



Approccio diagnostico e terapia dell'Amiloidosi nel 2023

Paolo Milani

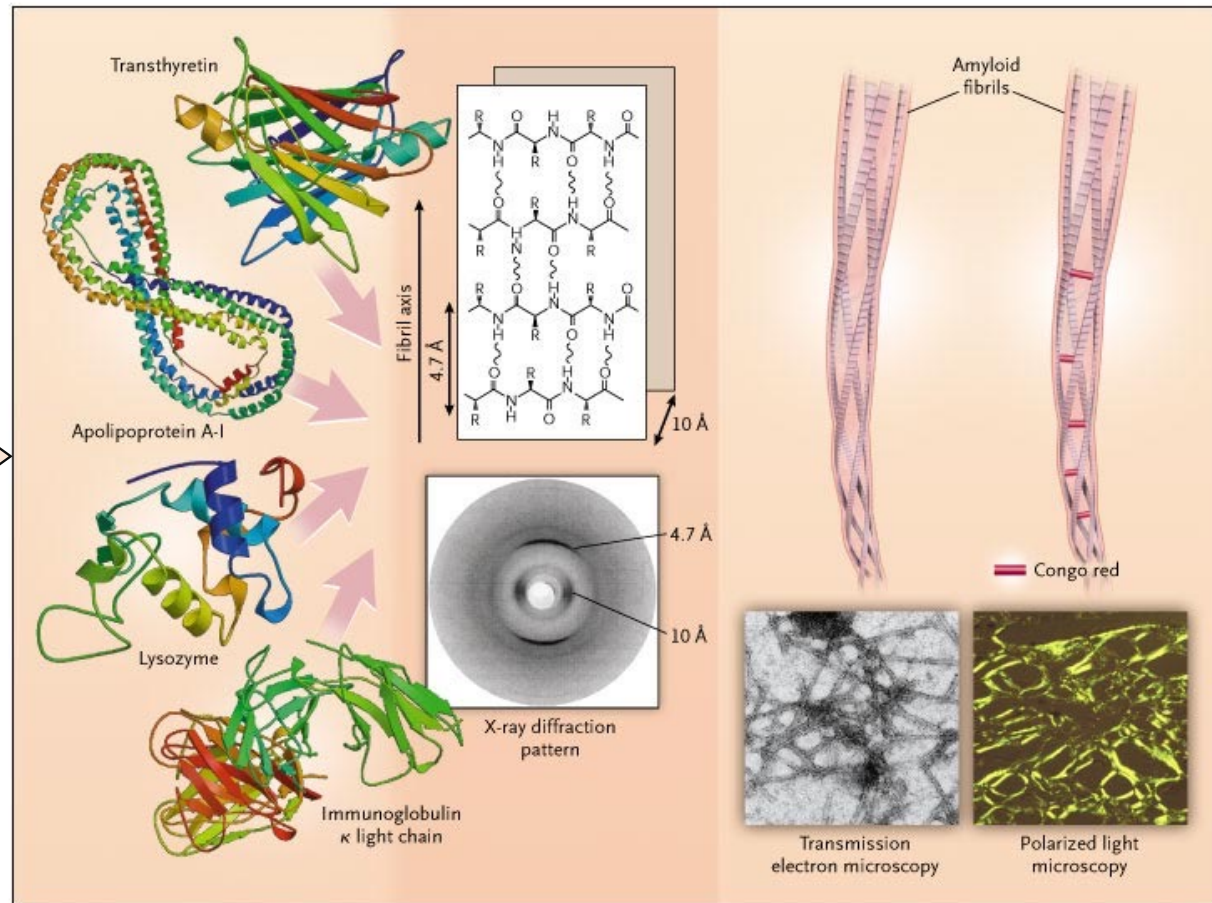
*Amyloidosis Research and Treatment Center - Foundation «IRCCS Policlinico San Matteo»
Department of Molecular Medicine - University of Pavia - Pavia, Italy*

Disclosures

- Janssen-Cilag (Honoraria and Advisory Board)
- Siemens (Advisory Board)
- Pfizer (Honoraria)
- Sebia (Honoraria)

Systemic amyloidoses: protein misfolding diseases

- Mutations
- Increased concentration (increased synthesis or reduced clearance)
- Intrinsic propensity (ageing)



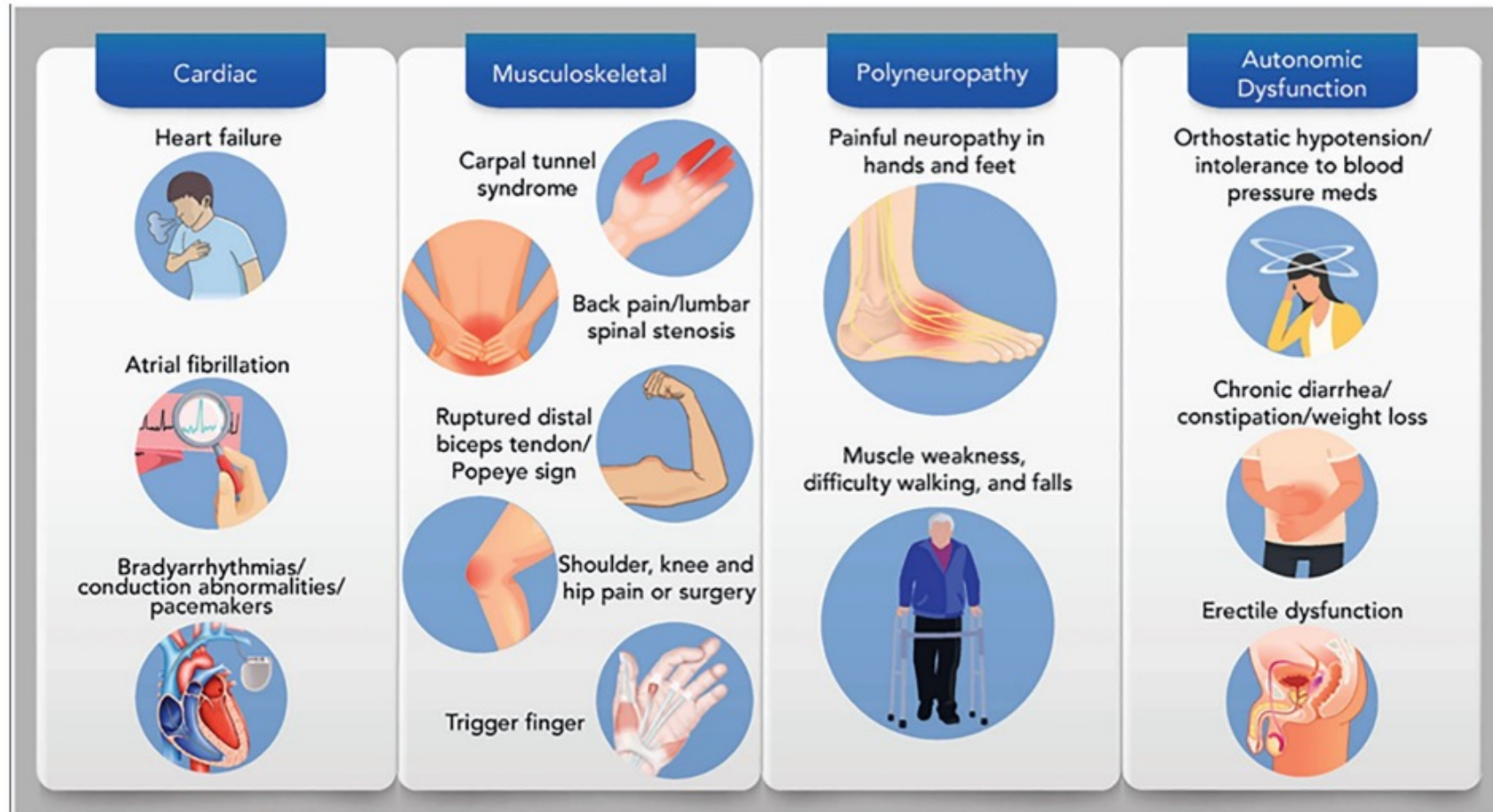
The main types of systemic amyloidosis have overlapping clinical presentations

Amyloid Type	Precursor protein	Major organ involvement					
		Heart (bone tracers uptake)	Kidney	Liver	PNS	ANS	ST
AL amyloidosis (acquired)	Immunoglobulin light chain	+++ (usually absent, can be intense)	+++	++	+	+	++
ATTRv amyloidosis (hereditary)	Mutated transthyretin	+++ (usually intense, can be absent in some variants)	-	-	+++	+++	-
ATTRwt amyloidosis (acquired)	Wild type transthyretin	+++ (usually intense)	-	-	-	-	+
ApoA1 amyloidosis (hereditary)	Mutated apolipoprotein A1	+ (present)	+	+++	-	-	-
AA amyloidosis (acquired)	Serum amyloid A protein	+	+++	+	-	+	-
ALECT2 (acquired)	Leukocyte chemotactic factor 2	-	+++	+	-	-	-

