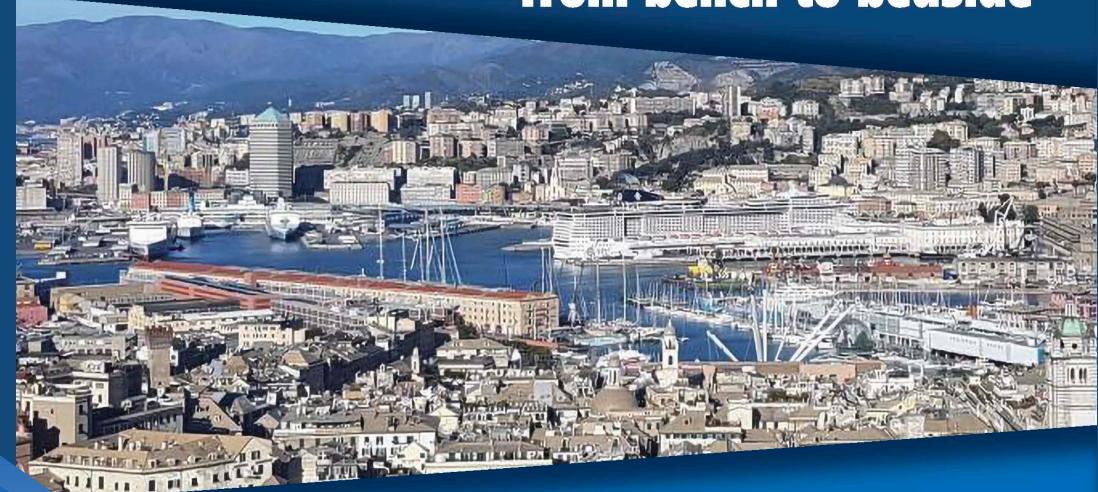


# **2023 Multiple Myeloma updates: from bench to bedside**



**Dr.  
Giuseppe Bertuglia**

**AOU Città della salute e della Scienza  
University of Torino, Italy**

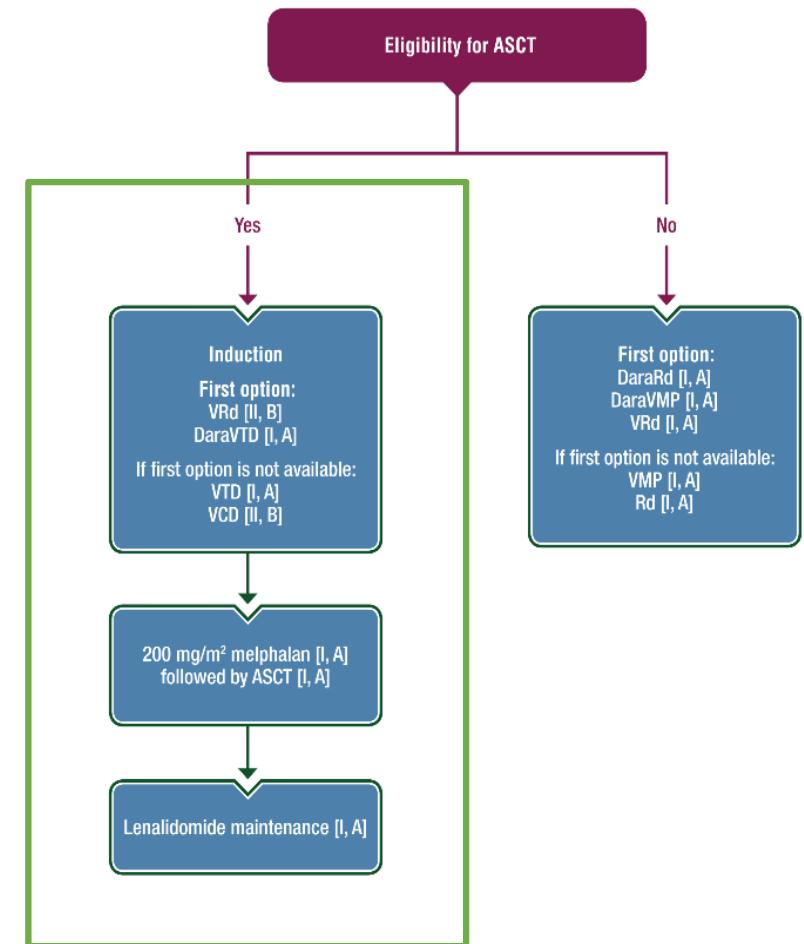
**NH Marina Hotel, Genoa, Italy  
20-21 November 2023**

**FRONTLINE THERAPY FOR NEWLY  
DIAGNOSED YOUNG PATIENTS  
WITH MULTIPLE MYELOMA**

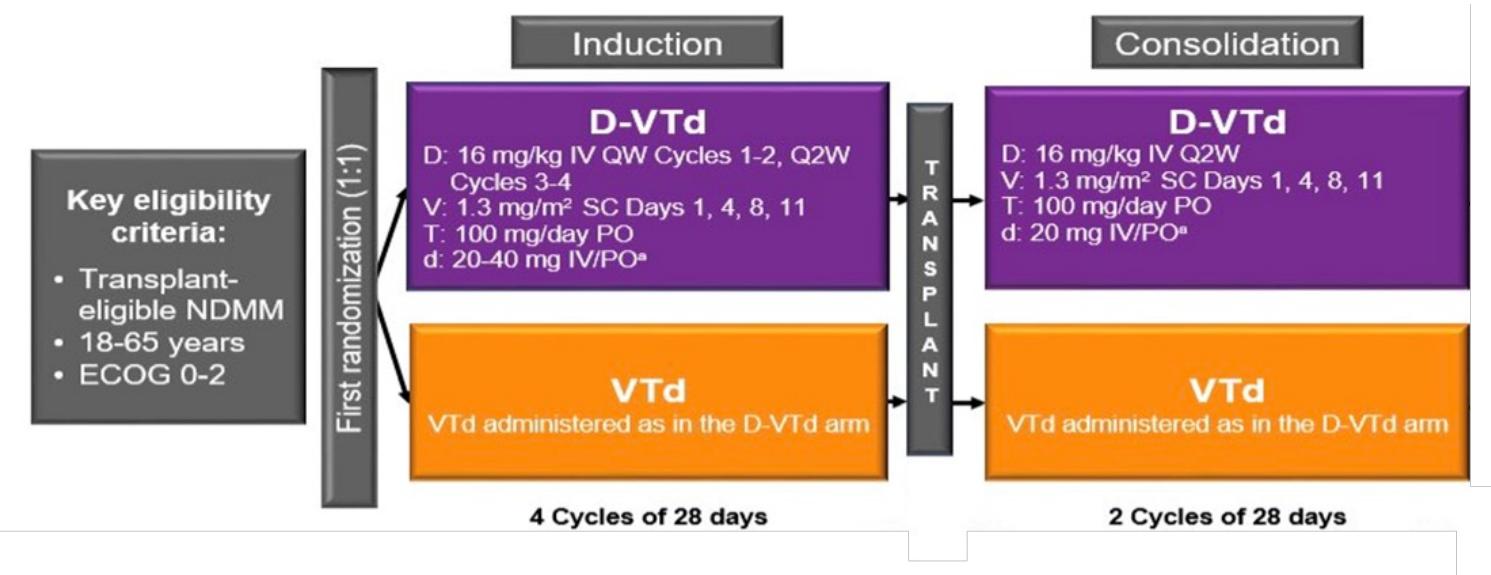
# AGENDA

1. What is the impact of the incorporation of anti-CD38 in the induction regimen?
2. Is there still a role of ASCT?
3. Is consolidation recommended?
4. What is the best strategy for maintenance?
5. What's the future?

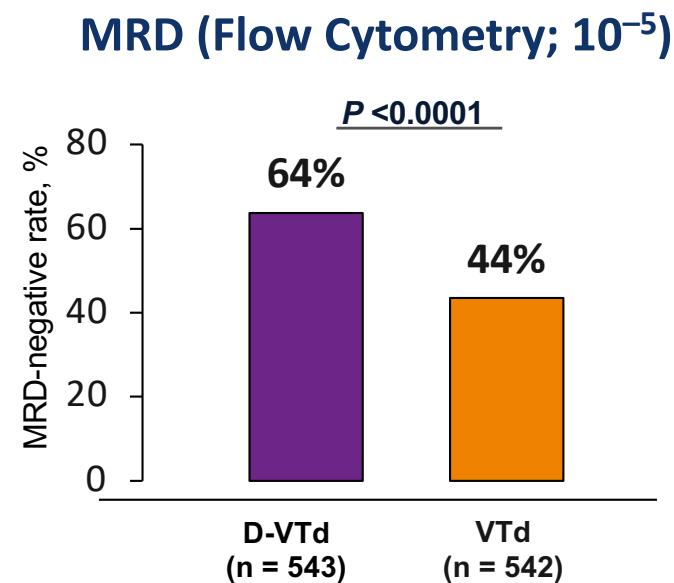
ESMO  
2021



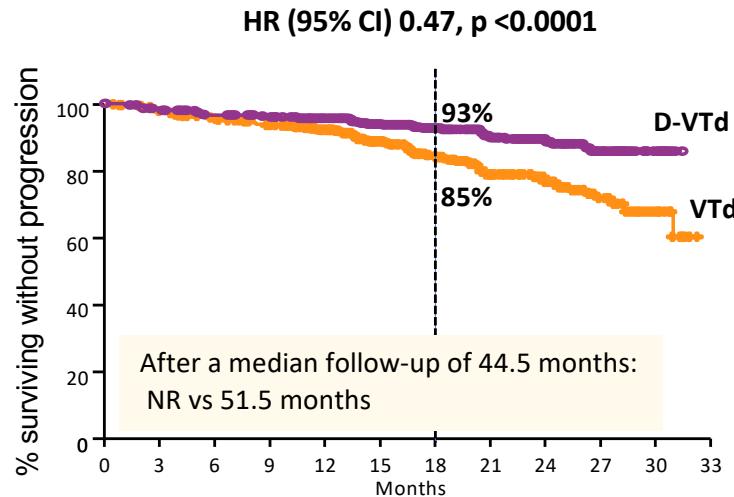
# CASSIOPEIA TRIAL: up-front use of anti-CD38



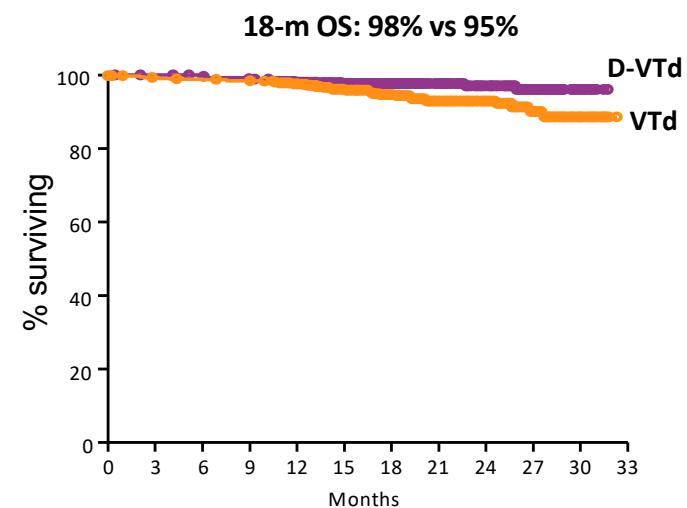
Median (range) follow-up: 18.8 (0.0-32.2) months



