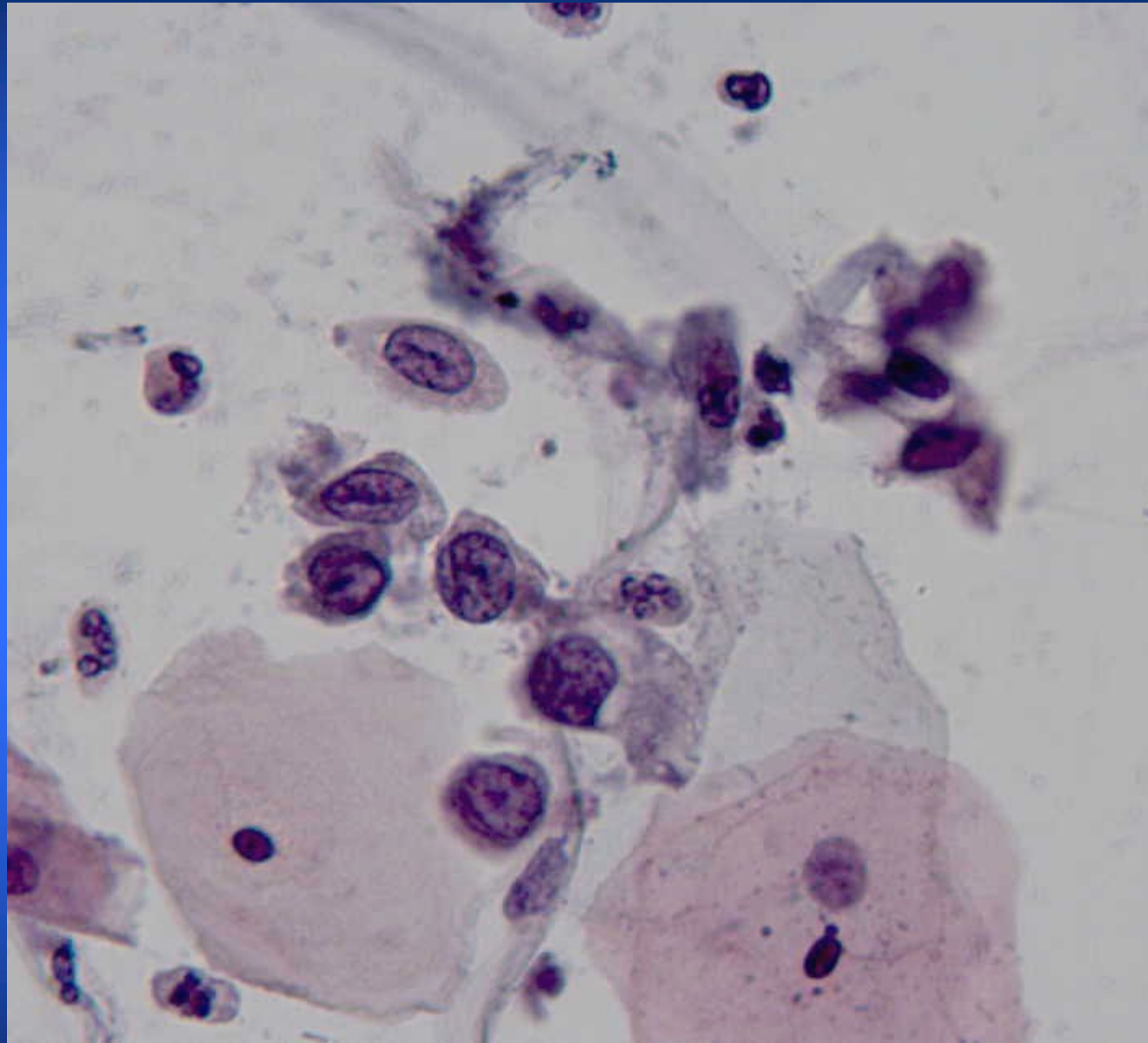
*Modificata da:*

*Singer A & Monaghan JM "Lower genital tract precancer.*