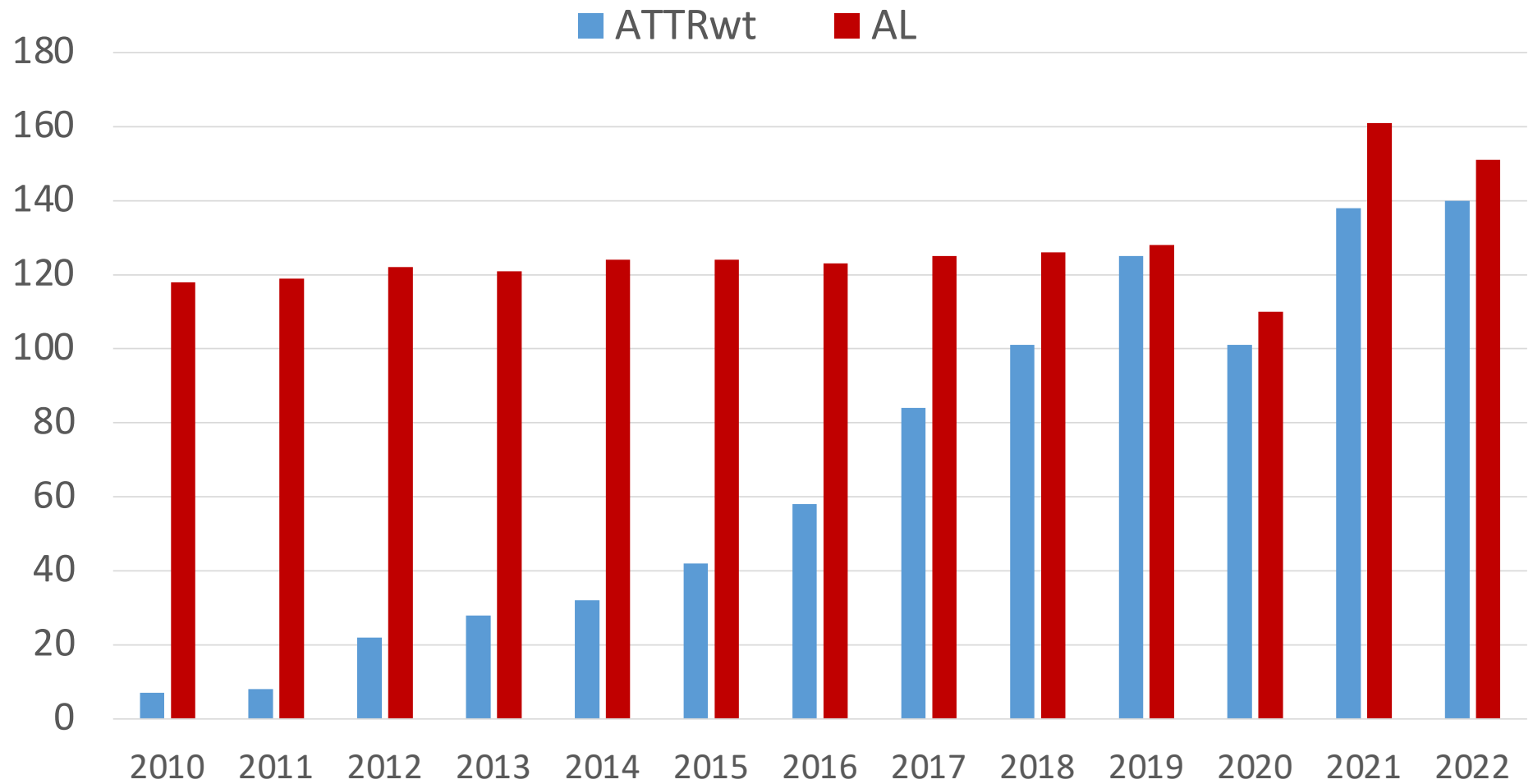
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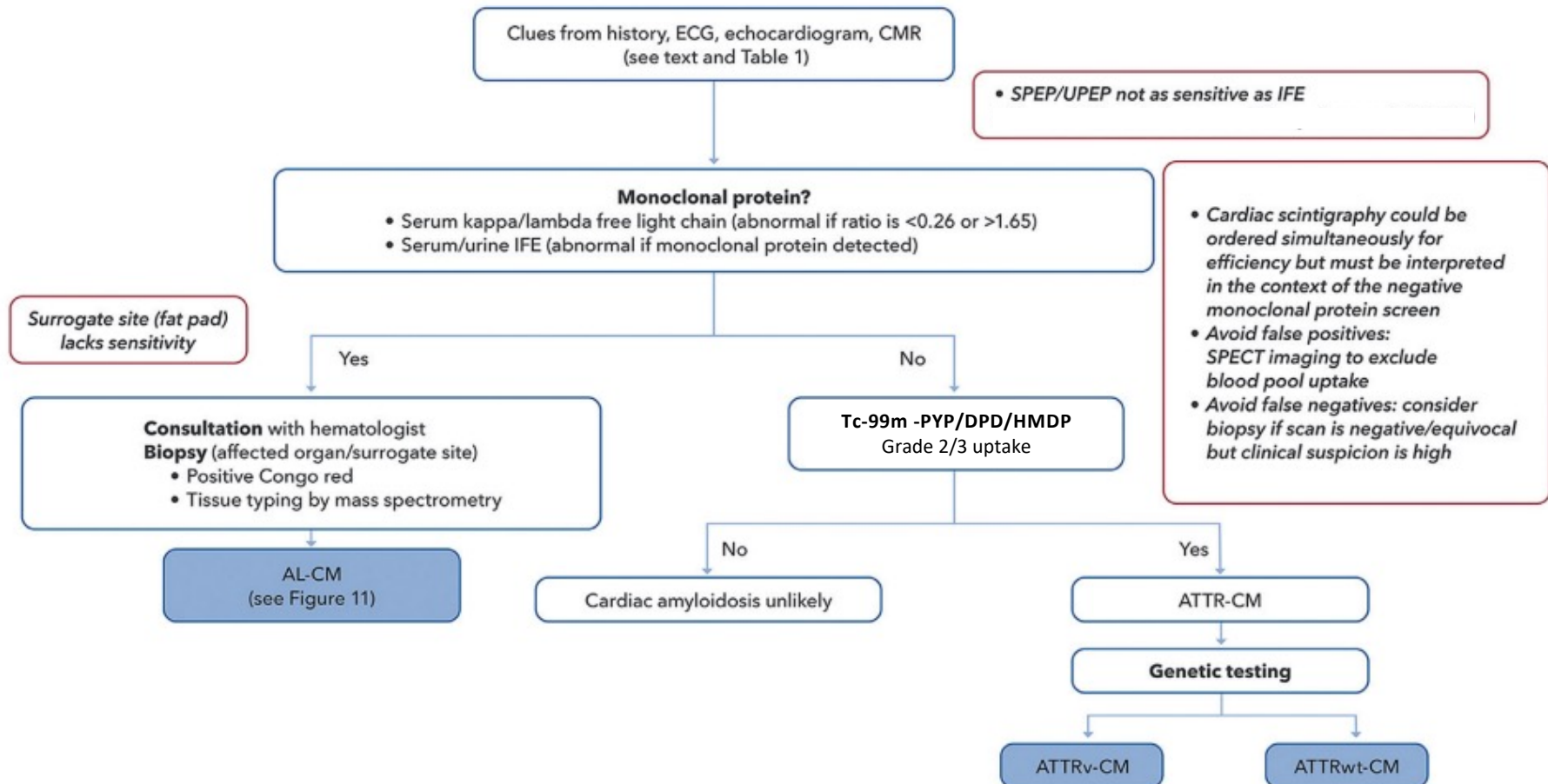
AL amyloidosis manifests with signs and symptoms of organ involvement ...



Systemic amyloidosis in Pavia



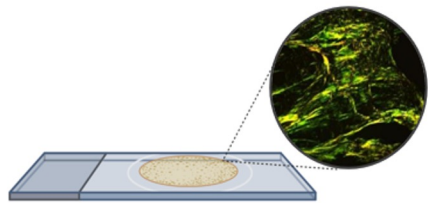
A Diagnostic Algorithm for Cardiac Amyloidosis



Modified from Kittleson et al. JACC 2023

The Italian Amyloid Referral Center of Pavia approach

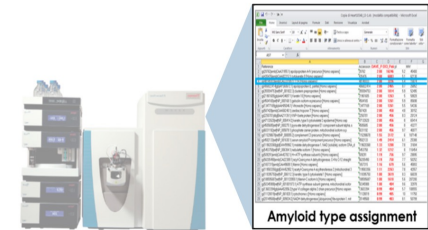
Congo red staining



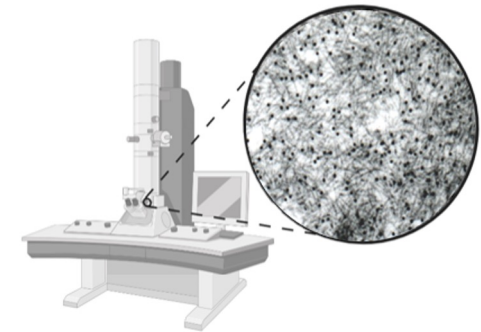
Characteristic green birefringence when viewed under cross polarized light

Amyloid typing

Mass spectrometry



Immuno-electron microscopy



AMYLOID
2022, VOL. 29, NO. 1, 8–13
<https://doi.org/10.1080/13506129.2021.1994386>



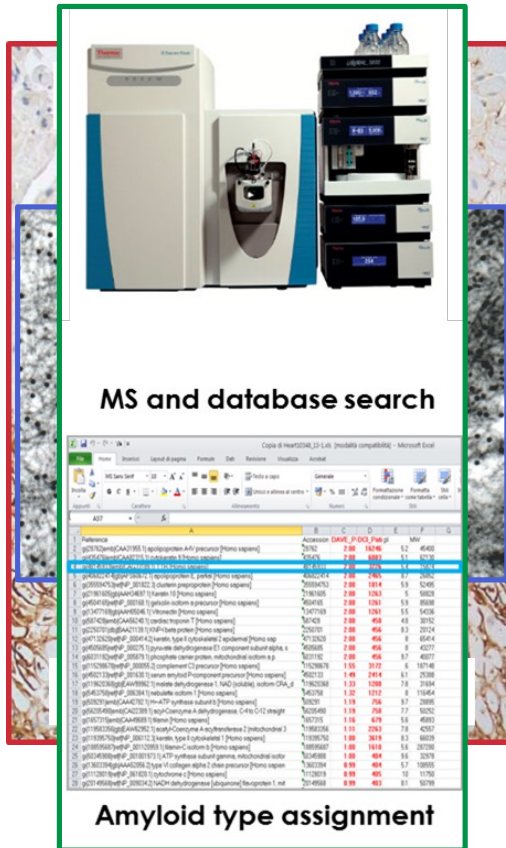
ARTICLE

OPEN ACCESS

Tissue biopsy for the diagnosis of amyloidosis: experience from some centres

Merrill D. Benson^a, John L. Berk^b, Angela Dispenzieri^c , Thibaud Damy^d, Julian D. Gillmore^e , Bouke P. Hazenberg^f , Francesca Lavatelli^g, Maria M. Picken^h, Christoph Röckenⁱ, Stefan Schönland^j , Mitsuharu Ueda^k and Per Westermark^l

Amyloid typing



Typing – light microscopy immunohistochemistry

- X unreliable with commercial antibodies
- X correctly classifies 94% of patients with custom-made antibodies
- X **not allowed by Italian Medicines Agency (AIFA) for prescriptions**

Typing – electron microscopy immunohistochemistry

- ✓ correctly classifies >99% of patients with commercial antibodies

Typing – mass spectrometry

- ✓ laser capture microdissection, MudPIT
- ✓ not antibody dependent

Adequate technology and experience (high number of samples examined) are mandatory

Satoskar, et al. *Am J Surgical Pathol* 2011
Schönland, et al. *Blood* 2012

Fernandez de Larrea, et al. *Blood* 2015
Vrana, et al. *Blood* 2009

Brambilla, et al. *Blood* 2012
Benson, et al. *Amyloid* 2021

Diagnosis of systemic amyloidosis

Pre-symptomatic screening in patients with MGUS

Signs and symptoms of amyloid organ involvement

Is a monoclonal component present?