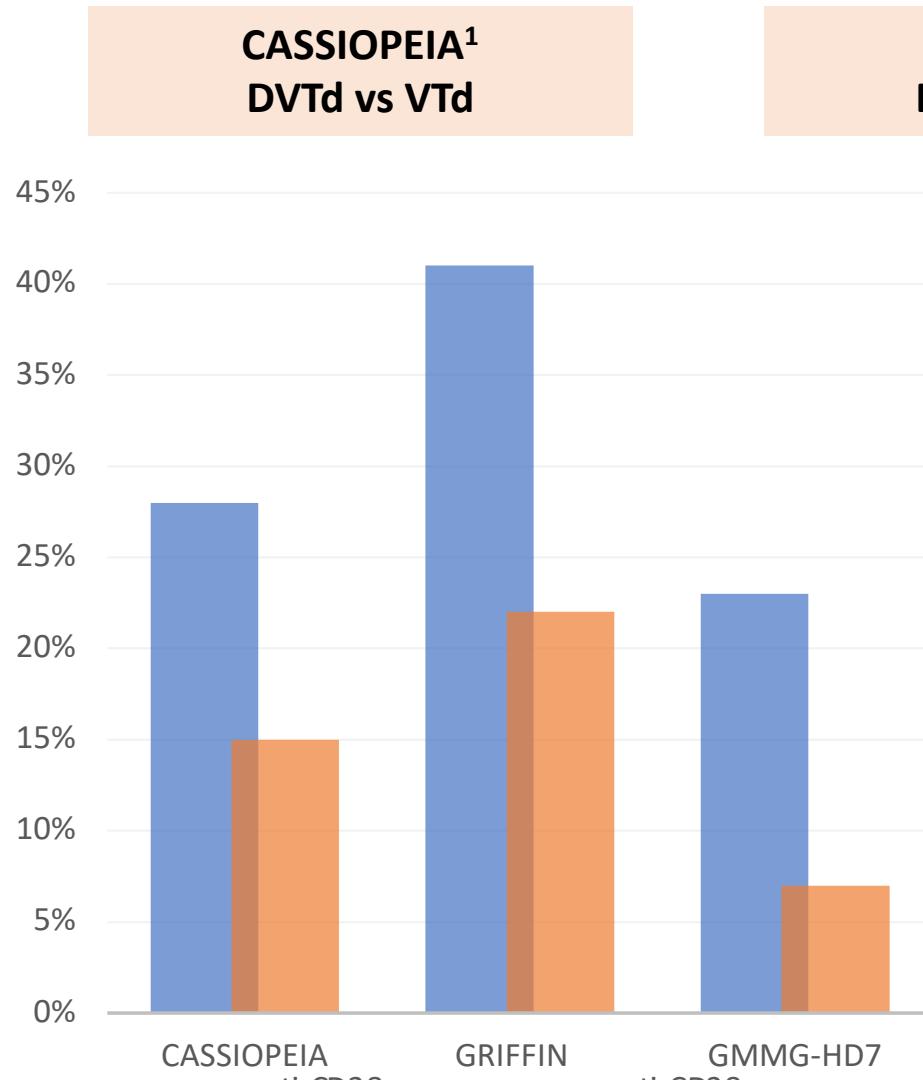
## PFS From First Randomization



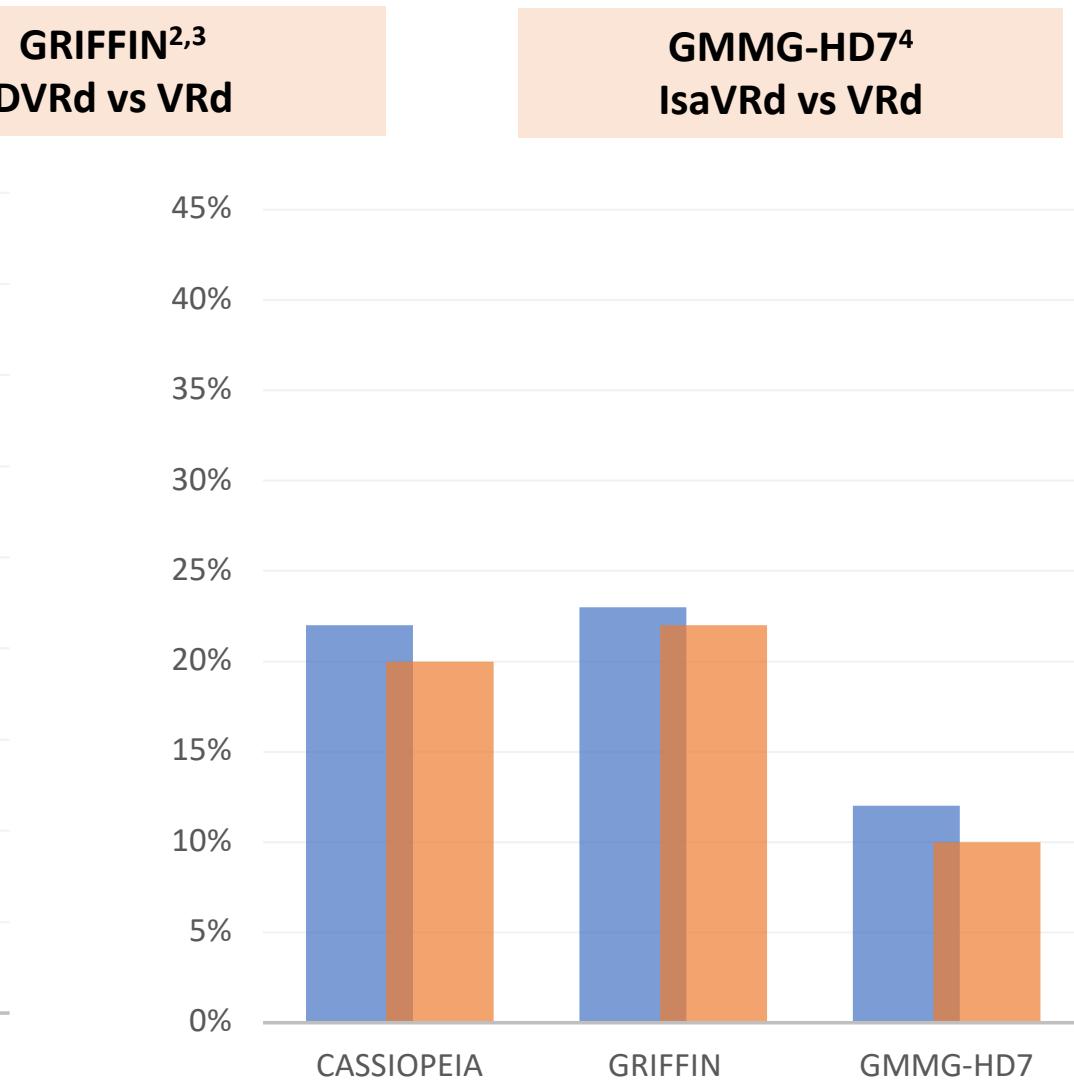
## OS analysis



# Up-front use of anti-CD38: impact on rate infection

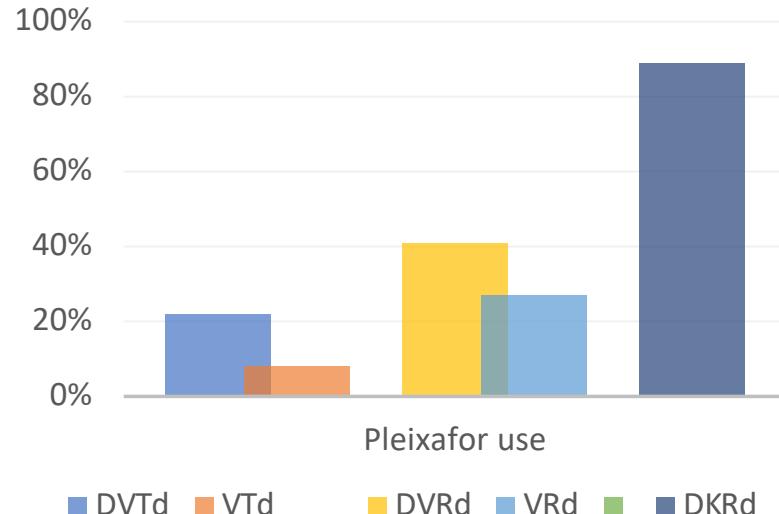
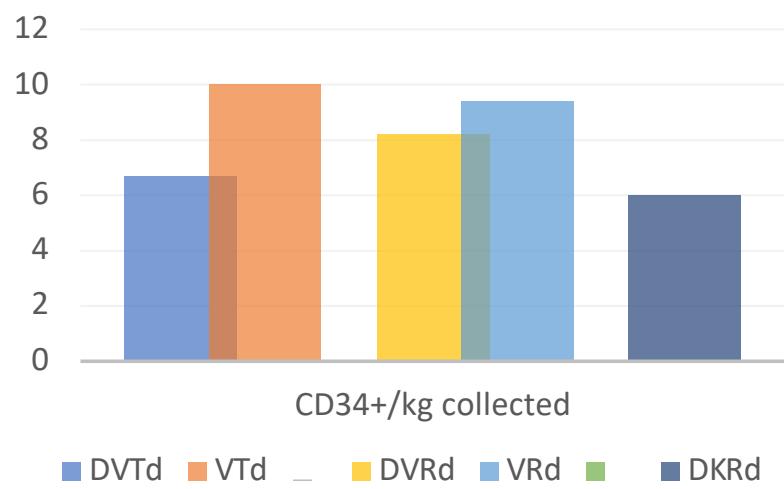


**Incidence of ≥ grade 3 neutropenia**



**Incidence of ≥ grade 3 infection**

# Up-front use of anti-CD38: impact on stem cell mobilization

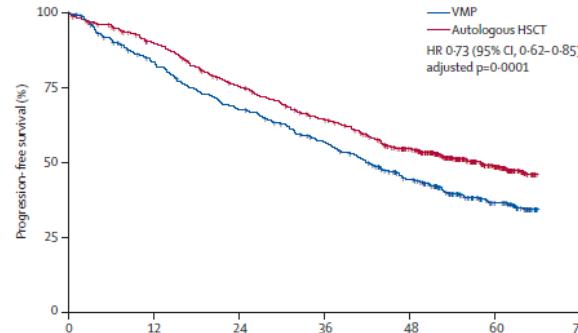


- Anti-CD38 Moab regimens seem to impact on hematopoietic stem cell yield ( $\downarrow$ ) and the use of plerixafor ( $\uparrow$ )
- Overall cost ( $\uparrow$ )
- However, no significantly impact on transplant rates or hematopoietic engraftment