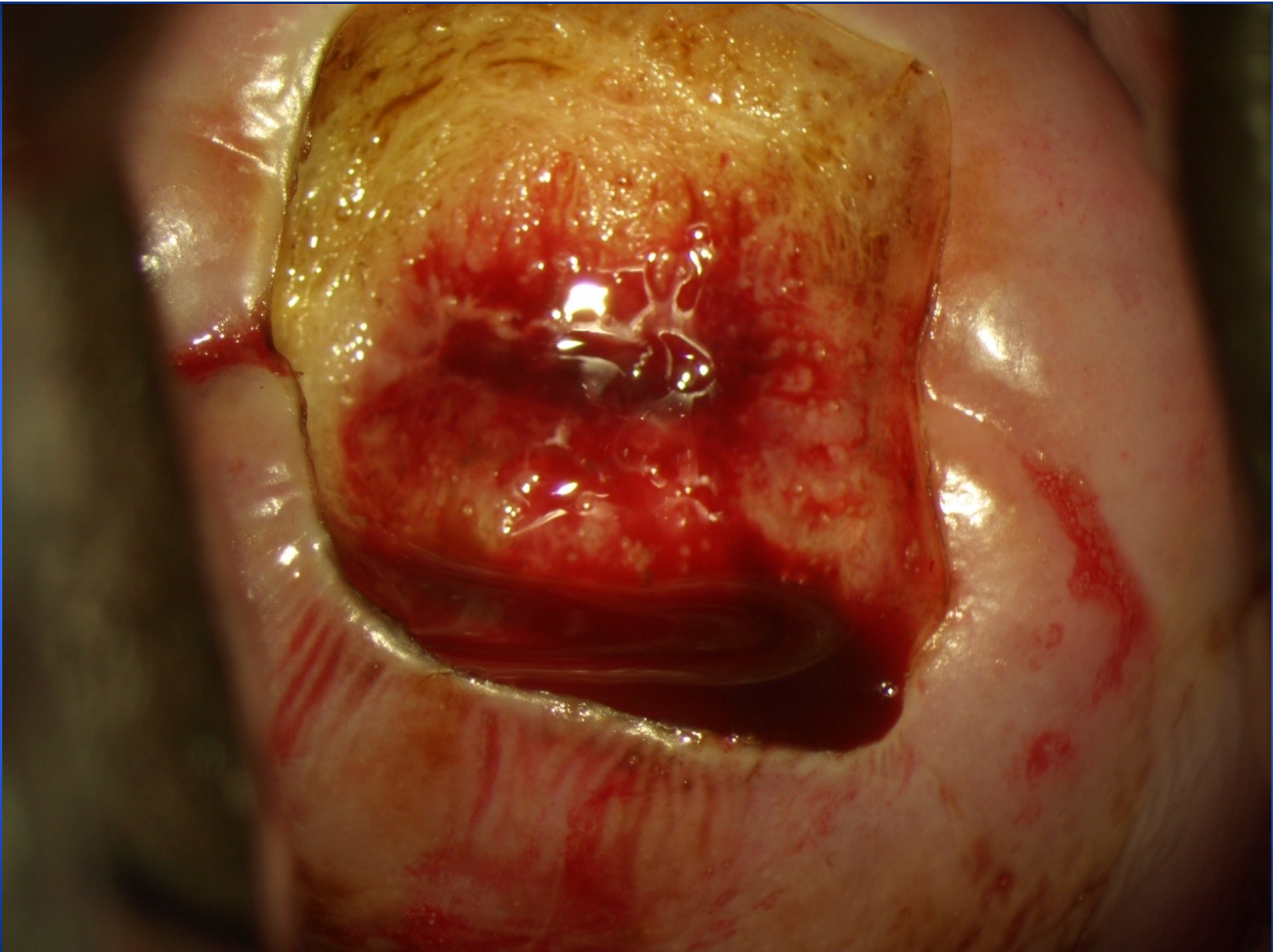
*Colposcopy, pathology and treatment*

# ESCISSIONE CON AGO