Serum & urine IFE + FLC

Yes

No

Tissue diagnosis

- Abdominal fat (sensitivity ~80% at referral centers), bone marrow (sensitivity ~70%), minor salivary gland (sensitivity ~80%).
- Biopsy of organ involved.

and tissue typing with adequate technology

- mass spectrometry
- immuno-electron microscopy
- light microscopy IHC with custom-made antibodies

Diagnostic workup for non-AL amyloidosis:

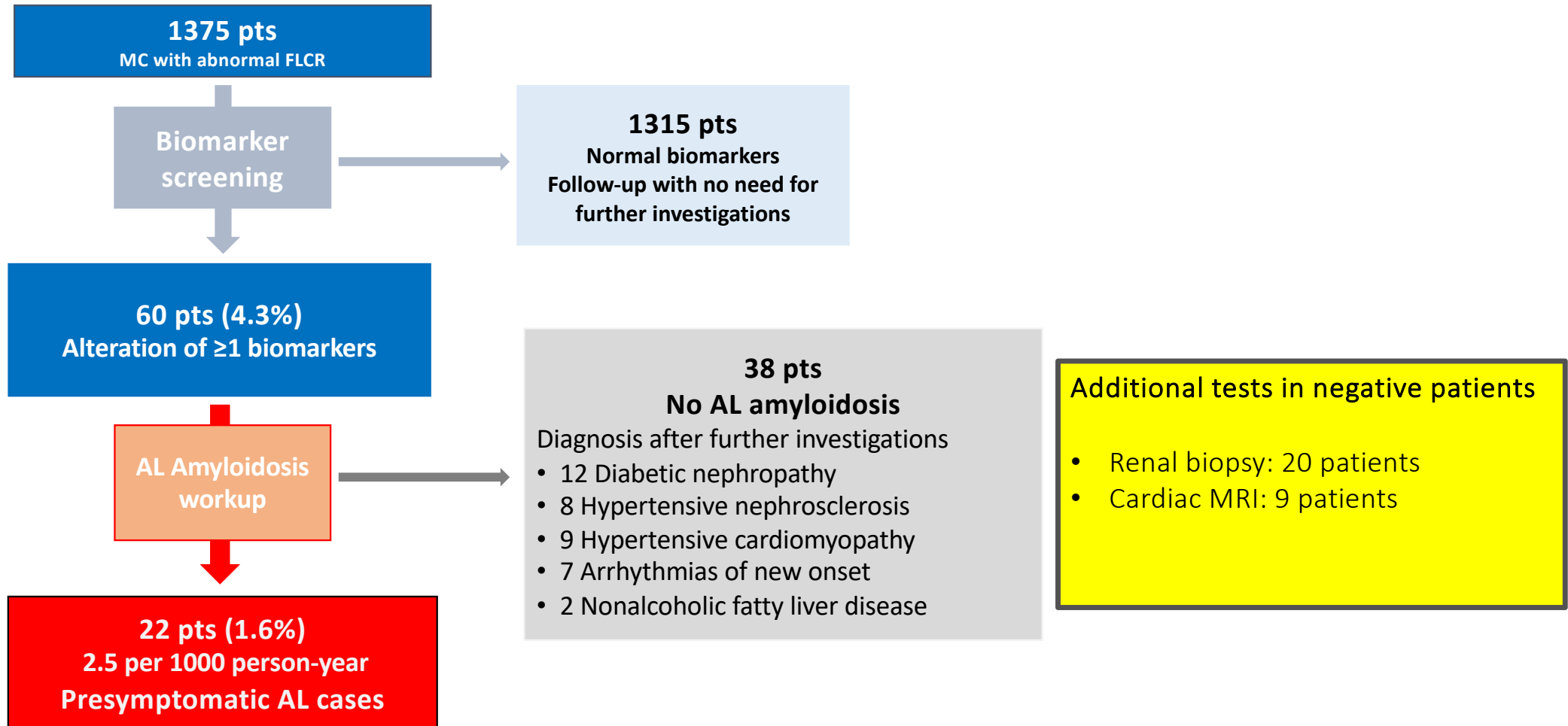
- cardiac scintigraphy with bone tracers in patients with heart involvement
- DNA testing
- tissue diagnosis and typing

Assessment of clonal disease, organ involvement, staging and risk stratification

- s&u IFE, FLC, BMPC iFISH, skeletal survey;
- NT-proBNP (or BNP), cardiac troponin, ECG, Holter ECG, echocardiography, cardiac MRI;
- 24h proteinuria, creatinine (with eGFR);
- liver function tests
- evaluation of comorbidities

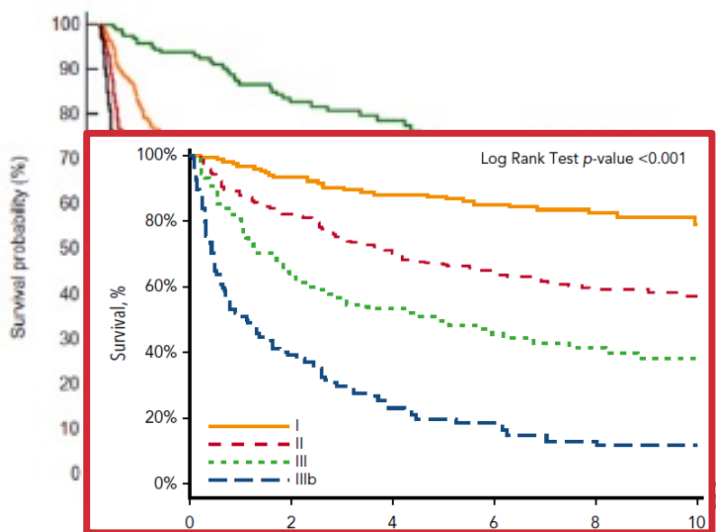
Pre-symptomatic diagnosis of systemic AL amyloidosis by biomarker based screening in patients with MGUS

Mangiacavalli et al. ISA2022



Biomarkers in cardiac staging

Mayo Clinic / European staging system

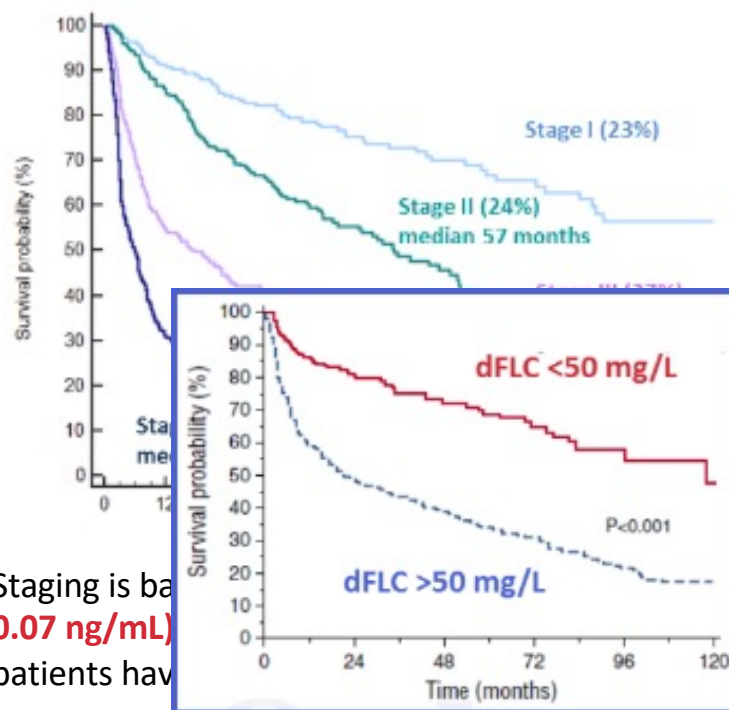


Staging is based on **BNP (cutoff 81 ng/L)** and **troponin I (cutoff 0.1 ng/mL)** with stage I, II, and III patients having 0, 1, or 2 markers above the cutoffs.
Very high (>700 ng/L) BNP identifies patients with advanced cardiac dysfunction (Stage IIIb)

Dispenzieri, et al. JCO 2004
Wechalekar, et al. Blood 2013
Palladini, et al. Blood 2015

Lilleness, et al. Blood 2019
Kumar, et al. JCO 2012
Palladini, et al. Haematologica 2014