# The role of ASCT: PFS benefits

## EMN-02/HO95

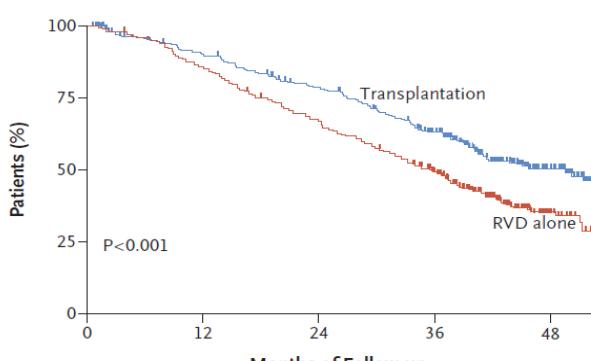
Median follow-up: 60 months



**mPFS:** **56.7 months** in the ASCT group vs. **41.9 months** in the VMP group

## IFM-2009

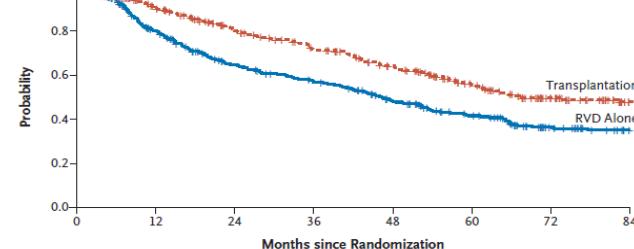
Median follow-up: 43-44 months



**mPFS:** **50 months** in the ASCT group vs. **36 months** in the RVD-alone group

## DETERMINATION

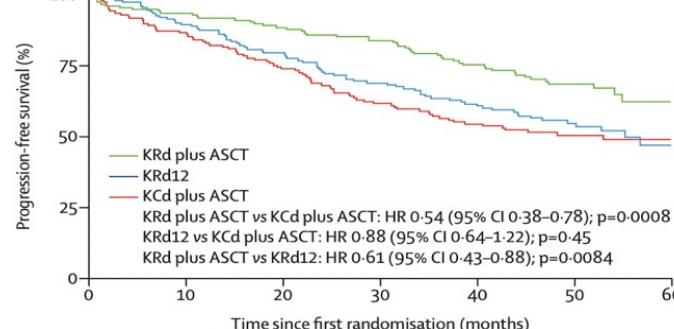
Median follow-up: 76 months



**mPFS:** **67.5 months** in the ASCT group and **46.2 months** in the RVD-alone group

## FORTE

Median follow-up: 51 months

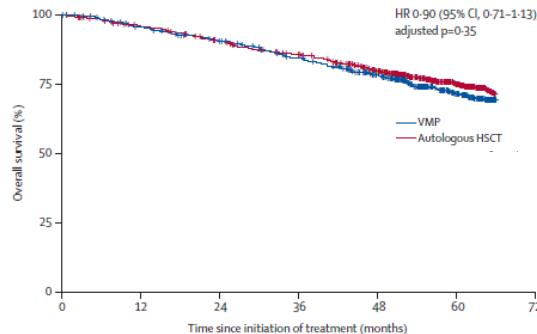


**4-y PFS:** **69%** in the ASCT group and **56%** in the KRd12 group  
**mPFS:** NR vs 55 months

# The role of ASCT: OS benefits

## EMN-02/HO95

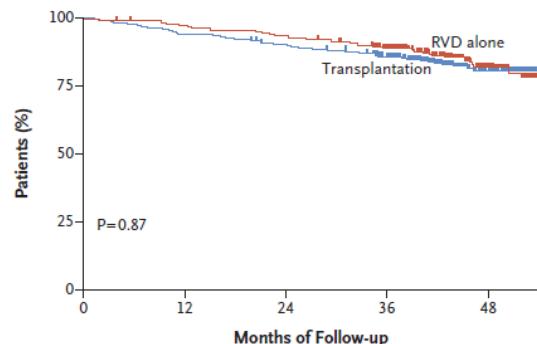
Median follow-up: 60 months



5-year OS: **75.1%** for ASCT  
vs. **71.6%**

## IFM-2009

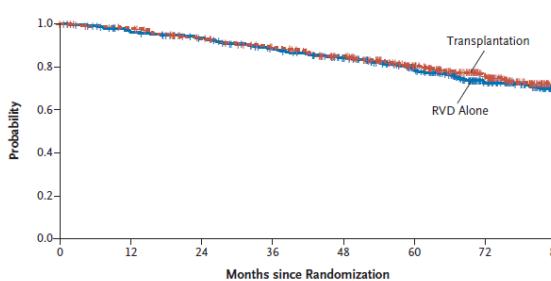
Median follow-up: 43-44 months



4-y OS: **81%** in the ASCT group vs. **82%** in the RVD-alone group  
mOS: **NR** vs **NR**

## DETERMINATION

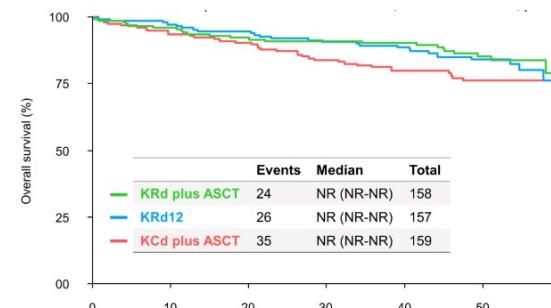
Median follow-up: 76 months



Estimated 5-y OS: **80.7%** in the ASCT group vs. **79.2%** in the RVD-alone group

## FORTE

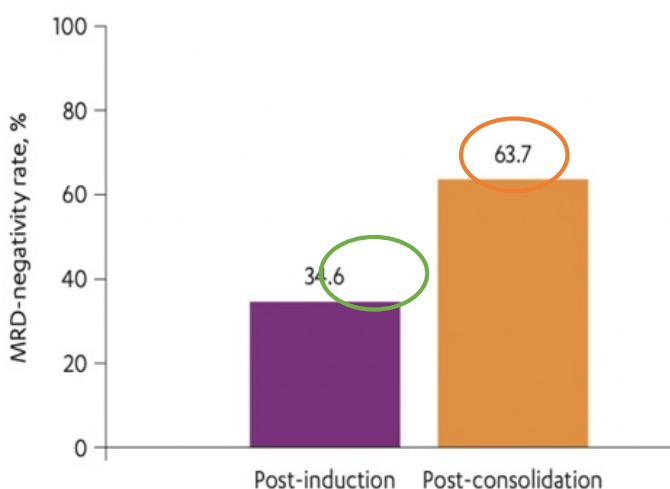
Median follow-up: 51 months



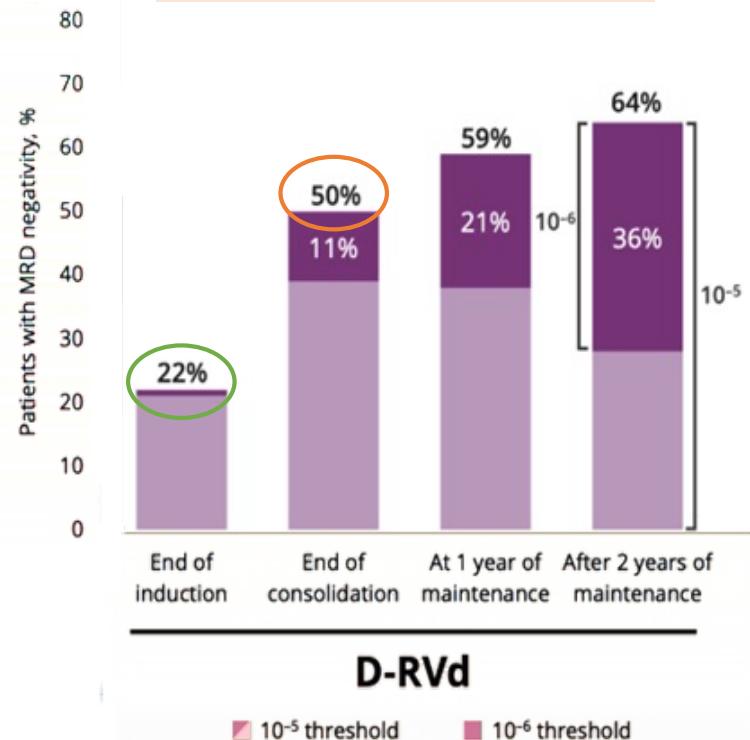
4-y OS: **86%** with KRd plus ASCT vs. **85%** with KRd12

# HDM-ASCT incorporated in 4-drug, induction and consolidation regimens increased the rates of MRD negativity

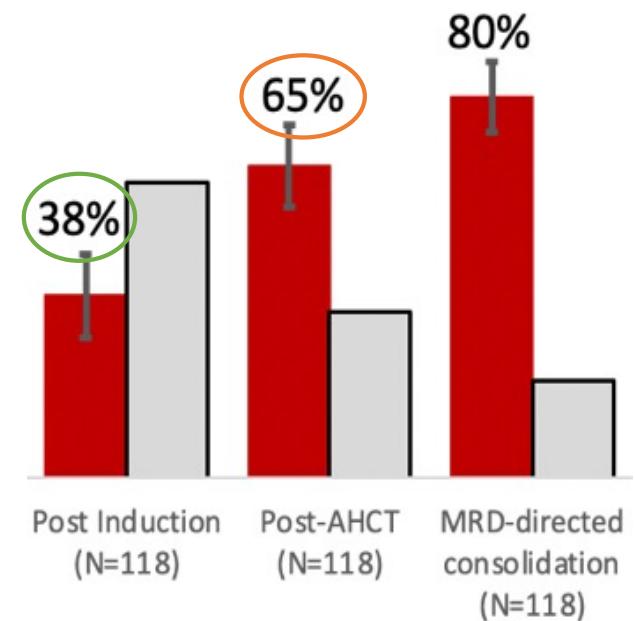
## CASSIOPEIA Dara-VTd



## GRIFFIN Dara-VRd



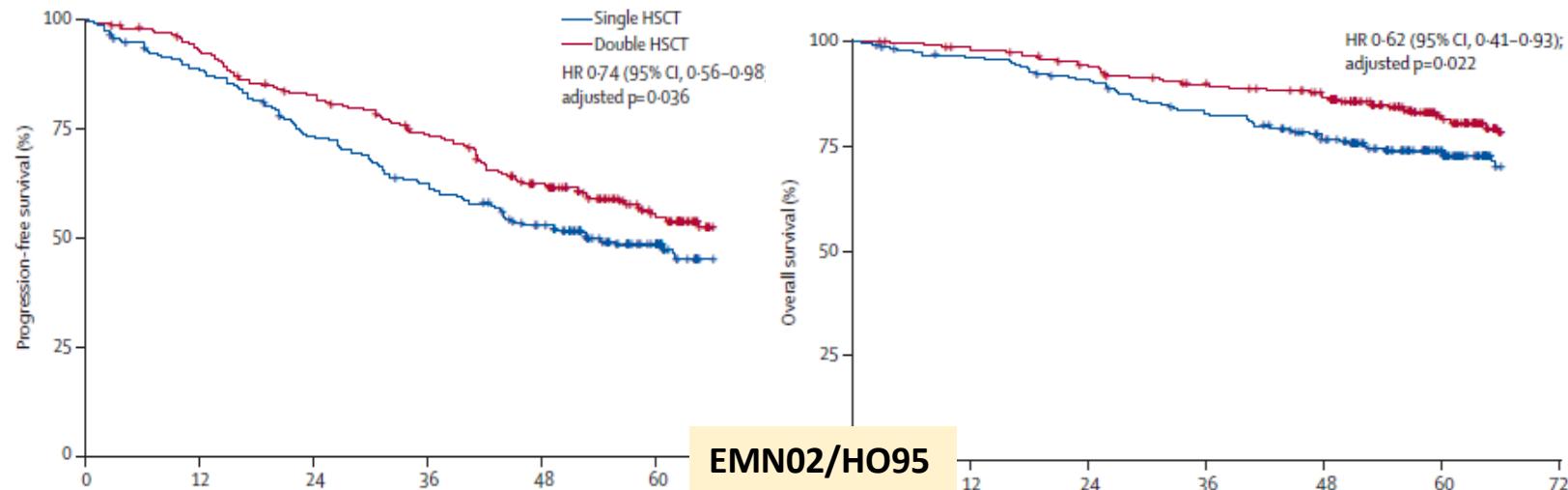
## MASTER Dara-KRd



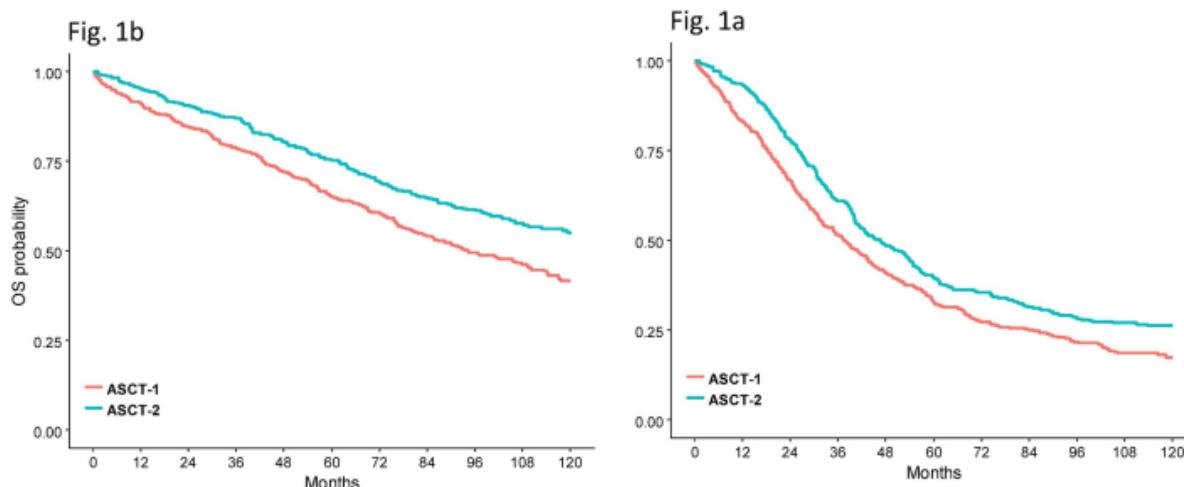
HDM, high-dose melphalan; ASCT, autologous stem-cell transplantation; MRD, minimal residual disease; Dara, D, daratumumab; V, bortezomib; T, thalidomide; d, dexamethasone; R, lenalidomide; K, carfilzomib.