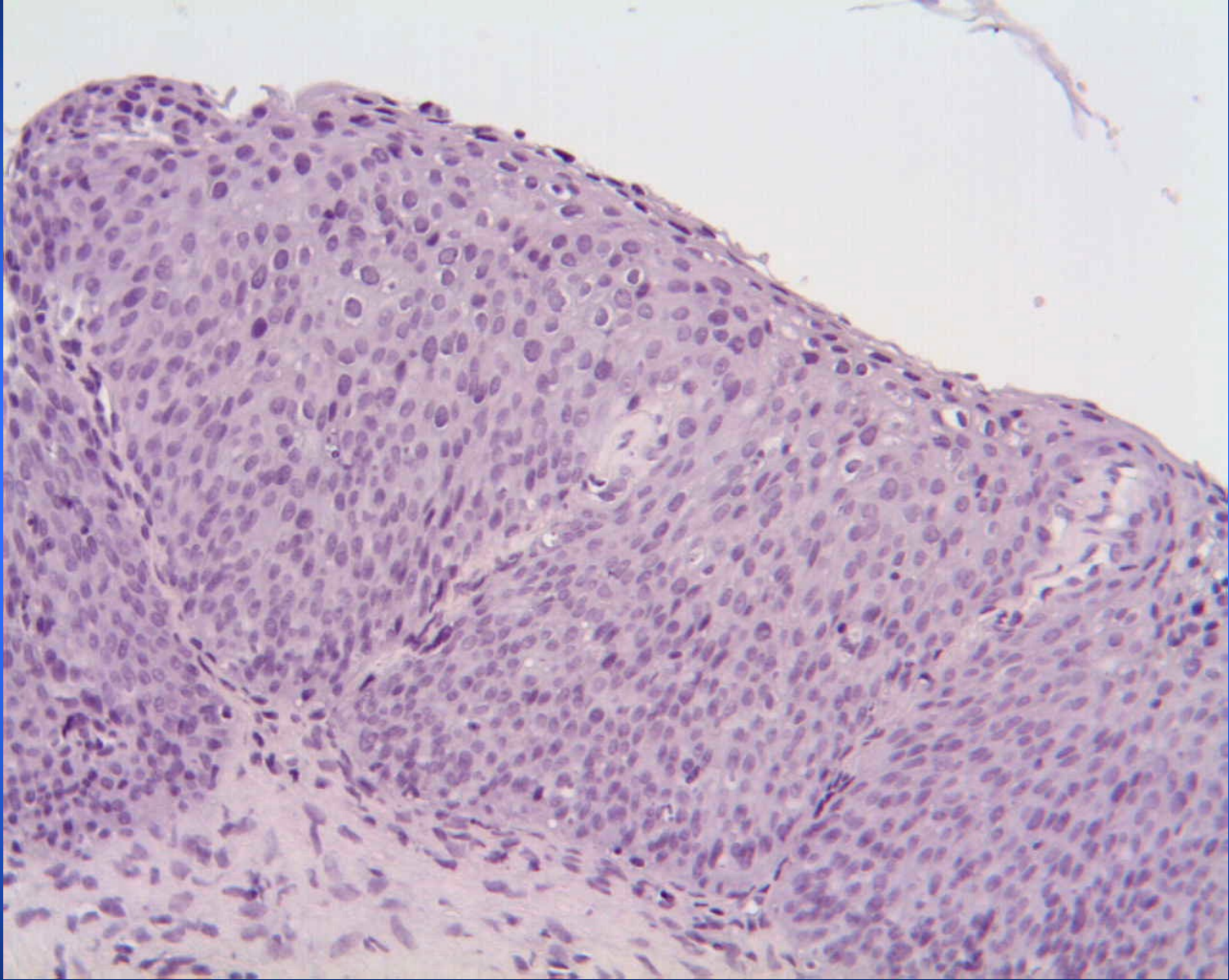


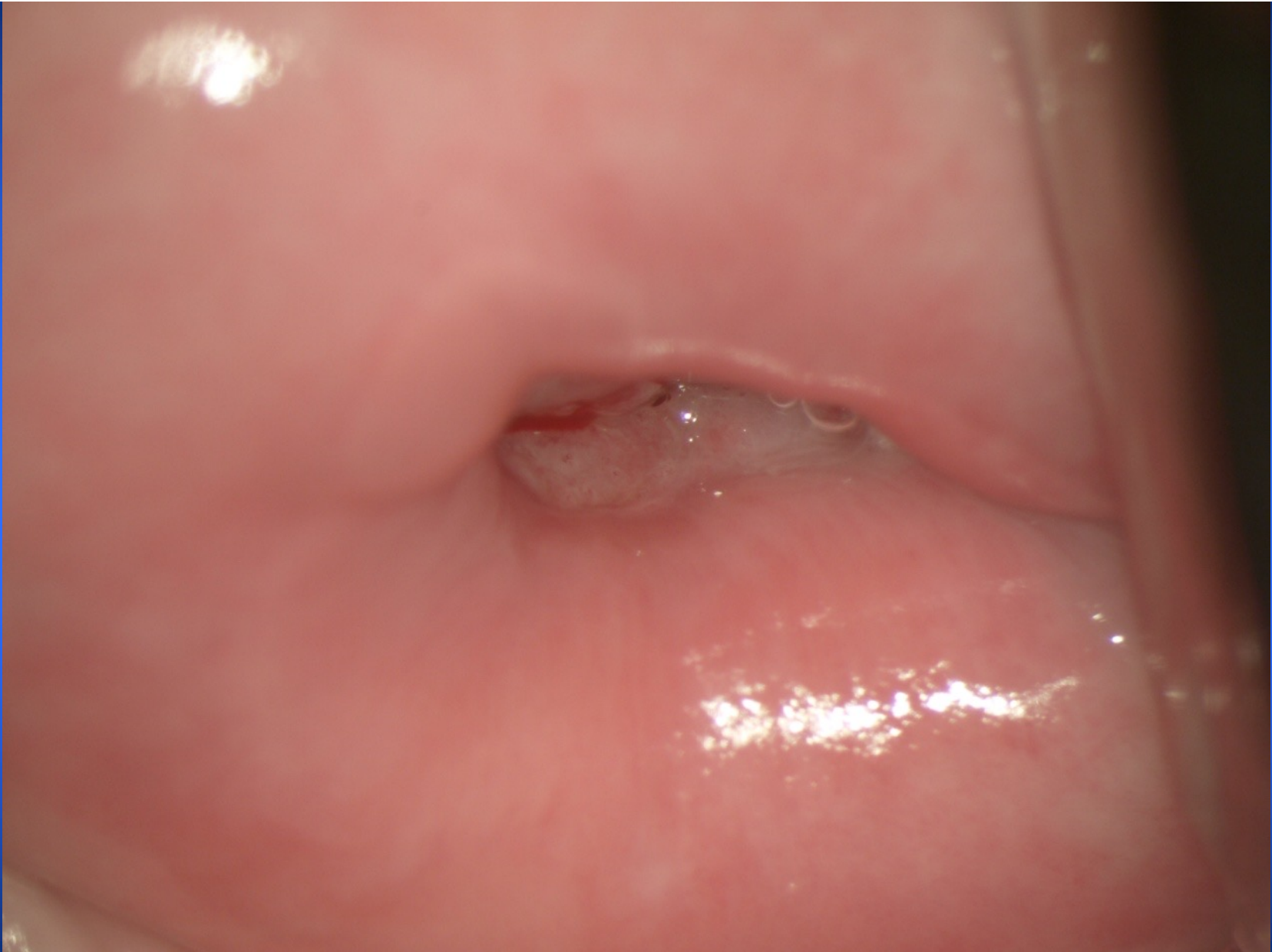












# CASO CLINICO

A.D. 29/04/1972