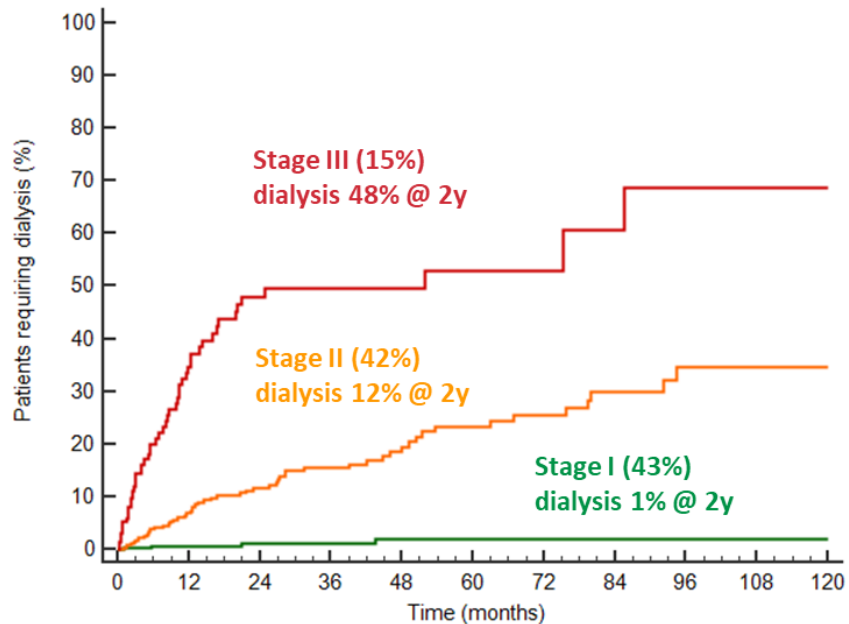
Revised Mayo Clinic staging system



Staging is based on **troponin I (cutoff 0.07 ng/mL)** and **dFLC** cutoffs. Patients with dFLC >50 mg/L are staged I, II, III, and IV.

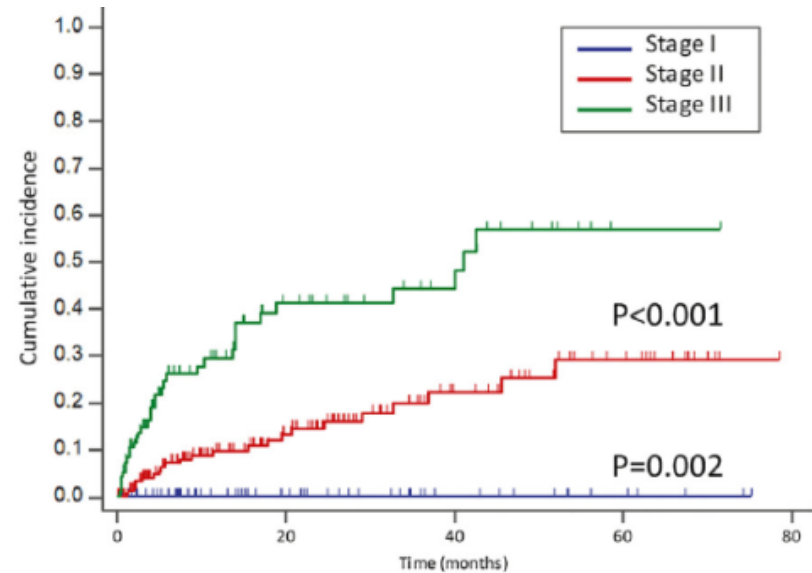
Milani, et al. Blood 2017
Dittrich, et al. Blood 2017
Sidana, et al. Leukemia. 2018

Biomarkers in renal staging



- Stage I: both **proteinuria** $\leq 5\text{g}/24\text{h}$ and **eGFR** ≥ 50 mL/min per 1.73 m^2
- Stage II: either **proteinuria** $> 5\text{g}/24\text{h}$ or **eGFR** < 50 mL/min per 1.73 m^2
- Stage III: both **proteinuria** $> 5\text{g}/24\text{h}$ and **eGFR** < 50 mL/min per 1.73 m^2

Palladini, et al. Blood 2014



- Stage I: both **UACR** ≤ 3600 mg/g and **eGFR** ≥ 50 mL/min per 1.73 m^2
- Stage II: either **UACR** > 3600 mg/g or **eGFR** < 50 mL/min per 1.73 m^2
- Stage III: both **UACR** > 3600 mg/g and **eGFR** < 50 mL/min per 1.73 m^2

Basset et al. CCLM 2022

iFISH cytogenetics in AL amyloidosis

Associations with clinical characteristics

Heidelberg data

- **Translocation t(11;14) in 50%**
 - Light chain only / Bence Jones type
- **Hyperdiploidy in 11%**
 - Kappa light chain restriction
 - Higher plasma cell infiltration of the bone marrow
 - Higher age at diagnosis and heavy chain type
- **Overlap between t(11;14) and hyperdiploidy (2%)**
- **Gain of 1q21 in 20%**
 - Higher plasma cell infiltration of the bone marrow
 - Lambda light chain restriction

Mayo Clinic data

- **Translocation t(11;14) 39%**
- **Any Trisomy in 26%**
 - Kappa isotype more frequent
 - Highest dFLC and BMPC at diagnosis
 - Higher age at diagnosis
- **Overlap between t(11;14) and trisomies in (4%)**

Bochtler, *et al. Blood* 2008

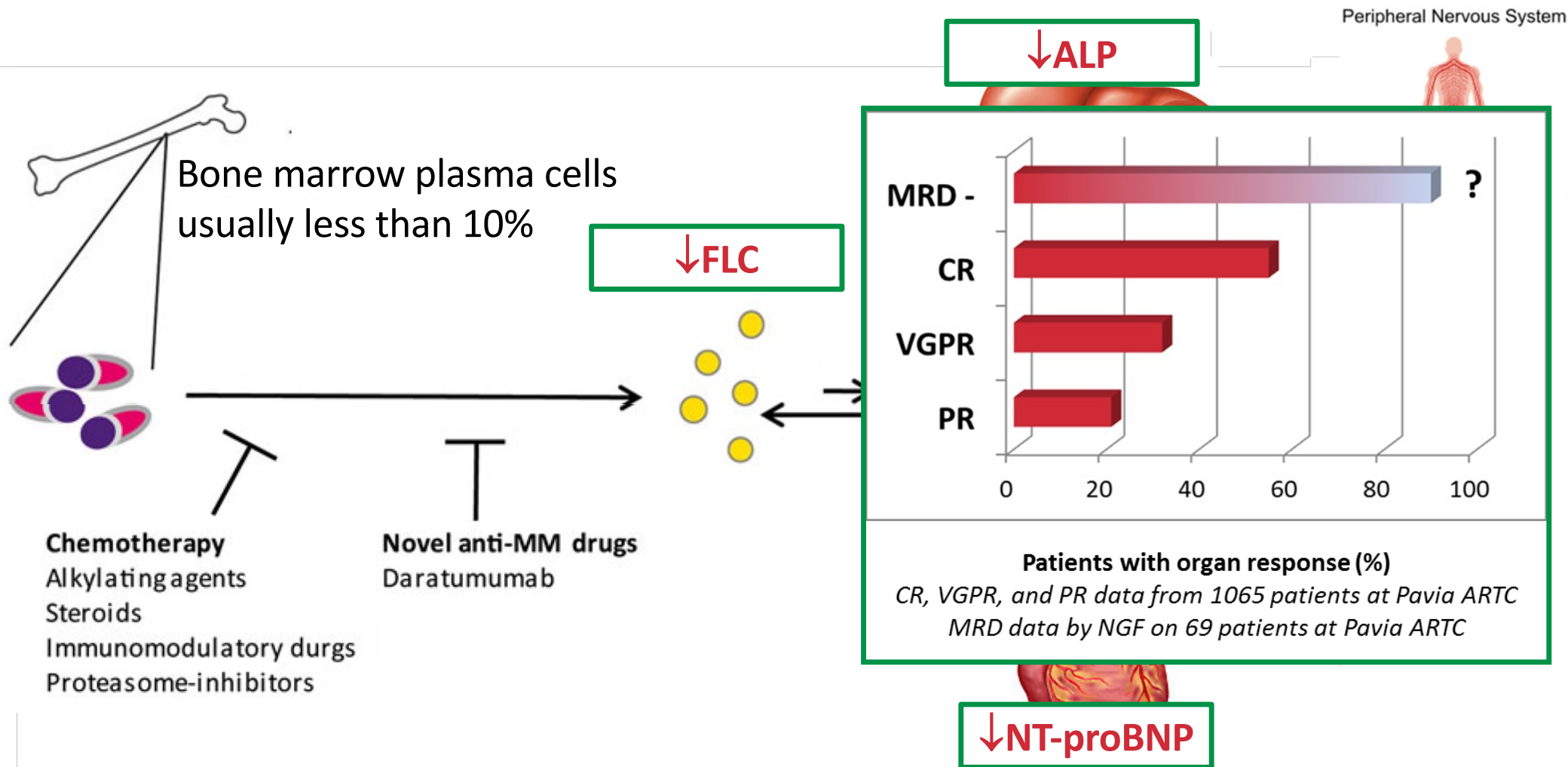
Bochtler, *et al. Blood* 2011

Muchtar, *et al. Leukemia* 2017

Bryce, *et al. Haematologica* 2009

Warsame, *et al. Blood Cancer J* 2015

AL amyloidosis: hematologic disease + organ damage





AL, amyloid light-chain; ALP, alkaline phosphatase; ARTC, Amyloidosis Research and Treatment Centre; CR, complete response; FLC, free-light chains; MRD, minimal residual disease; NGF, next-generation flow; NT-proBNP, N-terminal-pro-hormone brain natriuretic peptide; PR, partial response; VGPR, very good partial response

Adapted from Nuvolone & Merlini. *NDT* 2016;32(5):770-80

GUIDELINE ARTICLE








Guidelines for high dose chemotherapy and stem cell transplantation for systemic AL amyloidosis: EHA-ISA working group guidelines

Vaishali Sanchorawala^a , Mario Boccardo^b, Morie Gertz^c , Ute Hegenbart^d , Efstathios Kastiris^e, Heather Landau^f , Peter Mollee^g, Ashutosh Wechalekar^h and Giovanni Palladiniⁱ