Avet-Loiseau H. et al. Blood. 2021; 138(s1): 82 [abstract, ASH 2021];  
Laubach JP et al. Blood. 2021; 138(s1): 79 [abstract, ASH 2021]; Costa LJ  
et al. Blood. 2021; 138(s1): 481 [abstract, ASH 2021].

# What about the role TANDEM ASCT?

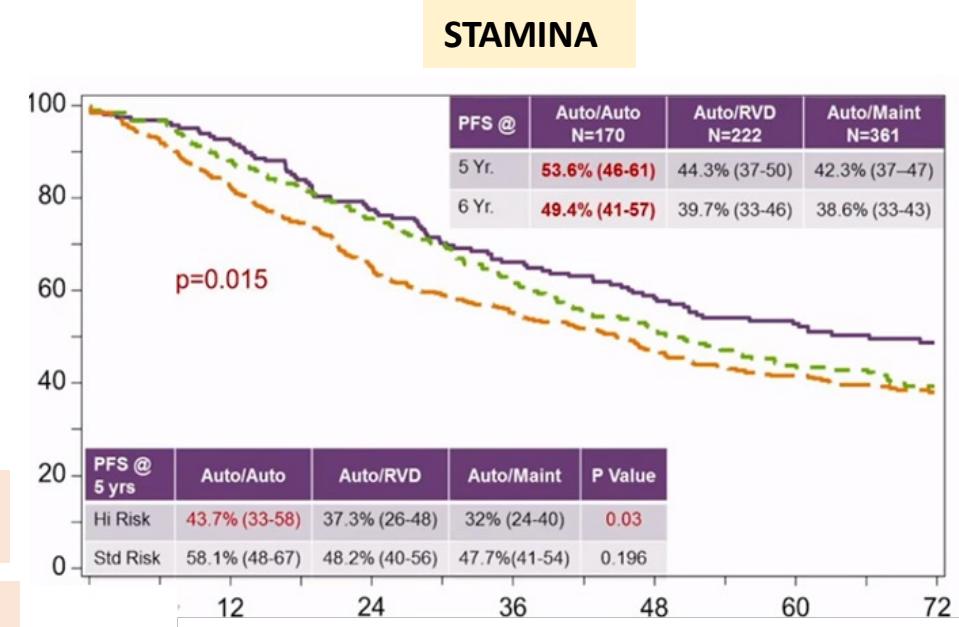


Tandem-ASCT appears to be feasible option especially for patients with high-risk MM



ultra high-risk pts

mPFS: 35 vs 14 mos; HR 0.45, CI 0.21-0.79; p=0.008)  
estimated 10-yr OS: 26% vs 6%, HR 0.44, CI 0.21-0.90; p=0.025)



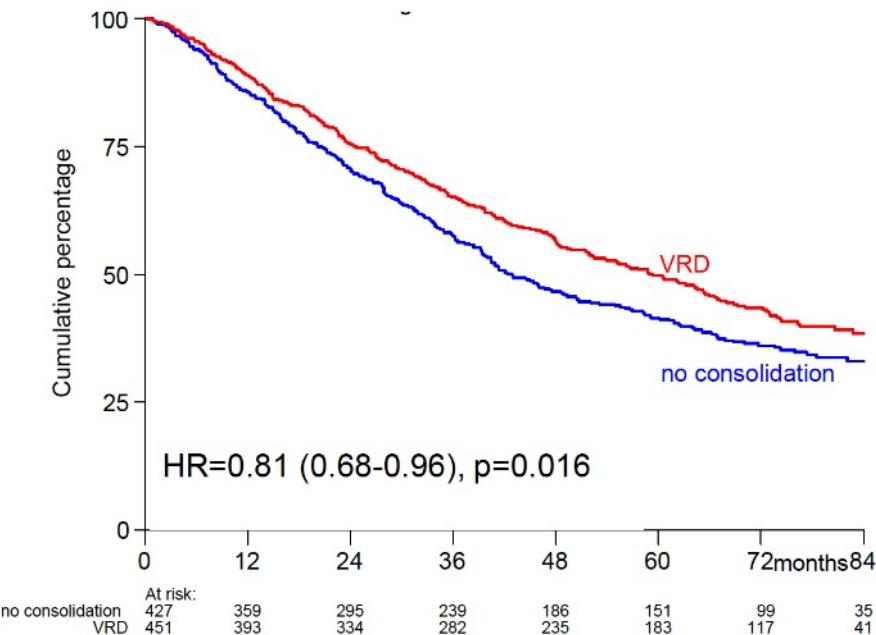
Cavo et al., single vs. double ASCT, Blood 2018

Hari P, et al. Long term follow of STAMINA study, JCO 2020

# Is there a role for consolidation in the current treatment scenario?

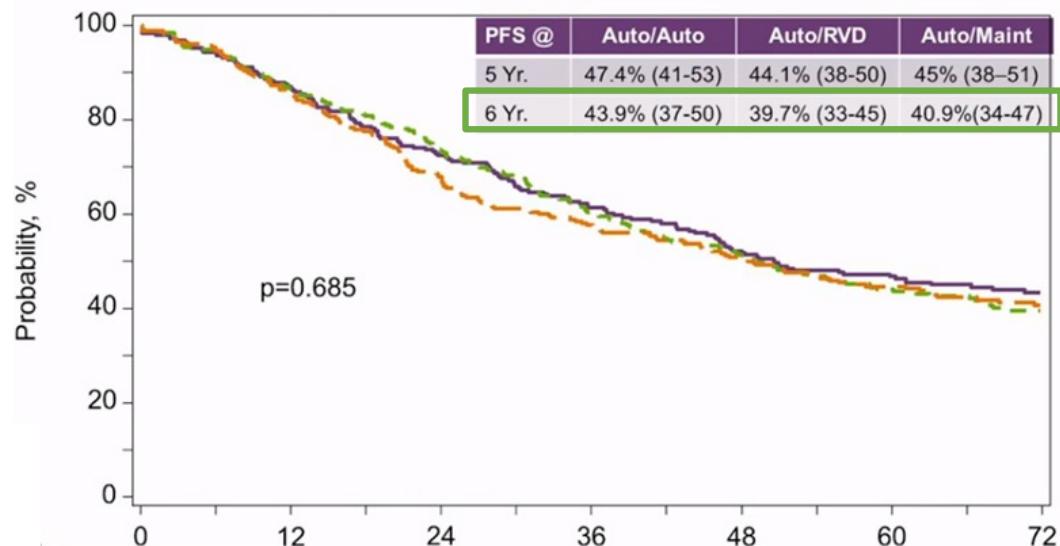
Median follow-up from R2: 71.3 months

## EMN02/HO95: VRd x 2 cycles vs no consolidation Progression-free survival



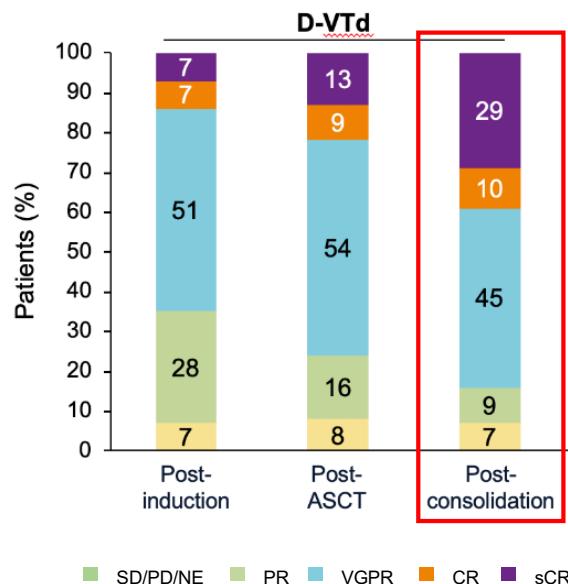
Median follow-up from R2: 76 months

## STAMINA: VRd x 4 cycles vs no consolidation Progression-free survival

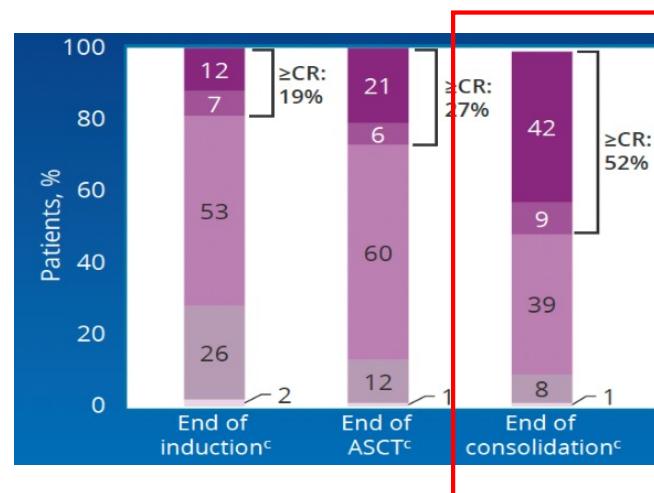


# Post-ASCT consolidation improved response rates: a matter of when or for how long?

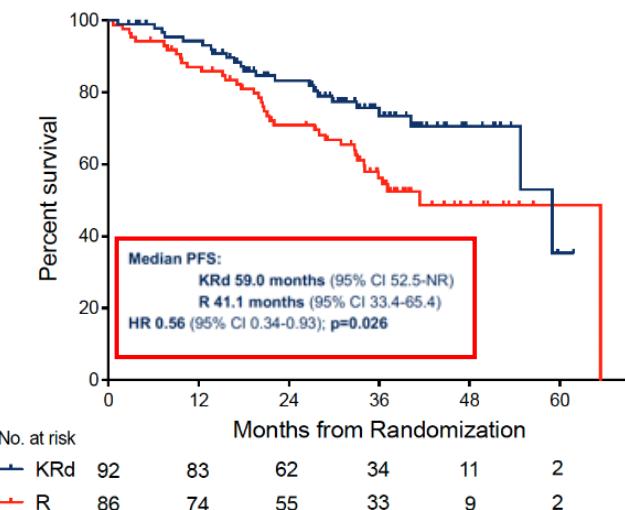
DVTd vs VTd consolidation:  
CASSIOPEIA study