Nel 2013 41 anni - gennaio/luglio 2 Coniz. per CIN 3

Nel 2013 - ottobre - H-SIL/CIN 3

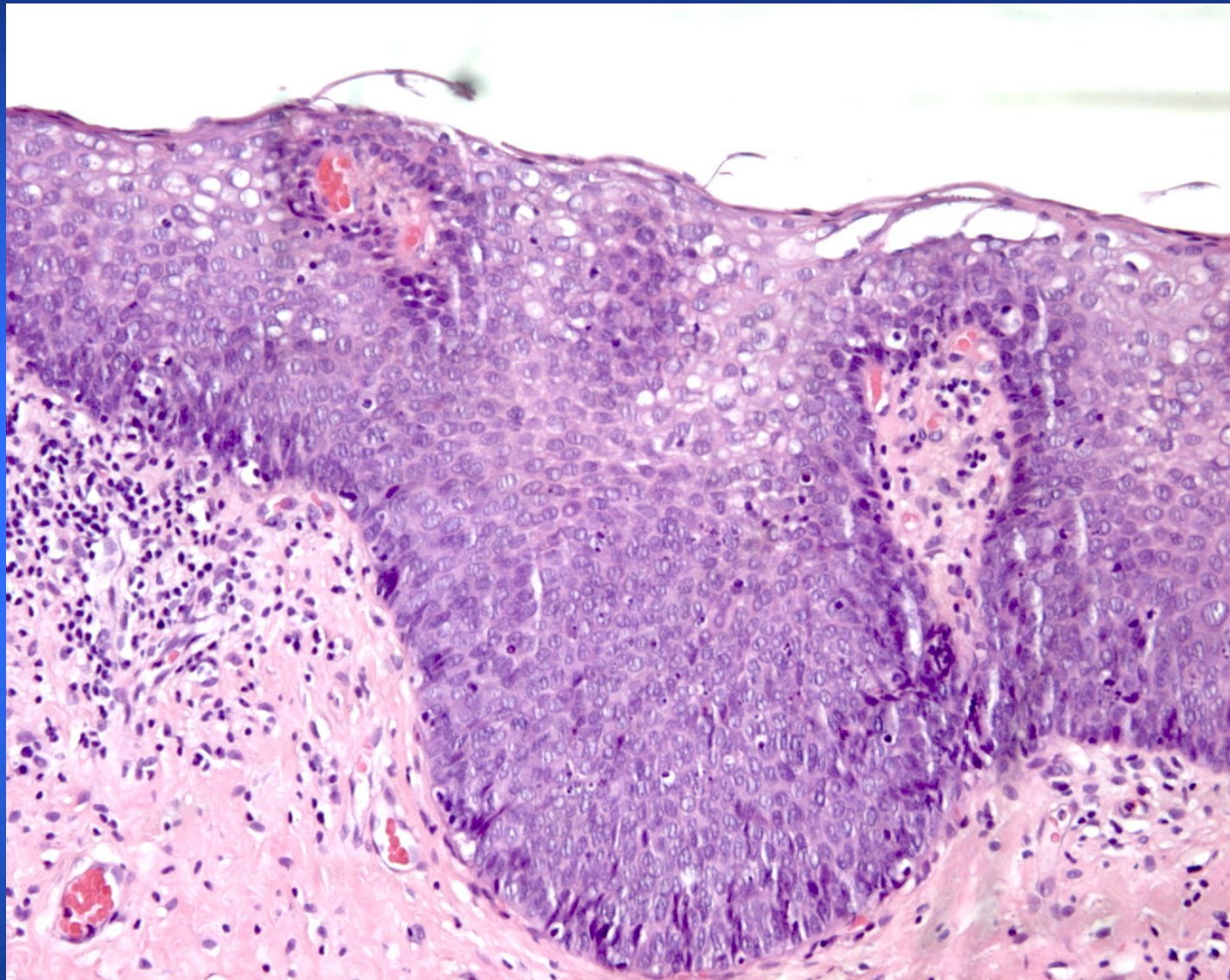
Nel 2013 - dicembre - isterectomia laparoscopica  
E.I.: CIN 3 sul margine escervicale