GUIDELINE ARTICLE



Guidelines for non-transplant chemotherapy for treatment of systemic AL amyloidosis: EHA-ISA working group

Ashutosh D. Wechalekar^a, M. Teresa Cibeira^b , Simon D. Gibbs^c, Arnaud Jaccard^d, Shaji Kumar^e , Giampaolo Merlini^f, Giovanni Palladini^f, Vaishali Sanchorawala^g , Stefan Schönland^h , Christopher Vennerⁱ, Mario Boccardo^j and Efstathios Kastiris^k 

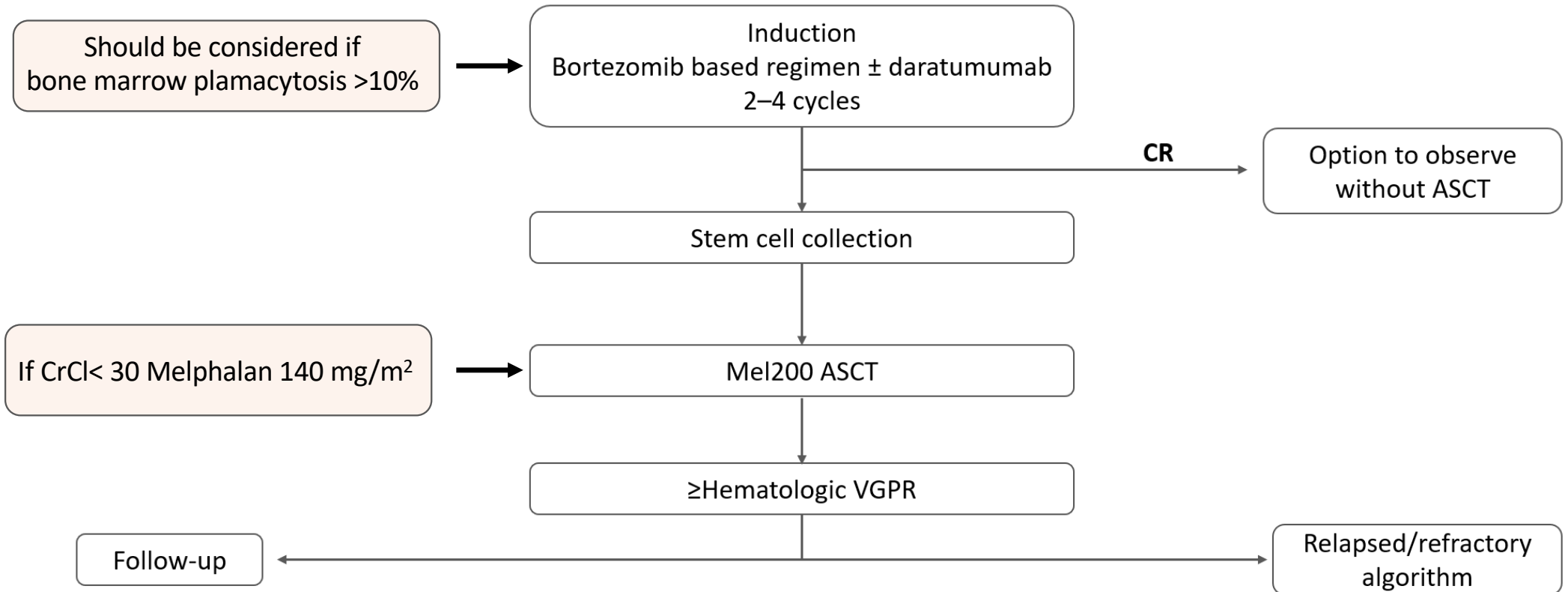
Treatment selection in AL amyloidosis

1. Assess eligibility for ASCT

ISA/EHA guidelines for ASCT eligible patients: eligibility criteria

Clinical evaluation	Inclusion criteria	Exclusion criteria
Age	<ul style="list-style-type: none"> ≤65 years (patients aged 66-69 years can be considered at referral centers after careful multidisciplinary discussion). 	-
Performance status	<ul style="list-style-type: none"> Performance status (ECOG) 0-2 (unless caused by peripheral neuropathy). 	-
Blood pressure	<ul style="list-style-type: none"> Supine systolic blood pressure ≥90 mmHg 	<ul style="list-style-type: none"> Orthostatic hypotension refractory to medical therapy.
Heart assessment	<ul style="list-style-type: none"> NYHA class I or II (if heart involvement is present). Ejection fraction by echocardiography ≥40%. Cardiac stage I or II (cardiac stage III patients can be considered at referral centers after careful multidisciplinary discussion). NT-proBNP <5000 ng/L. Troponin I <100 ng/L or troponin T <60 ng/L or hs-troponin T <75 ng/L 	<ul style="list-style-type: none"> Symptomatic and/or medically refractory ventricular and atrial arrhythmias. Uncompensated heart failure.
Liver assessment	<ul style="list-style-type: none"> Direct bilirubin <2 mg/dL 	-
Kidney assessment	<ul style="list-style-type: none"> eGFR >50 mL/min per 1.73 m² (patients whose eGFR is between 50 and 30 mL/min can be considered at referral centers after careful multidisciplinary discussion). Patients on chronic and stable schedule of dialysis should not be excluded. 	-
Respiratory function	<ul style="list-style-type: none"> Oxygen saturation ≥95% on room air. DLCO >50%. 	<ul style="list-style-type: none"> Symptomatic and/or medically refractory pleural effusions.
Hemorrhagic risk assessment	-	<ul style="list-style-type: none"> Factor X deficiency with factor X level of <25% or/and evidence of active bleeding. Extensive GI involvement with evidence of active GI bleeding or risk of bleeding.