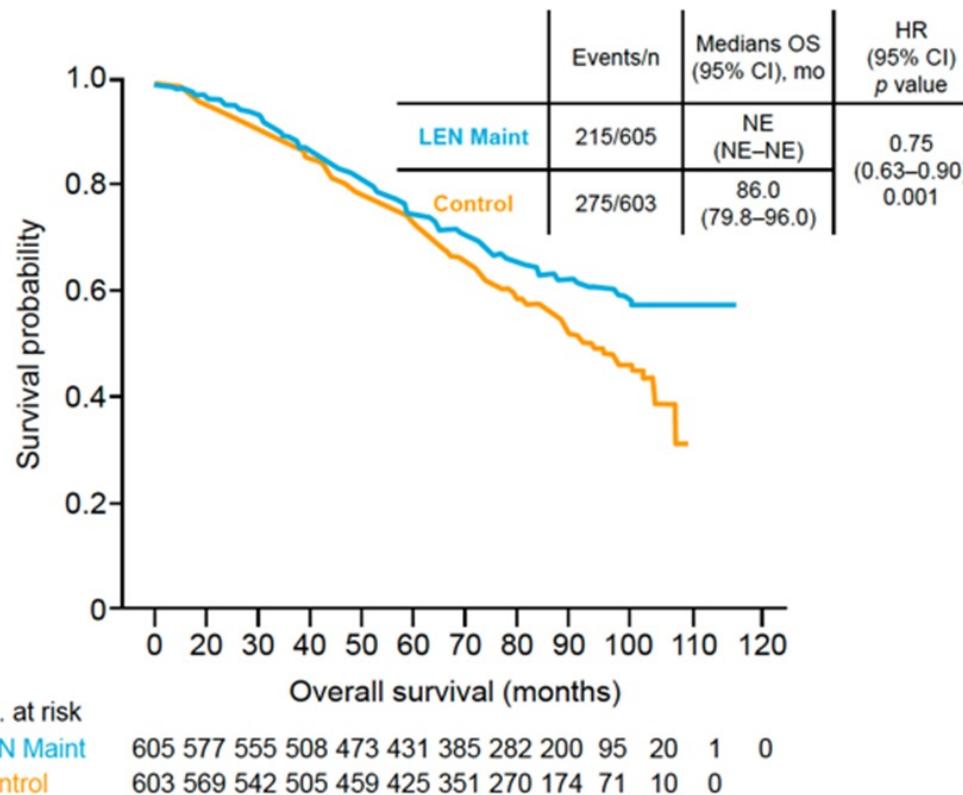
DVRd vs VRd consolidation:  
GRIFFIN study



KRd consolidation vs R  
maintenance: ATLAS study



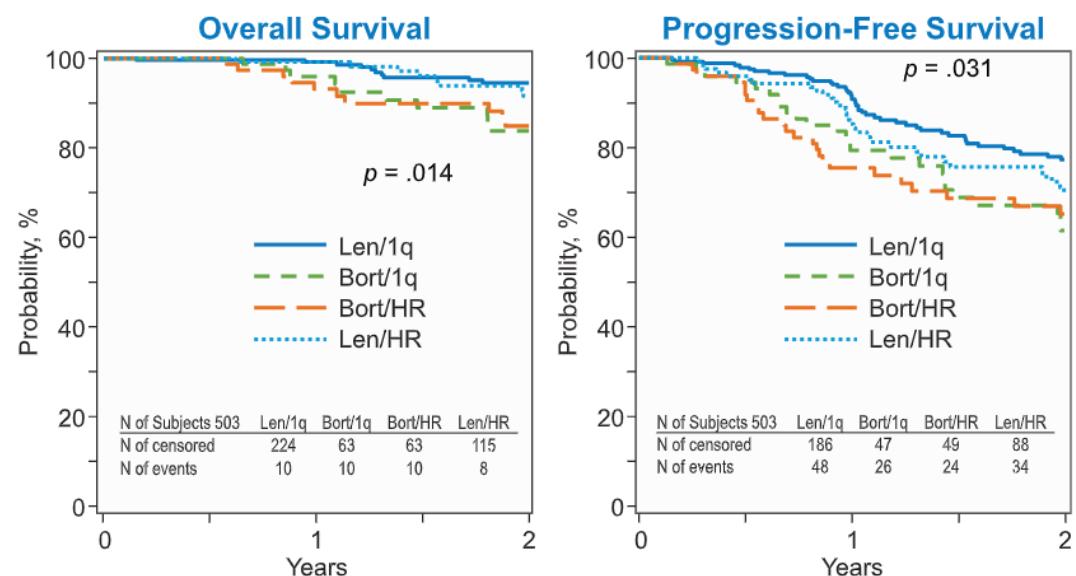
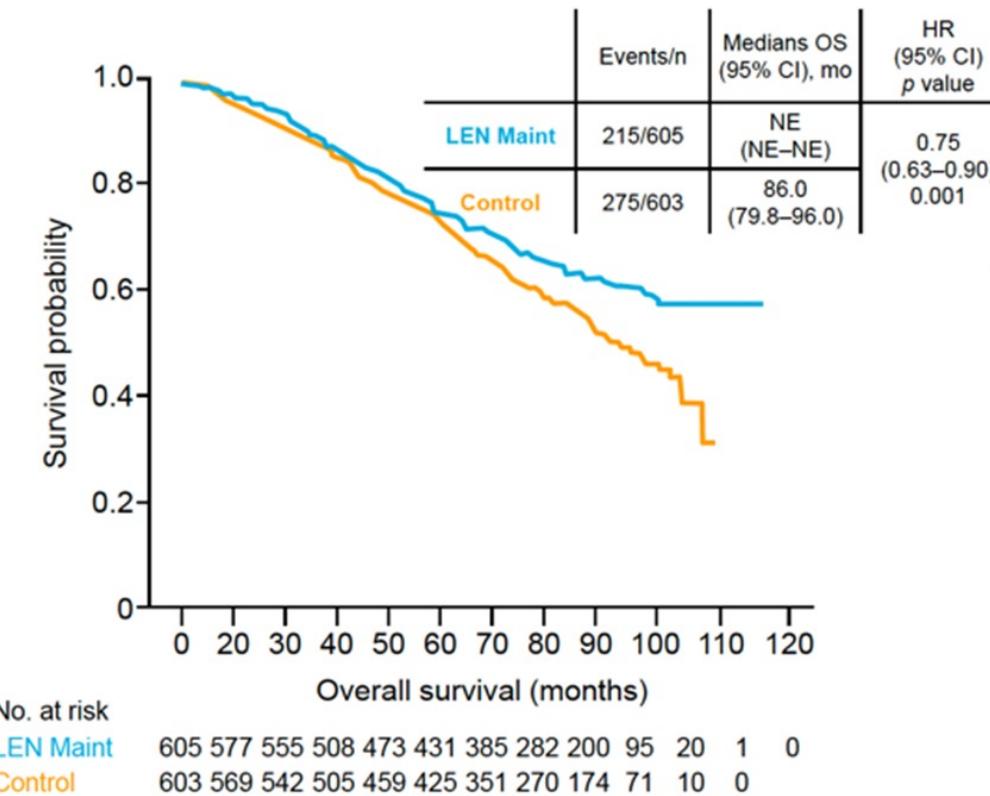
# Lenalidomide maintenance: meta-analysis of 3 randomized studies



The risk of developing PD was higher than the risk of developing an invasive SPM in both groups.

# Lenalidomide maintenance: meta-analysis of 3 randomized studies

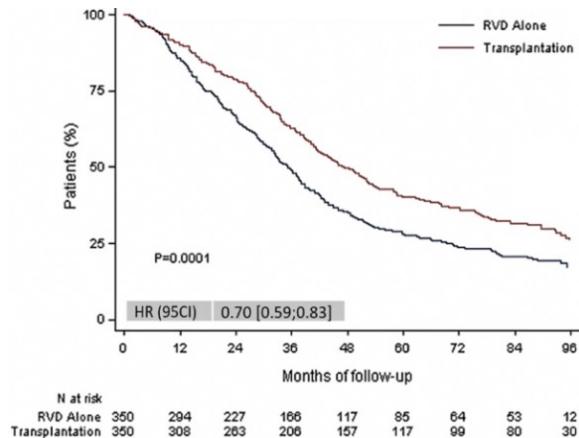
...and bortezomib maintenance?



# Lenalidomide maintenance: fixed duration or until progression?

## IFM 2009: len 1 year

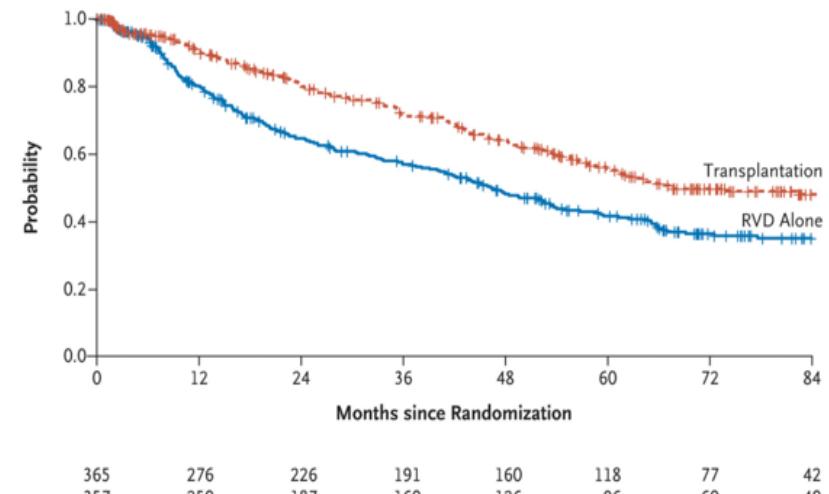
PFS: Median, 47 vs. 35 months



\*1-year lenalidomide maintenance in the IFM 2009 study; until progression in the DETERMINATION study.