Nel 2014 - marzo- HSIL/VaIN 3

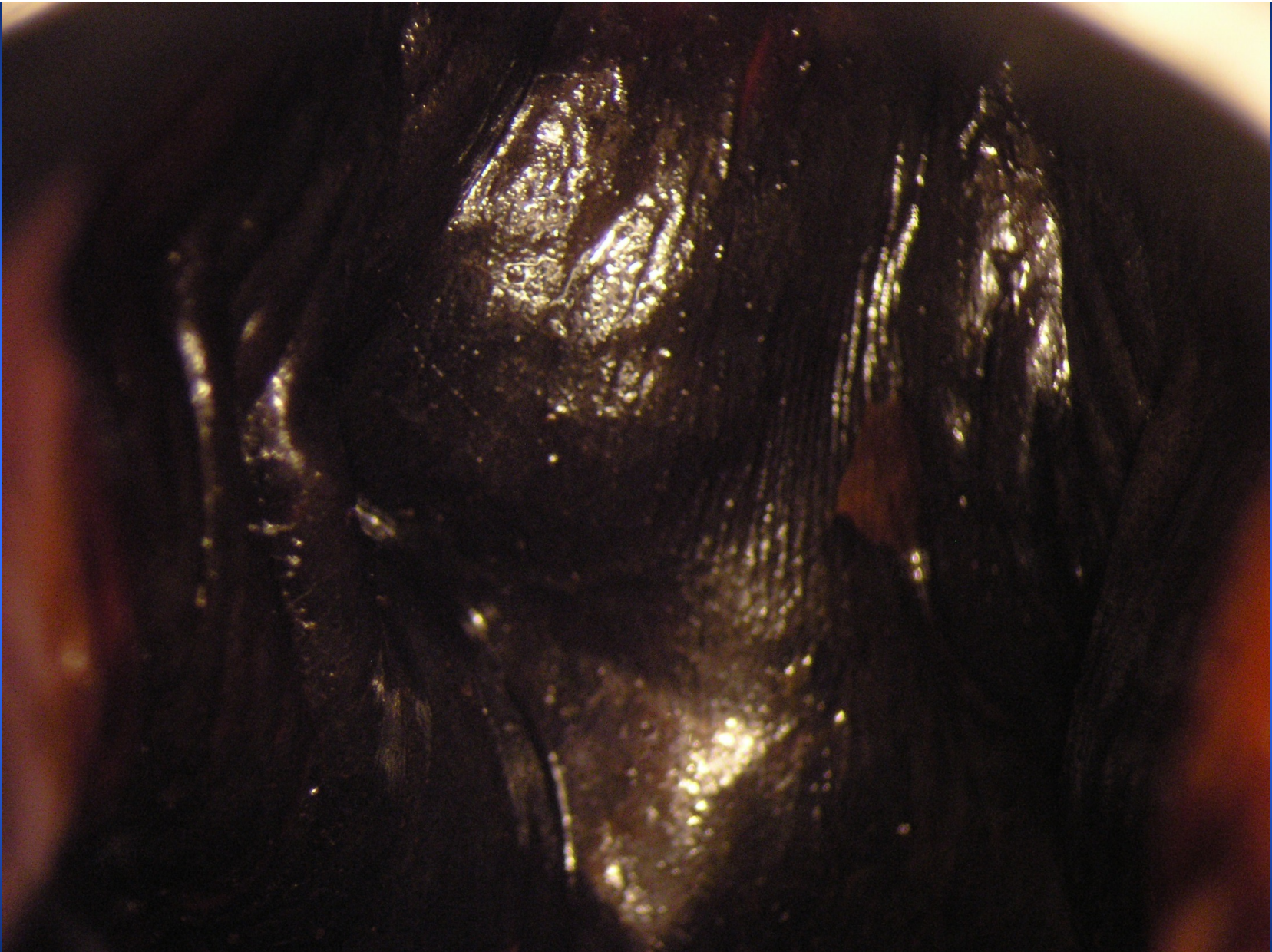
Nel 2014 - settembre - Escissione cupola vaginale con ago a RF













# EXCISION OF THE TZ

- LASER EXCISION IS EMPIRELY REASONABLE
  - Expensive
  - Useful for vaginal disease
  - Similar success and complications profile to LLETZ, with perhaps an increased risk of subsequent perinatal mortality
- W. Prendiville – Praagues 5-7 september 2013

# EXCISION OF THE TZ

- LLETZ
  - Usually an outpatient procedure
  - Relatively inexpensive
  - Simple to perform
  - Accommodates all cases of CIN and microinvasive disease and glandular disease
- If performed inexpertly may be associated with excess morbidity

• W. Prendiville – Praagues 5-7 september 2013

# CONCLUSIONI

- *Il trattamento escissionale a radiofrequenza è:*
- *Sicuro*
- *Rapido*
- *Bassa morbilità*
- *Ripetibile*
- *Difficoltà relativa*

L'isterectomia non è indicata!

# Welcome

**18<sup>th</sup>** World  
**IFCPC**  
Congress

**15 to 18**  
**November**  
**2023**

Hotel Las Américas  
Cartagena de Indias  
**Colombia**







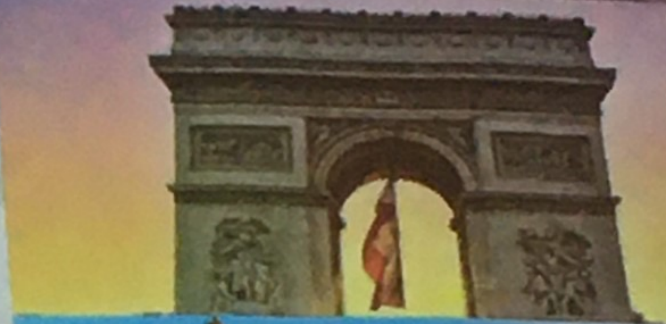
**WELCOME TO PARIS !**

World Congress of  
the International Federation for  
Cervical Pathology and Colposcopy

**4<sup>th</sup> to 6<sup>th</sup> June 2026**



The International Federation  
of Cervical Pathology and Colposcopy



**XXXVII CONGRESSO NAZIONALE  
della SOCIETA' ITALIANA di  
COLPOSCOPIA e PATOLOGIA  
CERVICO-VAGINALE (S.I.C.P.C.V.)**

*In memoria di Fausto Boselli*

**Modena**

**28, 29 e 30 novembre 2023**