ISA/EHA guidelines for ASCT eligible patients

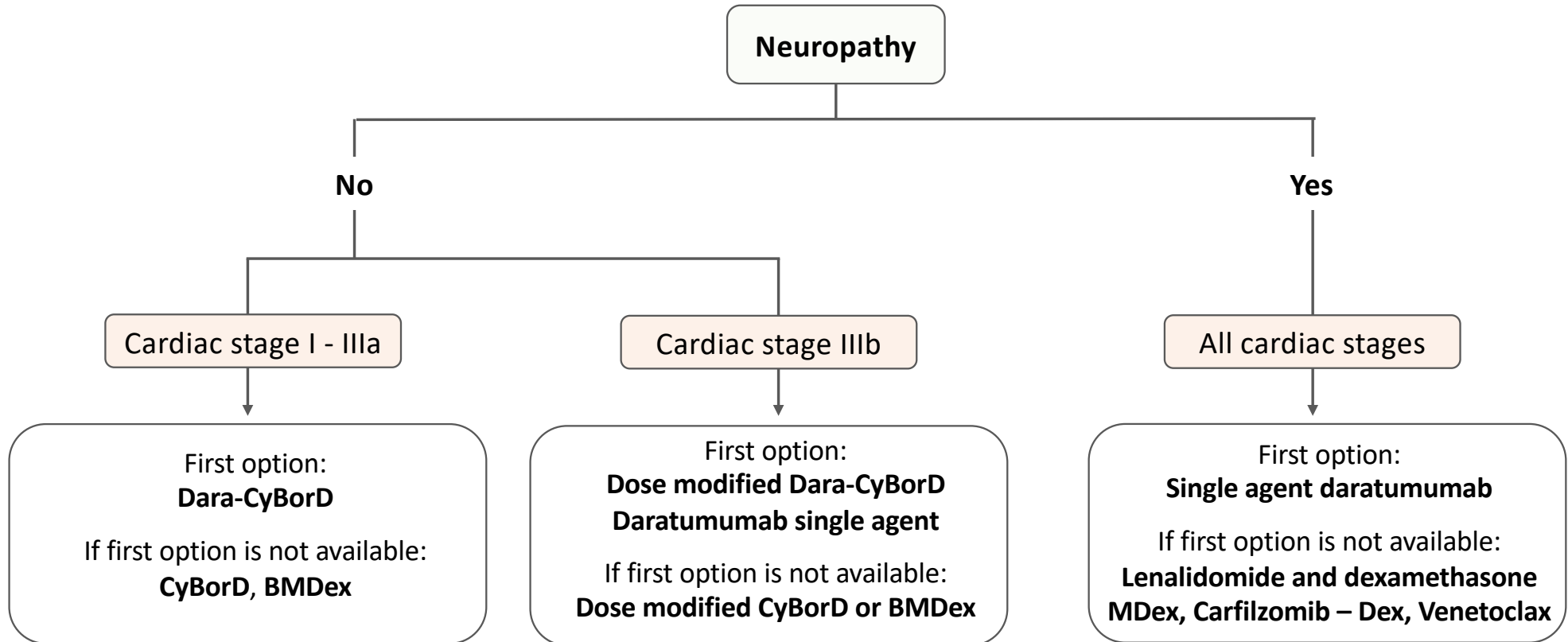


Treatment selection in AL amyloidosis

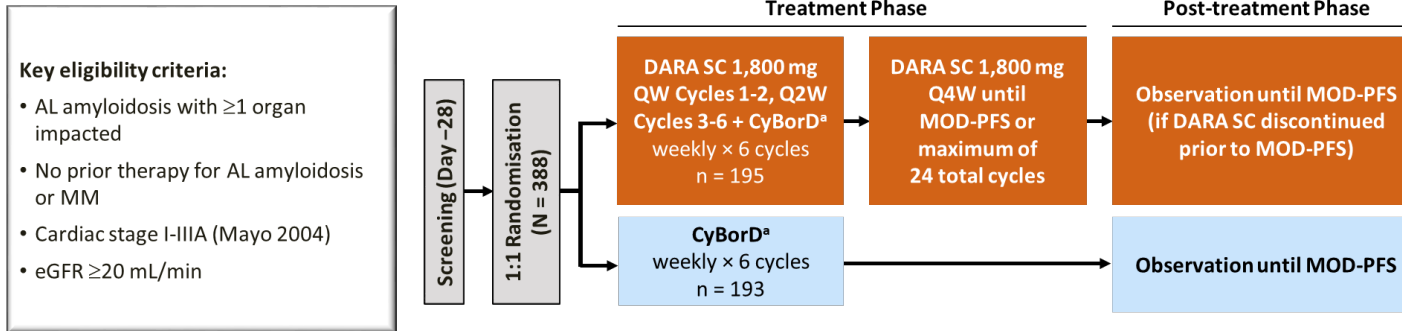
1. Assess eligibility for ASCT

2. Assess specific comorbidities in subjects who are not transplant candidates

ISA/EHA guidelines for non-transplant chemotherapy

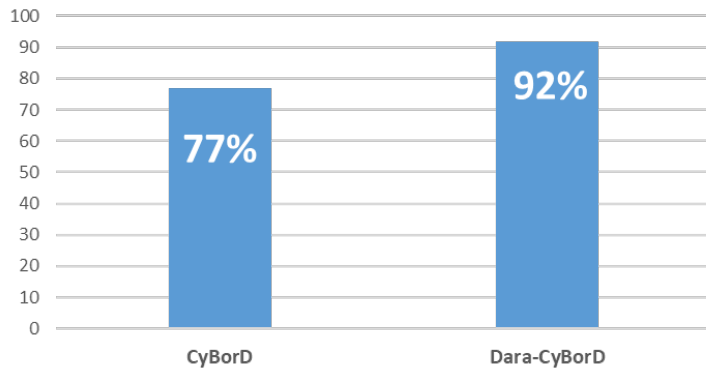


ANDROMEDA: a randomized, open-label, active-controlled, phase 3 study of DARA SC plus CyBorD vs CyBorD alone in newly diagnosed AL amyloidosis

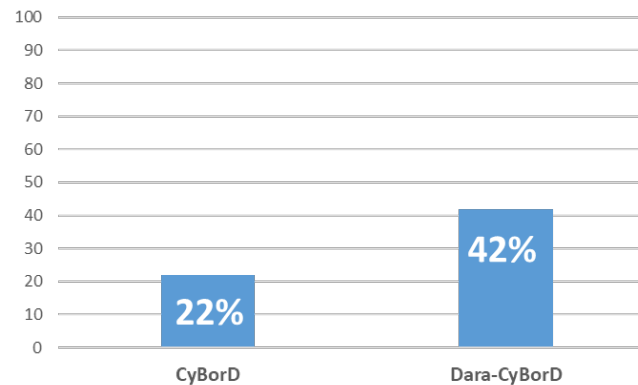


- Stratification criteria:**
- Cardiac stage (I vs II vs IIIa)
 - Transplant typically offered in local country (yes vs no)
 - Creatinine clearance (≥ 60 mL/min vs < 60 mL/min)

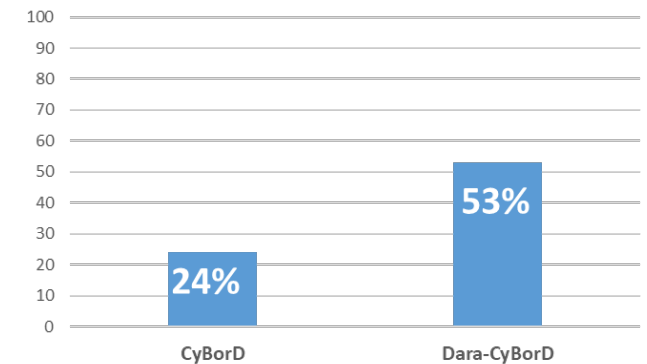
Hematologic response



Cardiac response



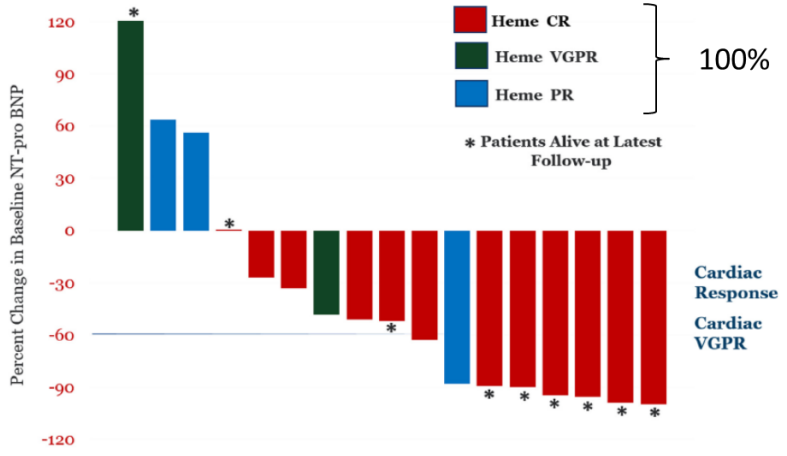
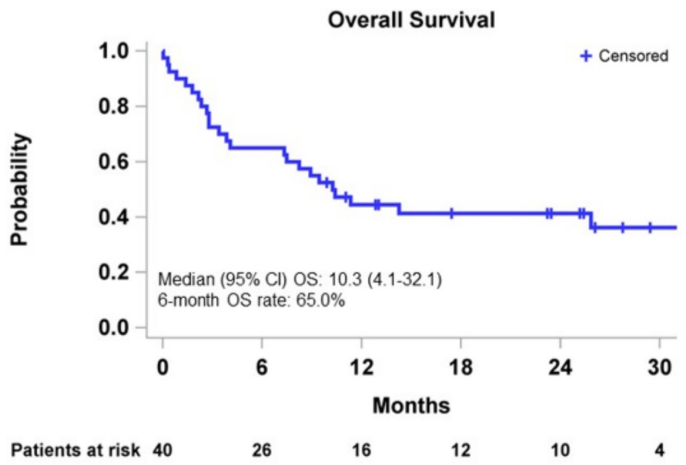
Renal response



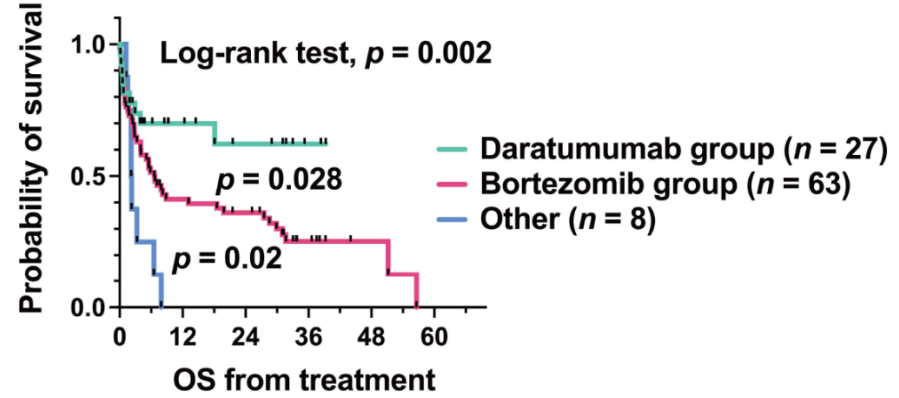
Kastritis, et al. NEJM 2021

Daratumumab combinations in stage IIIb patients

Figure. Overall Survival



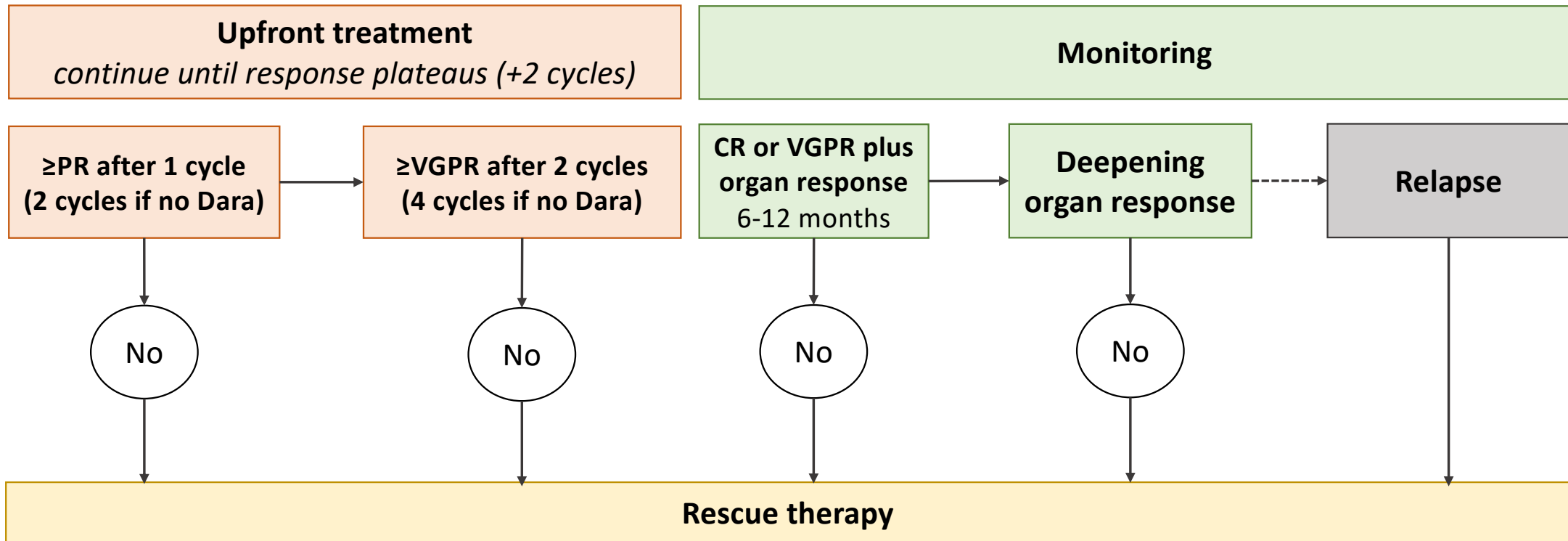
In high-risk (stage 3B) AL amyloidosis pts, dara monotherapy induced early and profound hematologic responses over 6 months with 77.5% of pts achieving more than PR and 50% VGPR/CR, and cardiac responses were seen in 27.5% of pts.