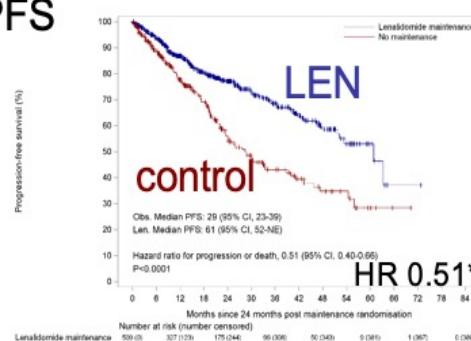
## DETERMINATION: len until progression

PFS: Median, 68 vs. 46 months

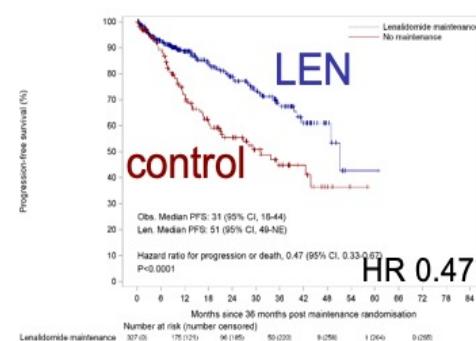


PFS

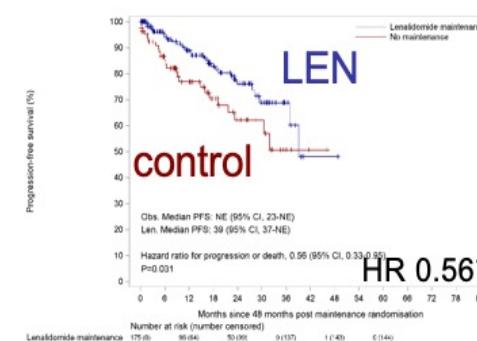
2 years



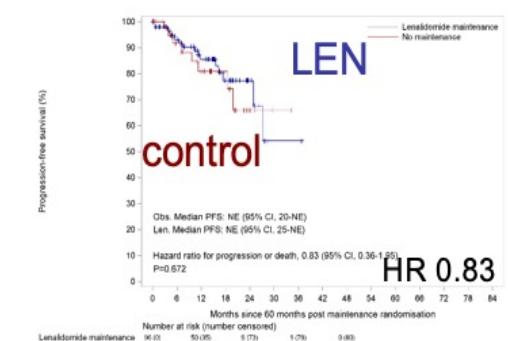
3 years



4 years



5 years

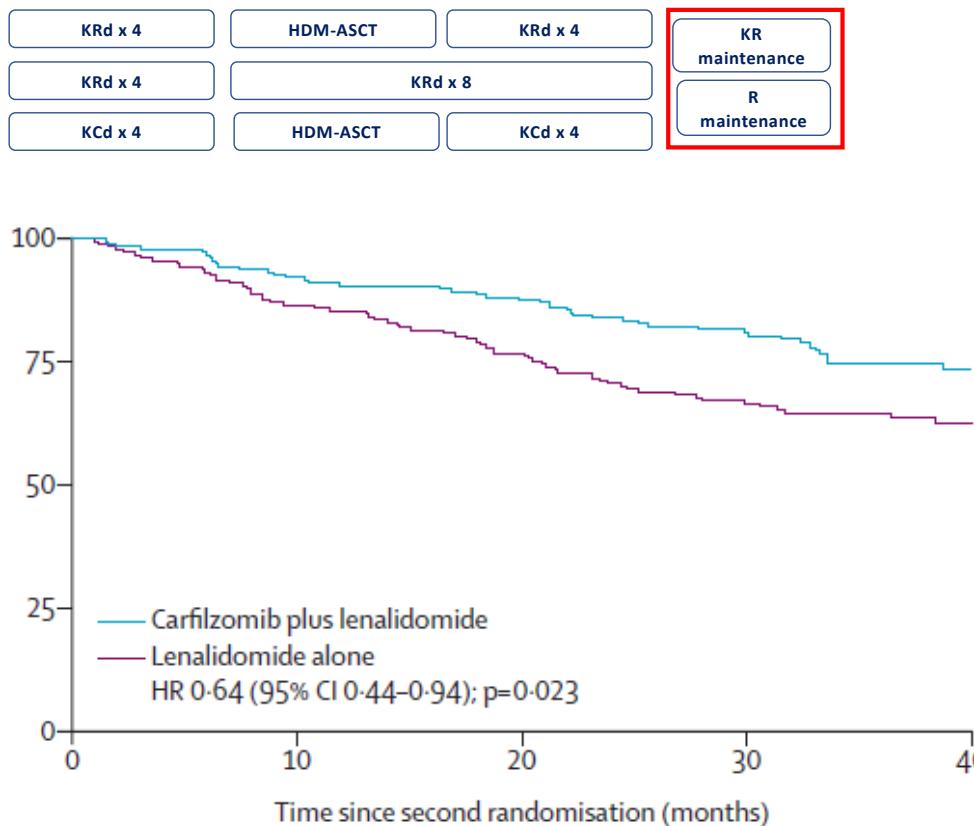


# Lenalidomide maintenance: Len-base combinations are better?

## R vs KR maintenance

FORTE

Median follow-up from random 2: 37 months

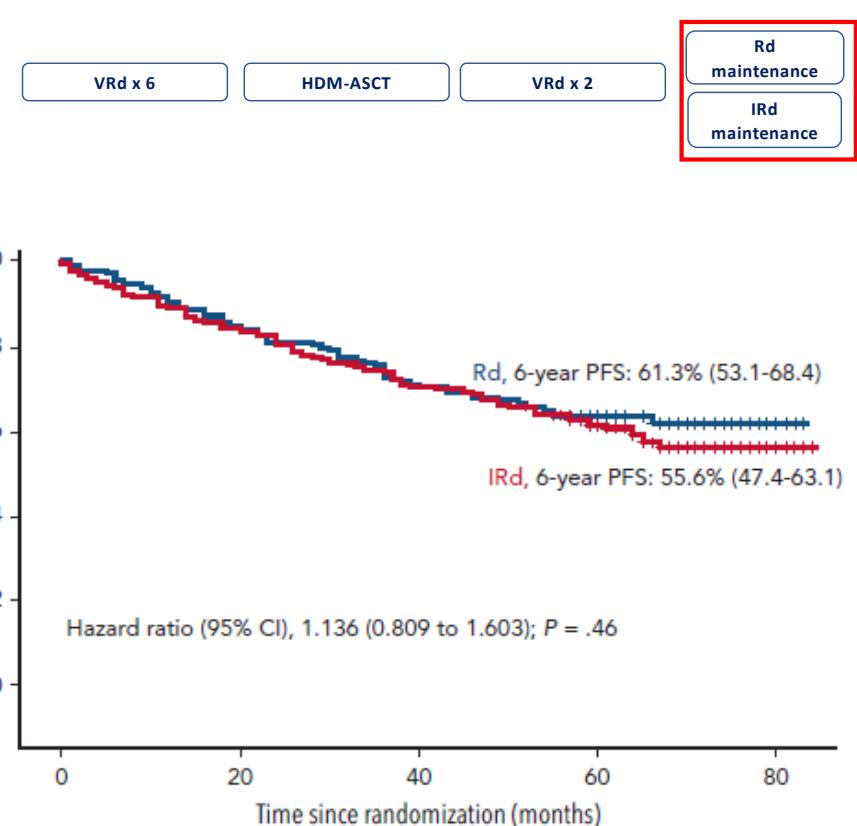


3-year PFS: 75% with KR vs. 65% with R  
HR 0.64 [95% CI 0.44–0.94], **p=0.023**

## Rd vs IRd maintenance

GEM2014

Median follow-up: 69 months



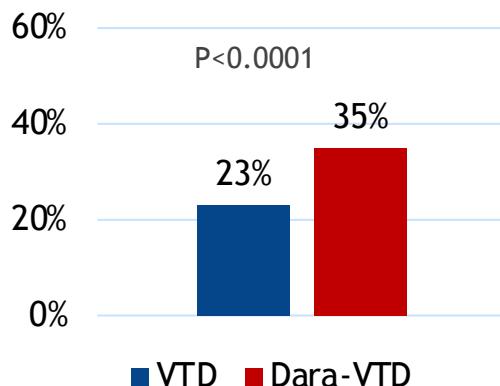
6-year PFS: 61.3% with Rd vs. 55.6% with IRd  
HR 1.1 [95% CI 0.81–1.60], p=0.46

WHAT'S THE  
FUTURE?

# In the era of quadruplets: alternative to DVTd

CASSIOPEIA<sup>1</sup>  
DVTd vs VTd (4x4w cycles)

MRD neg (N=1085)

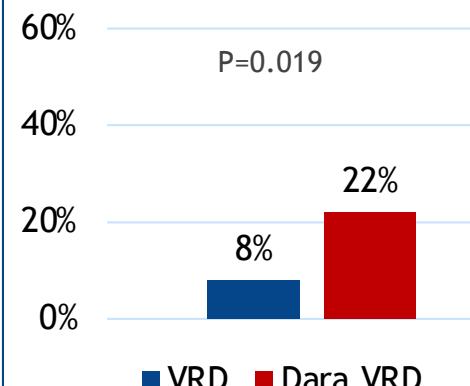


Duration of induction therapy: 112 days

Median follow-up of 44.5 months:  
NR vs 51.5 months

GRIFFIN<sup>2,3</sup>  
DVRd vs VRd (4x4w cycles)

MRD neg (N=207)

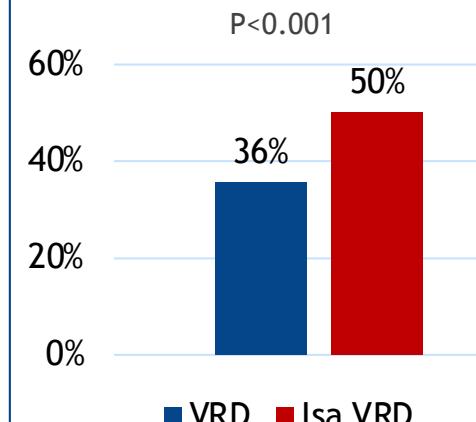


Duration of induction therapy: 84 days

Follow-up: 38.6 months  
mPFS: NR either arm  
Estimated 36-month PFS: 88.9% vs. 81.2%

GMMG-HD7<sup>4</sup>  
IsaVRd vs VRd (3x6w cycles)

MRD neg (N=660)



Duration of induction therapy: 126 days

## WHAT'S THE FUTURE?

# In the era of quadruplets: alternative to DVTd

### Key eligibility criteria:

TE NDMM patients aged <70 years

### Stratification:

- Centralized FISH (standard risk/missing vs. high risk defined as del(17p) and/or t(4;14) and/or t(14;16);
- ISS (I vs. II and III)

Four 28-day cycles

### 4× KRd

**K:** 20 mg/m<sup>2</sup> IV dd 1 cc 1 only; followed by 56 mg/m<sup>2</sup> IV dd 8,15 cc 1 and dd 1,8,15 cc 2-4  
**R:** 25 mg PO daily dd 1-21  
**d:** 40 mg PO dd 1,8,15,22

### MOBILIZATION

**Cy:** 2-3 g/m<sup>2</sup> followed by G-CSF

for stem-cell collection

and

### MEL200-ASCT

**MEL:** 200 mg/m<sup>2</sup> followed by ASCT

Four 28-day cycles

### 4× KRd

**K:** 56 mg/m<sup>2</sup> IV dd 1,8,15 cc 5-8  
**R:** 25 mg PO daily dd 1-21  
**d:** 40 mg PO dd 1,8,15,22

Twelve 28-day cycles

### 12× KRd

**K:** 56 mg/m<sup>2</sup> IV dd 1,15  
**R:** 10 mg PO dd 1-21  
**d:** 20 mg PO dd 1,15

### 4× Isa-KRd

**Isa:** 10 mg/kg IV dd 1,8,15,22 cc 1, followed by 10 mg/kg IV dd 1 and 15 cc 2 to 4.  
**K:** 20 mg/m<sup>2</sup> IV dd 1 cc 1 only; followed by 56 mg/m<sup>2</sup> IV dd 8,15 cc 1 and dd 1,8,15 cc 2-4  
**R:** 25 mg PO daily dd 1-21  
**d:** 40 mg PO dd 1,8,15,22

### 4× Isa-KRd

**Isa:** 10 mg/kg IV dd 1,15 cc 5-8  
**K:** 56 mg/m<sup>2</sup> IV dd 1,8,15 cc 5-8  
**R:** 25 mg PO daily dd 1-21  
**d:** 40 mg PO dd 1,8,15,22

### 12× Isa-KRd

**Isa:** 10 mg/kg IV d 1  
**K:** 56 mg/m<sup>2</sup> IV dd 1,15  
**R:** 10 mg PO dd 1-21  
**d:** 20 mg PO dd 1,15



ASH | Annual Meeting & Exposition

4 Results of the Phase III Randomized Ischia Trial: Isatuximab-Carfilzomib-Lenalidomide-Dexamethasone Vs Carfilzomib-Lenalidomide-Dexamethasone As Pre-Transplant Induction and Post-Transplant Consolidation in Newly Diagnosed Multiple Myeloma Patients

Program: General Sessions

Session: Plenary Scientific Session

Hematology Disease Topics & Pathways:

Research, clinical trials, adult, Clinical Research, Combination therapy, Therapies, Adverse Events, Study Population, Human, Minimal Residual Disease