Kastritis, et al. ASH 2023 – oral abstract

*Chakraborty Br J Haematol 2023
Oubari, et al. Haematologica 2023*

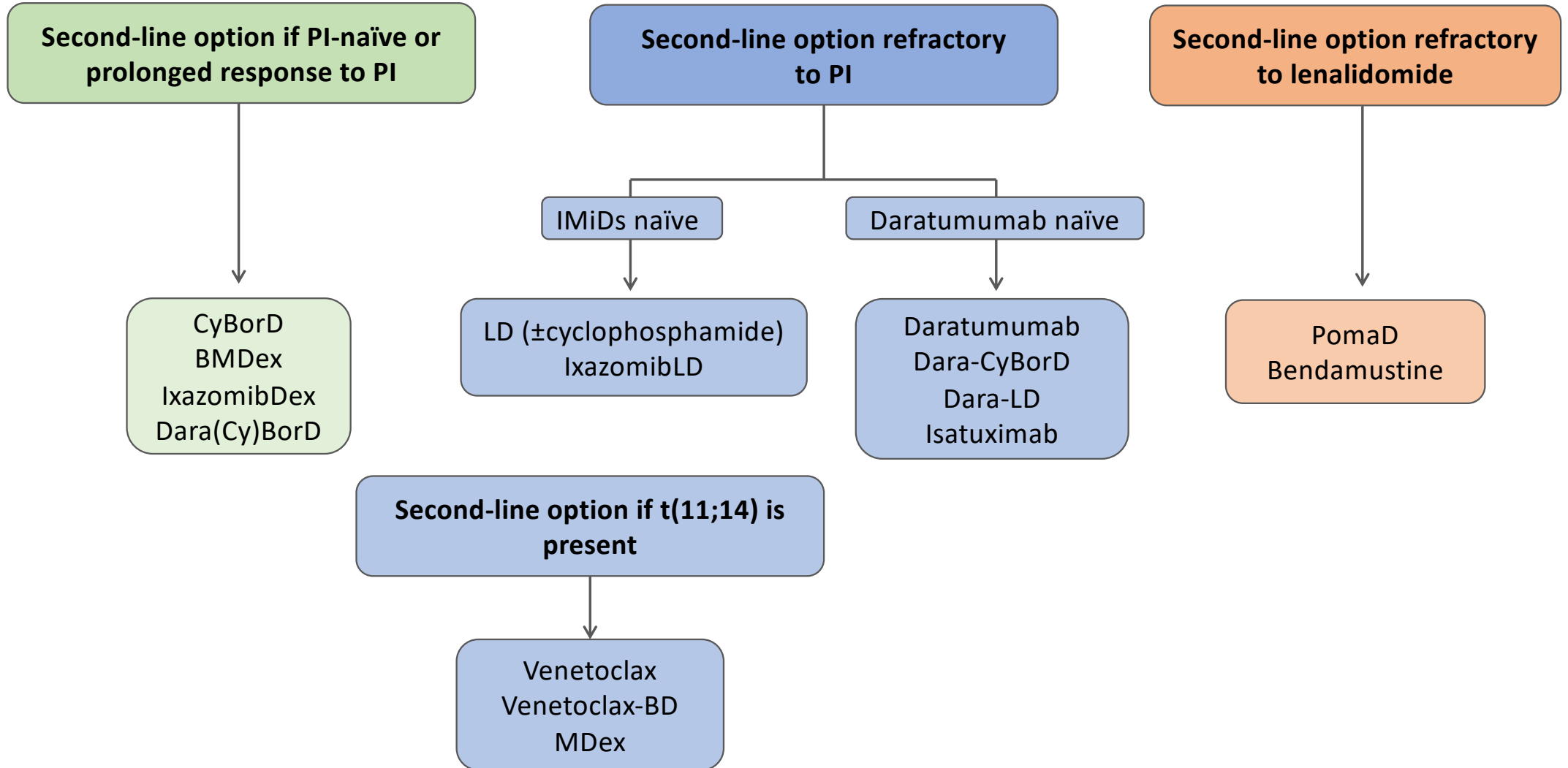
Tentative monitoring schedule during (and after) treatment



CR, complete response; dara, daratumumab; PR, partial response; VGPR, very good response

Adapted from Palladini & Milani. Curr Opinion Oncol 2022

ISA/EHA guidelines for non-transplant chemotherapy



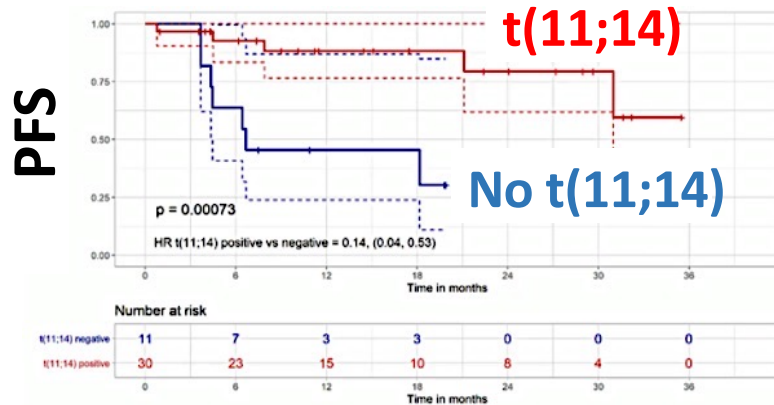
BD, bortezomib, dexamethasone; BMDex, bortezomib, melphalan, dexamethasone; CyBorD, cyclophosphamide, bortezomib, dexamethasone; Dara, daratumumab; IMiDs, immunomodulatory drug; PI, proteasome inhibitor; PomaD, pomalidomide, dexamethasone

Wechalekar et al. *Amyloid* 2022;1-15

Novel anti plasma cell agents in AL

Venetoclax in patients with t(11;14)

- VGPR/CR: 78%
- Effective after daratumumab

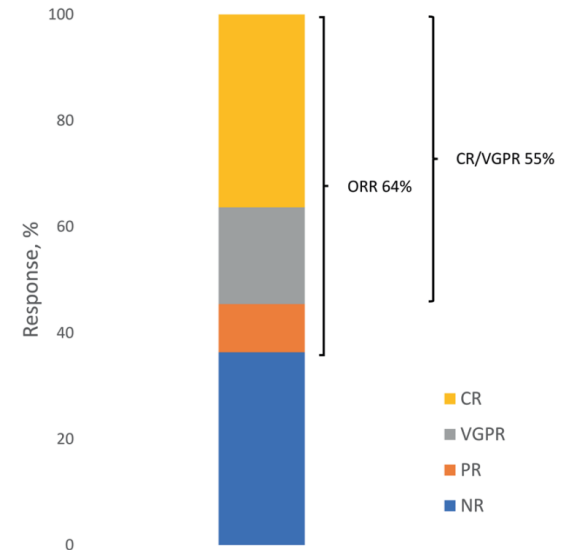


Premkumar, et al. Blood Cancer J 2021

- The overall hematologic response rate was 88%, 35% achieved a CR, and 35% achieved VGPR.

Lebel et al. Cancer 2023

Belantamab mafodotin



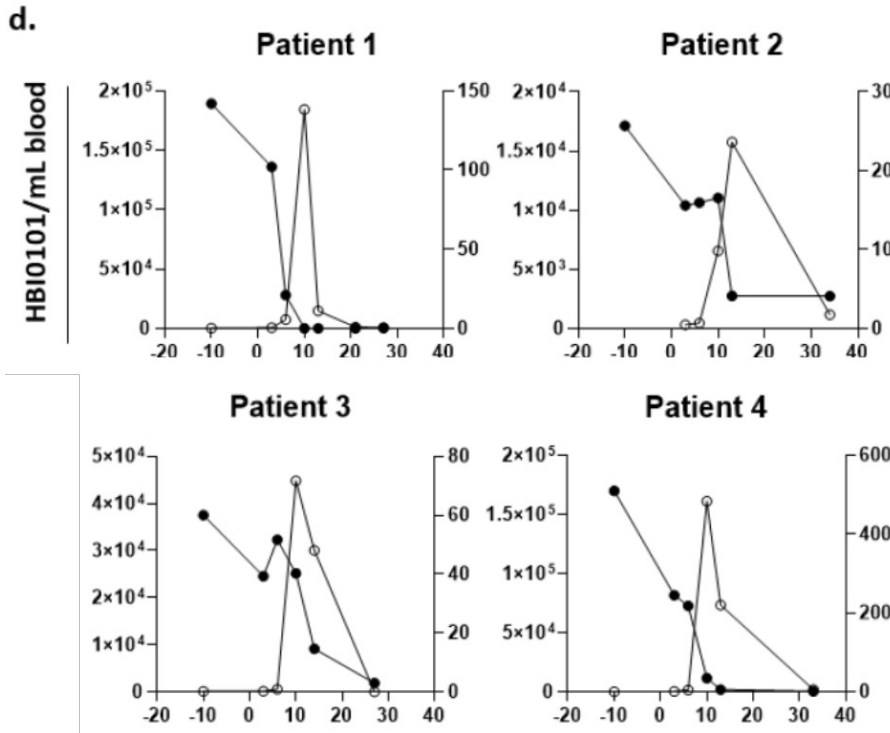
Khwaja et al. Blood Cancer J 2022

- The overall response rate was 72.7% (8 pts; VGPR: 3 pts and PR: 5 pts).
- Four (36.4%) pts had ≥ 1 SAE, including 2 (18.2%) pts with a belamaf-related grade 2 and 4 visual impairment (1 [9.1%] pt each).