Sunday, December 10, 2023, 2:00 PM-4:00 PM

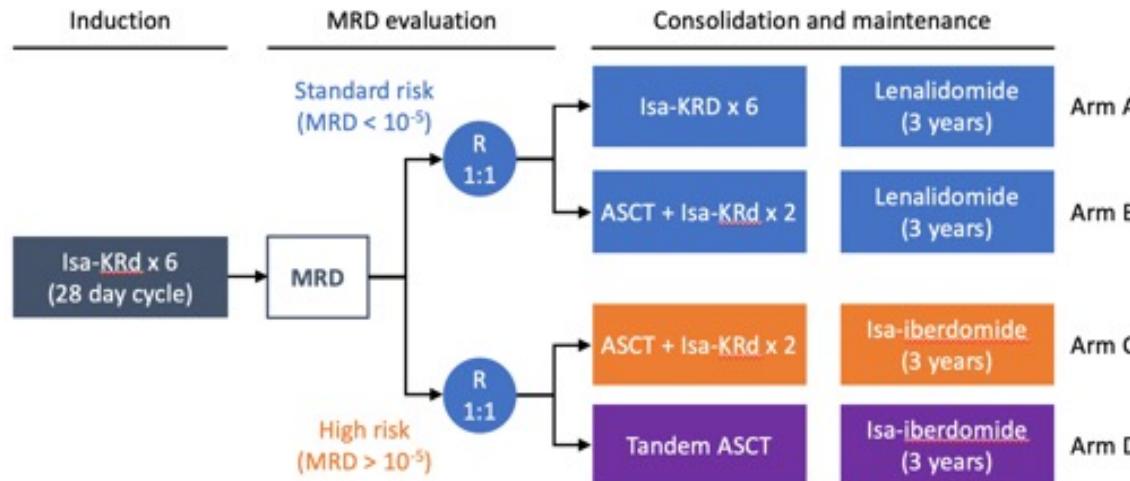
Francesca Gay, MD, PhD<sup>1,2</sup>, Wilfried Roelofzen, MD, PhD<sup>3\*</sup>, Meletios A. Dimopoulos, MD, PhD<sup>4</sup>, Laura Rosiñol, MD, PhD<sup>5\*</sup>, Marjolein van der Klift, MD, PhD<sup>6\*</sup>, Roberto Mina, MD<sup>1,2\*</sup>, Albert Oriol Rocafuera, MD<sup>7\*</sup>, Eirini Katodritou, MD<sup>8\*</sup>, Ka Lung Wu, MD, PhD<sup>9</sup>, Paula Rodriguez Otero, MD, PhD<sup>10\*</sup>, Roman Hajek, MD<sup>11,12</sup>, Elisabetta Antonioli, MD<sup>13\*</sup>, Mark van Duin, PhD<sup>14\*</sup>, Mattia D'Agostino, MD<sup>1,2\*</sup>, Joaquin Martinez-Lopez, MD, PhD<sup>15\*</sup>, Elena M. van Leeuwen-Segurceanu, MD, PhD<sup>16\*</sup>, Paola Tacchetti, MD, PhD<sup>17\*</sup>, Niels W.C.J. van de Donk, MD, PhD<sup>18</sup>, Katja Weisel, MD<sup>19</sup>, Luděk Pour, MD<sup>20\*</sup>, Jakub Radocha, MD, PhD<sup>21</sup>, Angelo Belotti, MD<sup>22\*</sup>, Fredrik Schjesvold, MD, PhD<sup>23,24</sup>, Joan Bladé, MD, PhD<sup>25\*</sup>, Hermann Einsele, MD, PhD<sup>26\*</sup>, Pieter Sonneveld, MD, PhD<sup>14</sup>, Mario Boccadoro, MD<sup>27</sup> and Annemiek Broijl, MD, PhD<sup>28</sup>

TE, transplant-eligible; NDMM, newly diagnosed multiple myeloma; del, deletion; t, translocation; ISS, International Staging System stage; R, randomization; Isa, isatuximab; K, carfilzomib; R, lenalidomide; d, dexamethasone; IV, intravenous; dd, days; cc, cycles; PO, orally; Cy, cyclophosphamide; G-CSF, granulocyte colony-stimulating factor; MEL, melphalan; ASCT, autologous stem-cell transplantation; MRD, minimal residual disease; NGS, next-generation sequencing; PFS, progression-free survival.

ClinicalTrials.gov Identifier: NCT04483739

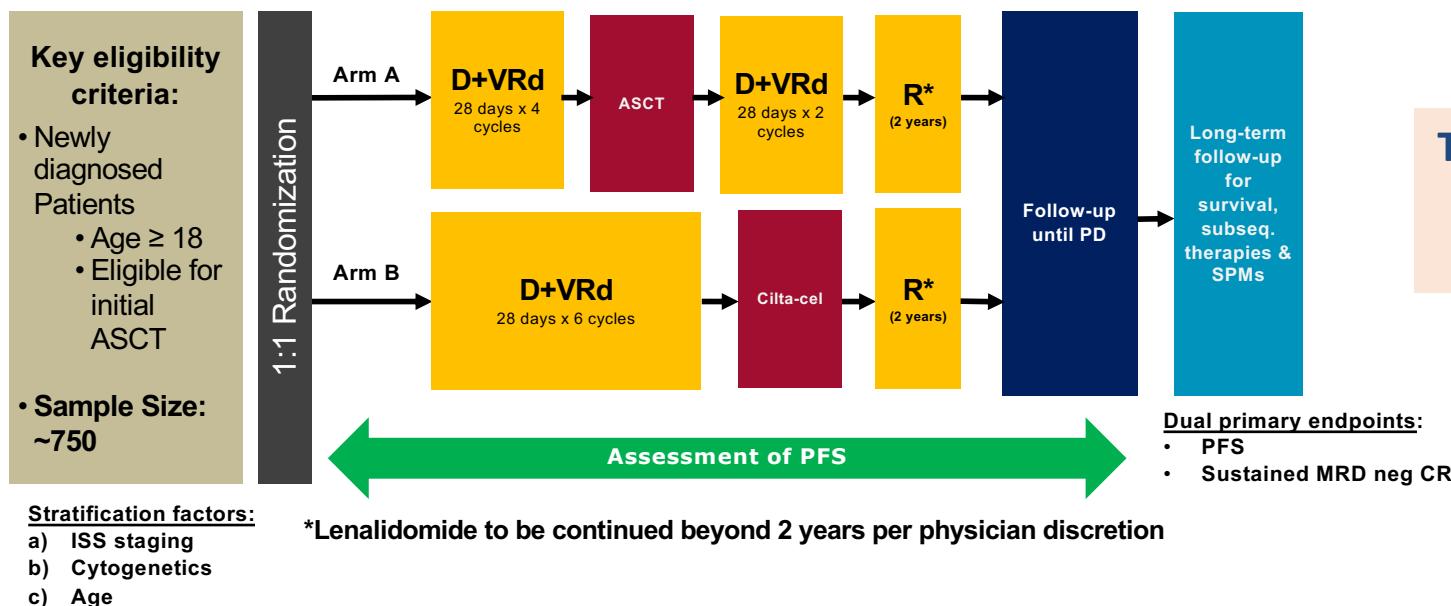
## WHAT'S THE FUTURE?

# Will ASCT be necessary in all NDMM patients?



The randomized, phase III  
IFM 2020-02 Minimal  
Residual Disease Adapted  
Strategy (MIDAS) study

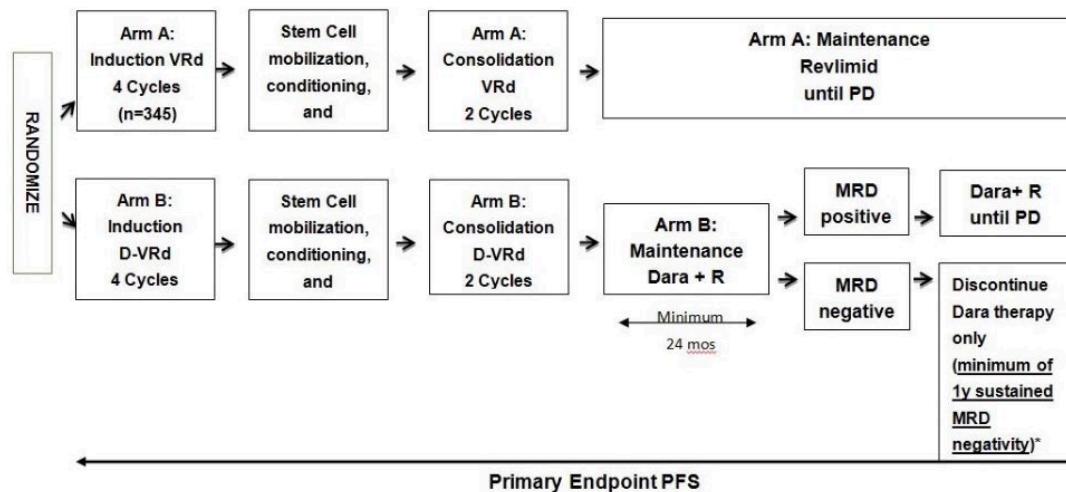
# Will CAR T-cell therapy replace HDM-ASCT as upfront treatment in NDMM patients?



The randomized, phase III  
EMAGINE/CARTITUDE-6  
(EMN28) study

## WHAT'S THE FUTURE?

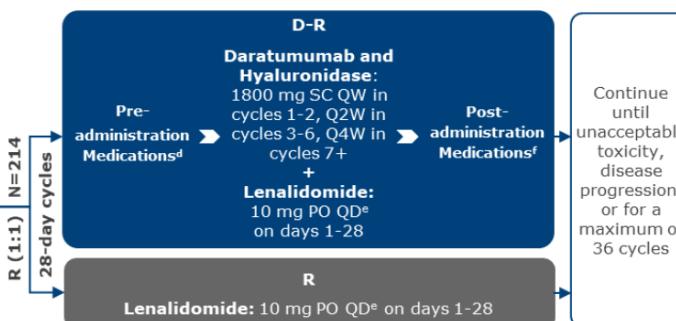
# Maintenance therapy: the role of MRD and anti-CD38



\*opportunity to restart therapy upon relapse from CR or loss of MRD status

## The randomized, phase III PERSEUS (EMN17) study

**NDMM with ≥ 4 cycles of induction treatment and/or consolidation, HDC and ASCT, reaching ≥ VGPR with MRD positive (NGS 10<sup>-5</sup>)**



## The randomized, phase III AURIGA study

# Conclusions

- Quadruplets (PI + IMiDs + anti-CD38 mAb) have replaced triplets as induction and consolidation for TE MM patients: ↑ MRD rates and longer PFS.
- Upfront ASCT was a SoC in the era of triplets (↑ MRD rates and longer PFS as compared to a non transplant approach) and still is a backbone in studies with quadruplets.
- Consolidation is a matter of debate: biological rationale vs treatment duration?
- Lenalidomide maintenance is the current SoC:
  - Duration of maintenance matters, particularly in high-risk patients: the longer the better
  - Two-drug maintenance (e.g. lenalidomide plus carfilzomib) maintenance could prolong PFS

The ongoing trials could change the current scenario in the coming years (induction quadruplets, ASCT replacement, MRD-driven therapy)

# ACKNOWLEDGEMENTS

**Division of Hematology, Department of Molecular Biotechnology and Health Sciences,  
University of Torino  
Azienda Ospedaliero-Universitaria Città della Salute e della Scienza di Torino, Torino, Italy**

Prof. Benedetto Bruno

## Clinical trial and multiple myeloma Unit:

Dr. Sara Bringhen  
Dr. Francesca Gay  
Dr. Alessandra Larocca  
Dr. Giulia Benevolo  
Dr. Mina Roberto  
Dr. Stefania Oliva  
Dr. Mattia D'Agostino  
Dr. Lorenzo Cani  
Dr. Andrea Casson  
Dr. Tommaso Picardi

Laboratory Staff  
Transplant Unit  
Nurses  
Data Managing Staff  
Statisticians



**UNIVERSITÀ  
DI TORINO**

**European Myeloma Network (EMN)**  
Prof. Mario Boccadoro



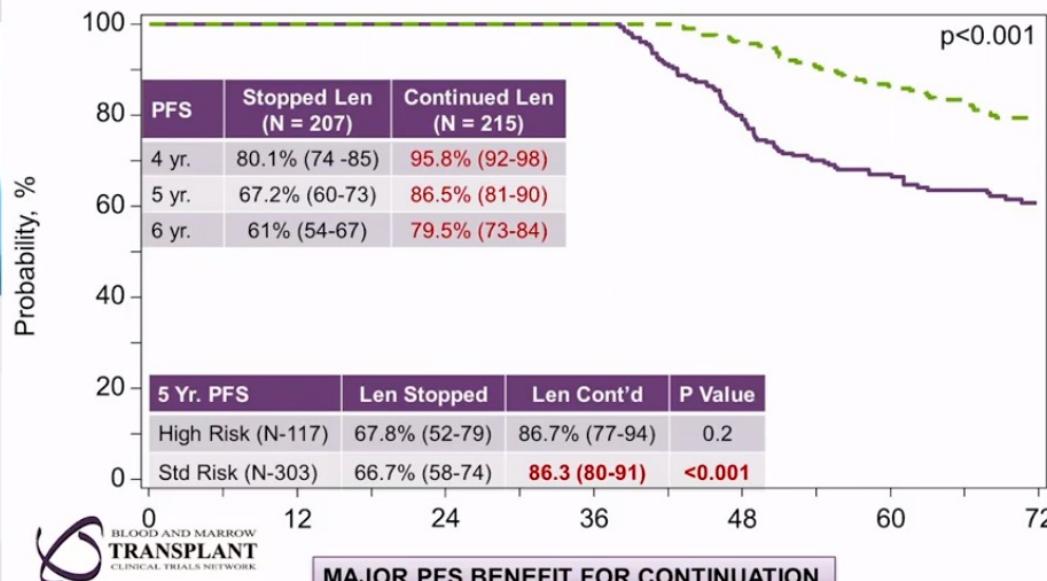




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PFS Landmark Analysis: Len continued beyond 38 mo. vs. Not



13





DONATE NOW >

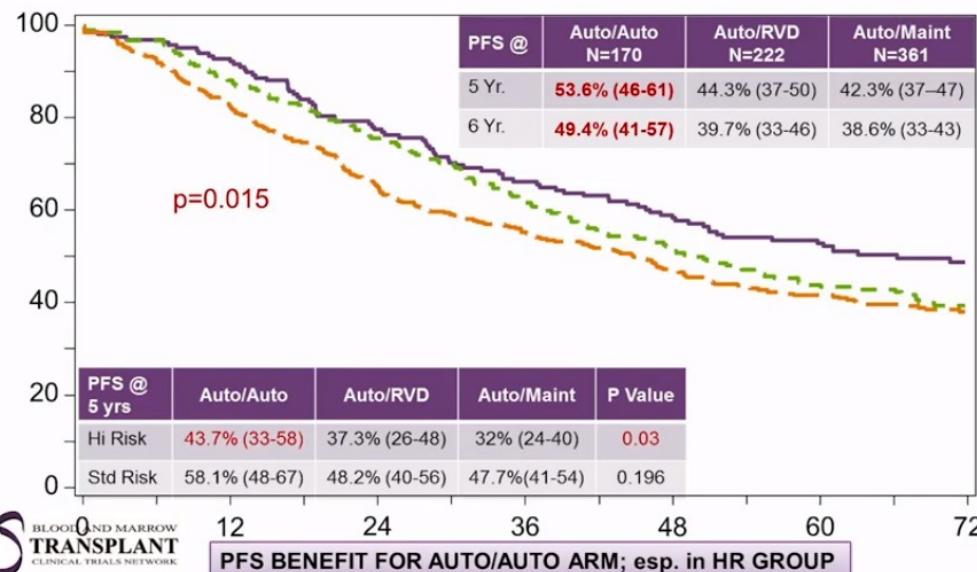


## STaMINA: PFS by Treatment Received



Parmeswaran Hari, MD  
Center for International Blood and Marrow Transplant Research  
Medical College of Wisconsin  
Milwaukee, WI, USA

Probability, %



15



## Long term follow up of BMF CTN 0702 (STaMINA) of

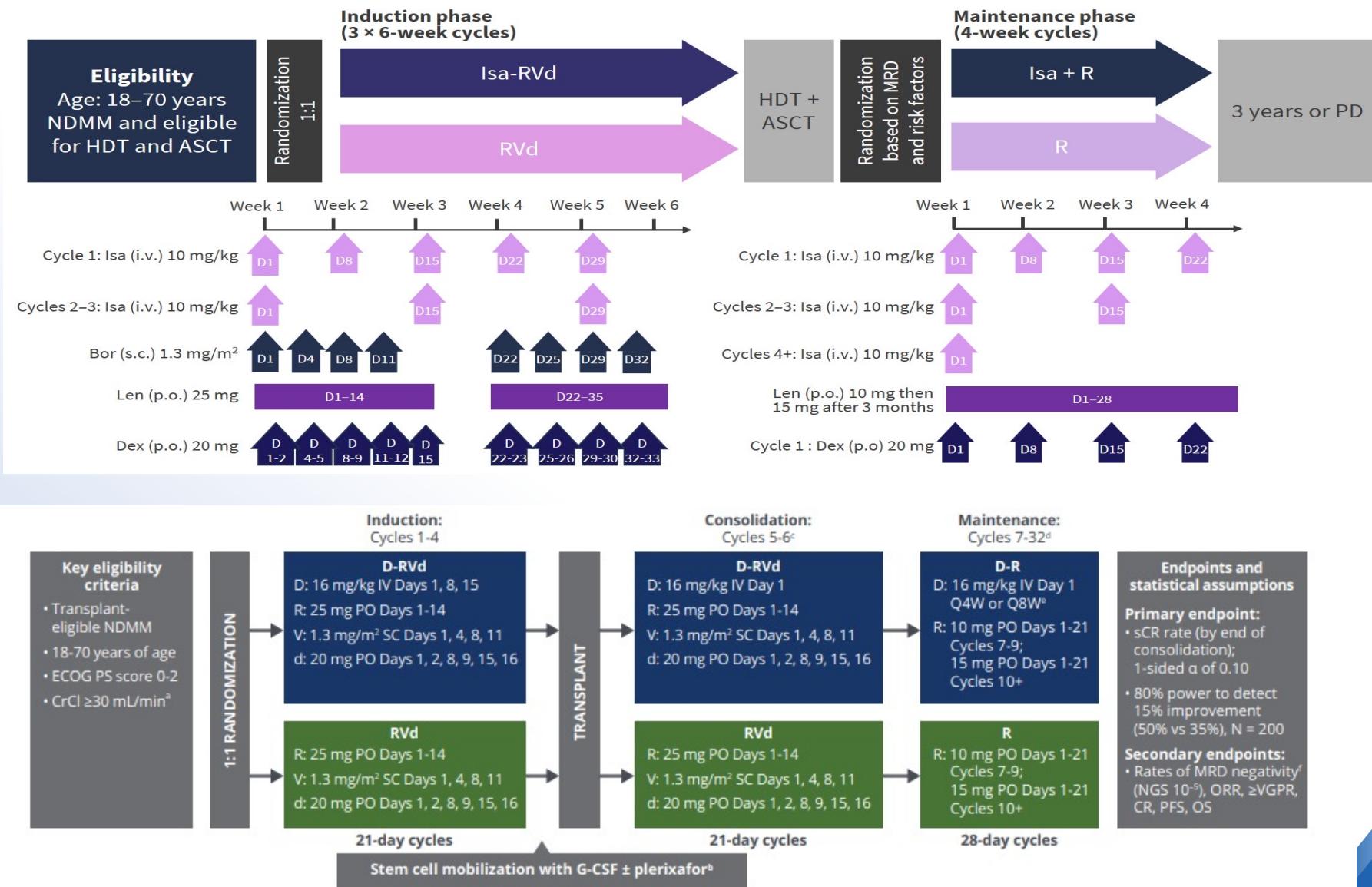
8°C Soleggiato

11:25  
18/11/2023

Cerca



## In the era of quadruplets: alternative to DVTd

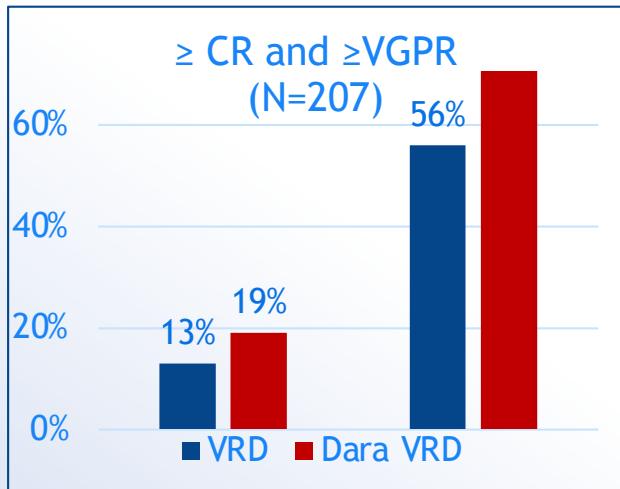


# In the era of quadruplets: alternative to DVTd

Post Induction response rates and MRD neg ( $10^{-5}$ ) with the addition of  
Anti-CD38 monoclonal antibodies to standard triplets

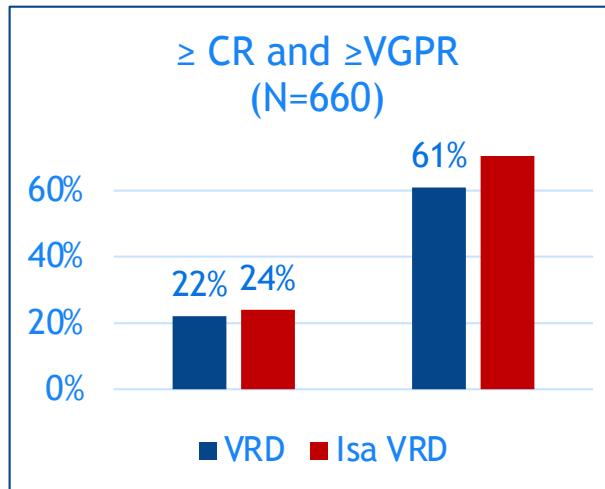
GRIFFIN

DVRd vs VRd (4x4w cycles)



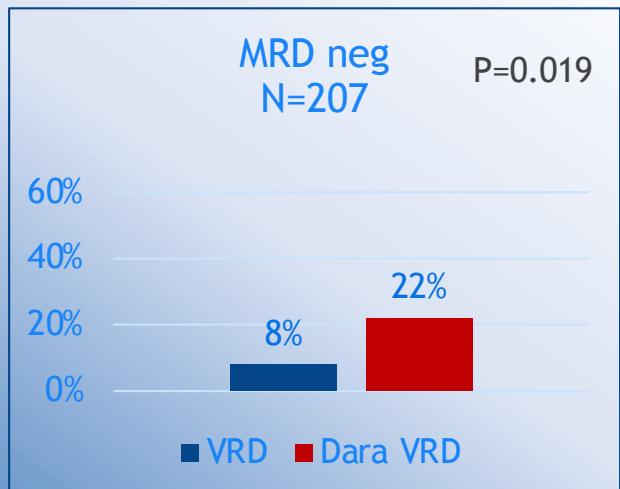
GMMG-HD7

IsaVRd vs VRd (3x6w cycles)



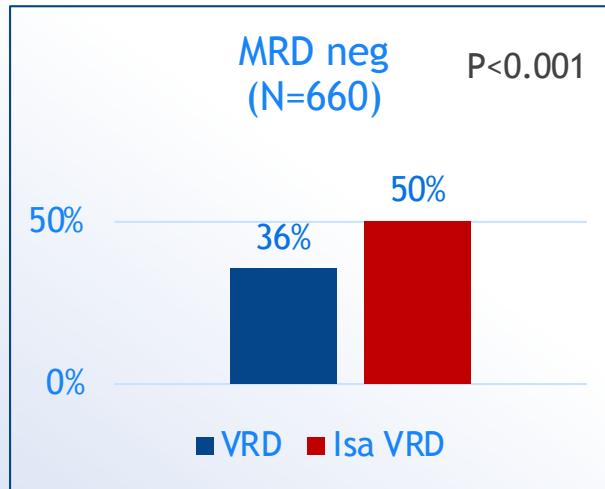
MRD neg  
N=207

P=0.019



MRD neg  
(N=660)

P<0.001



# Up-front use of anti-CD38: impact on stem cell mobilization

Incidence of $\geq$ grade 3 neutropenia		
	Anti-CD38	No anti-CD38
CASSIOPEIA (DVTd vs. VTd)	28%	15%
GMMG-HD7 (Isa-VRd vs VRd)	23%	7%
GRiffin (DVRd vs VRd)	41%	22%

Incidence of $\geq$ grade 3 infection		
	Anti-CD38	No anti-CD38
CASSIOPEIA (DVTd vs. VTd)	22%	20%
GMMG-HD7 (Isa-VRd vs VRd)	12%	10%
GRiffin (DVRd vs VRd)	23%	22%