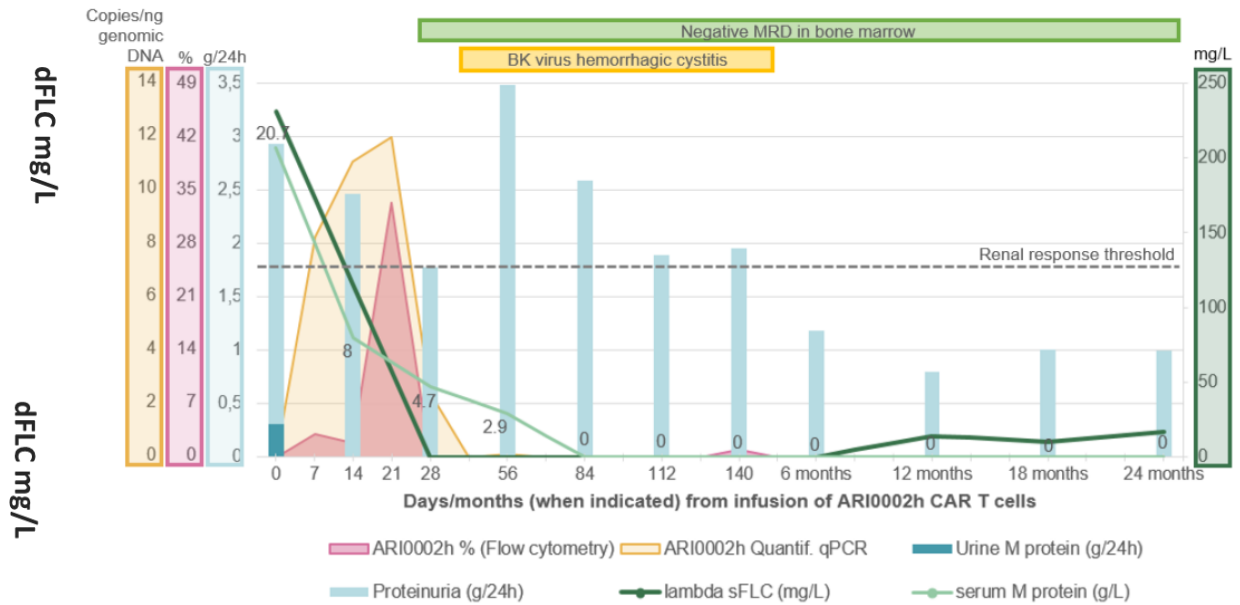
Kastritis et al. EHA2023 abstract

Novel anti plasma cell agents in AL

A novel academic BCMA-CART (HBI0101)



4/4 patients attained CR + organ response



Responses to CAR-T are long-lasting

538 Feasibility of a Novel Academic Anti-BCMA Chimeric Antigen Receptor T-Cell (CART) (HBI0101) for the Treatment of Relapsed and Refractory AL Amyloidosis
 Gatt et al. ASH23 – oral abstract

Kfir-Erenfeld, Asherie, et al. Clin Cancer Res 2022

Oliver-Caldes, et al. ISA 2022

Anti-Fibrillar Antibodies: CAEL-101

• CAEL-101

- Phase 1a/b: 27 pts, 63% had evidence of organ response
- Phase 2: CAEL-101 dose 1000 mg/m² with CyBorD (+/- Dara)
 - No obvious impact on rate of hematologic responses
 - Organ responses in 2-7 months (heart 15/19, renal 9/9)

540 Safety and Tolerability of Cael-101, an Anti-Amyloid Monoclonal Antibody, Combined with Anti-Plasma Cell Dyscrasia Therapy in Patients with Light-Chain Amyloidosis: 24-Month Results of a Phase 2 Study.

Valent et al. ASH2023 – oral abstract

A Study to Evaluate the Effectiveness and Safety of CAEL-101 in Patients With Mayo Stage IIIa AL Amyloidosis (NCT04512235) → closed

A Study to Evaluate the Effectiveness and Safety of CAEL-101 in Patients With Mayo Stage IIIb AL Amyloidosis (NCT04504825) → closed

Survival Benefit of Birtamimab in Mayo Stage IV AL Amyloidosis in the Phase 3 VITAL Study

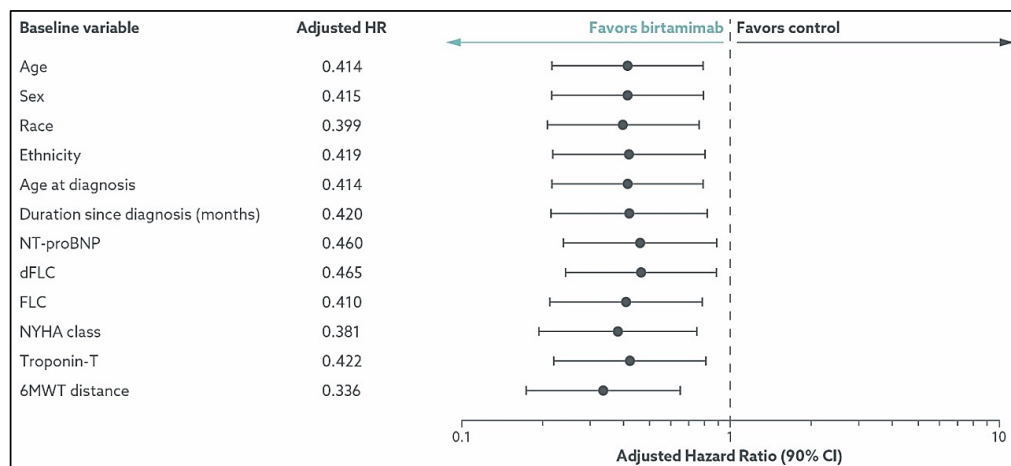
Results

- Of the 260 patients enrolled in the VITAL study, 77 (29.6%) were characterized as Mayo Stage IV at baseline, 38 randomized to birtamimab + SOC, and 39 to placebo + SOC
 - Patients had a median age of 64 years and were primarily white (93.5%) and male (68.8%)
 - Baseline demographic and clinical characteristics were generally balanced between the 2 treatment groups among these patients

Conclusions

- Birtamimab is the only investigational therapy that has shown a significant survival benefit in Mayo Stage IV AL amyloidosis patients
- The survival benefit of birtamimab was consistent across all key baseline variables, including demographic factors, clinical characteristics, and laboratory parameters

Forest Plot of Birtamimab Survival Benefit Adjusted for Key Baseline Variables for Patients With Mayo Stage IV AL Amyloidosis (ITT population [9 months])

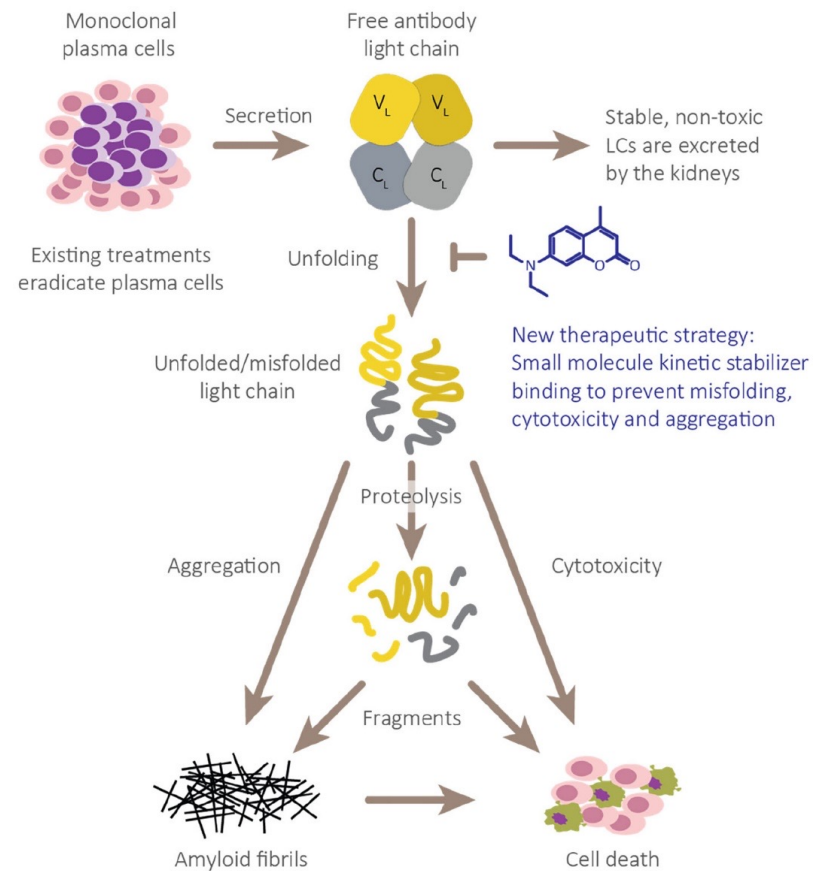


A Study to Evaluate the Efficacy and Safety of Birtamimab in Mayo Stage IV Patients With AL Amyloidosis (AFFIRM-AL) (NCT04973137)

Other therapies

Light chain stabilizers

- Pharmacologic stabilization of native LCs could stop LC aggregation, potentially stopping disease progression
- Several classes of molecules have been identified as potential stabilizers



*Morgan, et al. Proc Natl Acad Sci USA. 2019.
Yan, et al. Bioorganic & Medicinal Chemistry Letters. 2020
Morgan et al Hemato 2021.*

Conclusions

- Management of systemic amyloidosis – where do we stand:
 - ✓ biomarkers allow early diagnosis, risk-adapted treatment design, and reliable assessment of response with validated criteria
 - ✓ daratumumab-CyBorD is a new standard of care in the majority of patients
- Much is left to do:
 - ✓ improve early diagnosis (education, screening programs)
 - ✓ define a standard-of-care for high-risk patients with AL amyloidosis
 - ✓ validate a definition of hematologic progression
 - ✓ validate new sensitive technologies (MS, MRD) to assess response
 - ✓ newer anti-PC approaches
 - ✓ alternative treatment targets (LC stabilizers, doxycycline, anti-amyloid Abs)

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Cardiology Unit

Stefano Ghio

Clinical Chemistry Laboratory

*Riccardo Albertini
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